



ITEC
Marking Criteria - Unit 57 Infant and Child Massage

APPEARANCE – 10 MARKS (1 mark each)

The learner demonstrated:

1. Clean, ironed professional uniform
2. Clean, neat hair, tied back/up if long and off the collar and face
3. Short, clean, well manicured nails with no varnish and clean hands
4. Clean sensible flat shoes, socks should be worn
5. Tights which are an appropriate colour for the uniform if wearing a skirt
6. No jewellery with the exception of a wedding band and 1 pair of small stud earrings (religious jewellery must be taped)
7. No body or breath odour
8. No chewing gum or sucking sweets
9. Underskirts/underwear should not be visible
10. Skirts to the knee. Trousers cropped no higher than calf/trousers not trailing on floor

CLIENT CARE – 5 MARKS (1 mark each)

The learner:

1. Greeted and introduced self to client
2. Assisted the client off the couch
3. Explained the treatment procedure to the client
4. Ensured the client's comfort/modesty throughout
5. Maintained a positive and professional approach to client/colleagues throughout

HYGIENE AND STERILISATION – 5 MARKS (1 mark each)

The learner:

1. Cleaned and wiped over equipment with appropriate sanitiser before, during and after use
2. Cleaned and changed towels for each client
3. Sanitised hands before, during and after treatment when appropriate
4. Disposed of cotton wool, tissues, paper roll and general waste hygienically and appropriately
5. Stowed the client's footwear under the couch

CONSULTATION – 10 MARKS (2 marks each)

The learner:

1. Sat appropriately and using suitable body language.
2. Tactfully obtained all relevant information respecting parent/guardian confidentiality.
3. Established a rapport with the parent/guardian allowing them the opportunity to ask questions.
4. Explained any limitations of the treatment and the co-operation required.
5. Utilised a range of questioning techniques.

ABILITY TO MODIFY PRESSURE – 10 MARKS (2 marks each)

The learner:

1. Took into account areas of caution when massaging the infant/child.
2. Adapted the pressure to suit the size of the infant/child.
3. Adapted the pressure to suit the area.
4. Adapted the pressure to suit the movement.
5. Moved the skin appropriately according to the movement.

EFFLEURAGE – 10 MARKS – (2 marks each)

The learner:

1. Maintained maximum contact.
2. Moved the skin ahead of the fingers.
3. Covered the entire area with effleurage.
4. Performed the stroke in the direction of the blood flow.
5. Ensured that the speed is slow and constant.

PETRISSAGE (KNEADING/FRICTION) – 10 MARKS (2 marks each)

The learner:

1. Maintained maximum contact.
2. Demonstrated flexibility with hands and wrists.
3. Covered the entire area.
4. Moved the skin/muscle appropriately.
5. Ensured that the movement is rhythmical.

CONTINUITY OF MESSAGE – 10 MARKS (2 marks each)

The learner:

1. Maintained contact when massaging each area.
2. Ensured that effleurage is used to link movements.
3. Performed movements in a logical sequence.
4. Demonstrated all appropriate classical movements.
5. Ensured that each area is adequately massaged.

INTERACTION WITH THE PARENT/GUARDIAN – 10 MARKS (2 marks each)

The learner:

1. Explained the effect of massage to the parent/guardian.
2. Asked how the parent/guardian feels the infant/child is reacting.
3. Demonstrated to the parent/guardian appropriate positioning/care of the infant/child.
4. Demonstrated to the parent/guardian appropriate massage movements.
5. Demonstrated to the parent/guardian conclusion of treatment.

INTERACTION WITH THE INFANT/CHILD – 10 MARKS (2 marks each)

The learner:

1. Demonstrated commencement of communication/treatment.
2. Demonstrated verbal communication with the infant/child.
3. Demonstrated visual communication with the infant/child.

4. Demonstrated tactile communication with the infant/child.
5. Demonstrated conclusion of complete treatment.

AFTERCARE/HOMECARE ADVICE – 10 MARKS (2 marks each)

The learner:

1. Advised the parent/guardian on the importance of healthy food, plenty of fluids and fresh air for the infant/child.
2. Ensured that the infant /child is kept warm.
3. Allowed the infant/child to sleep or relax.
4. Adequately protected the infant/child from direct sunlight.
5. Monitored the infant/child's response to the massage.