



ITEC Level 3 Certificate in Infant and Child Massage QAN 500/1213/7 Specification

Aims and Objectives

The main aim of the ITEC Level 3 Certificate in Infant and Child Massage is to enable Learners to gain the necessary practical and theoretical skills in order to provide Infant and Child Massage Treatments to the general public and to gain employment in the Health/Complementary Therapy Industry. This qualification is suitable for Learners aged 18 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further training at Level 3 and 4

Content

This qualification is for Learners who want to work within the Health/Complementary Therapy Industry. The qualification consists of 1 mandatory unit with a total of 50 hours of Guided Learning (GL) to achieve the full qualification

The main skills the Learner will perform are:

- Infant and child massage – to include contraindications, selecting suitable massage mediums for the client's skin type, classical massage movements and adapting the treatment to the infant/child's specific needs

The Learner will also learn about related health and safety and client care and communication which is essential in order to work and be successful in the Industry

This qualification also provides:

- The related knowledge and understanding required to perform the infant and child massage skills listed above effectively in particular the anatomy and physiology of the infant/child as well as the development, common diseases and disorders that may affect when the infant/child should or should not receive treatment
- Opportunities for Learners to focus on the development of their wider skills in a massage setting, such as communicating with infant/child, working with others and problem solving
- Opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as an Infant and Child Massage Therapist

Why Choose the ITEC Level 3 Certificate in Infant and Child Massage?

1. This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as an Infant and Child Massage Therapist at Level 3
2. This Qualification is listed in the Ofqual Register of Qualifications
3. This Qualification contains all the skills and knowledge required for employability at Level 3
4. Learners may progress on to qualifications at Level 3 such as the ITEC Level 3 Diploma in Aromatherapy, the ITEC Level 3 Diploma in Reflexology and the ITEC Level 3 Diploma in Body Treatments
5. This qualification does not form part of an Apprenticeship
6. This qualification is recognised by all relevant professional bodies within the Health/Complementary Therapy Industry for membership and insurance purposes at Level 3

ITEC Unit Number	Unit Title	Guided Learning (GL)
57	Infant and Child Massage	50

Total Guided Learning - 50
Total Qualification Time (TQT) - 130

Guided Learning (GL)

Guided Learning is 'the activity of a Learner in being taught or instructed by – or otherwise participating in education or training under the immediate guidance or supervision of – a Lecturer, Supervisor, Tutor or other appropriate provider of education or training.' This includes 'the activity of being assessed if the assessment takes place under the immediate guidance or supervision of a Lecturer, Supervisor, Tutor or other appropriate provider of education or training'

Total Qualification Time (TQT)

Total Qualification Time is the number of notional hours which represents an estimate of the total amount of time that could reasonably be expected to be required, in order for a Learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of the qualification

Assessment

This qualification will be internally and externally assessed using a range of assessment methods as set out in the Table below:-

Table 1

ITEC Unit Number	Unit Title	Assessment	Grading
57	Infant and Child Massage	Practical examination	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
		Case studies 5 clients x 2 treatments (10 treatments)	Pass or Refer
		plus 25 MCQ Paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%

All assessment criteria and sample assessment materials for this qualification can be found [here](#)

Grading of the Qualification

All assessment tasks required for each unit of the qualification (detailed in Table 1 of the specification) must be completed and awarded a Pass mark before the complete qualification can be certificated

The overall qualification is graded, Pass - 60% - 74%, Merit - 75% - 89%, Distinction – 90%-100%. This is formed by the aggregate of the multiple-choice questions and the Final Practical Exam

Controlled Assessment

All theory tests must be conducted in a controlled environment and follow the procedures defined by ITEC [here](#). The theory tests will be set and marked by ITEC

All practical assessments must be conducted in a controlled environment as defined by ITEC [here](#). The practical examination will be conducted by an ITEC Examiner; however, the Centre is responsible for ensuring the examination can operate seamlessly by organising the process as defined by ITEC in the Lecturer Guidance Notes [here](#). The marking criteria and marking scheme can be found under each individual unit within the qualification [here](#). How to operate a practical examination can be found [here](#)

Failure to operate ITEC Examinations as documented in the ITEC policies and guidance notes may result in sanction(s) against the Centre e.g., withdrawal by ITEC for a particular qualification and/or withdrawal of ITEC recognition from the Centre due to Maladministration and/or Malpractice. Please see our policy [here](#)

Recommended Prior Learning

It is recommended that Candidates are qualified in Midwifery, Health Visiting or Paediatric Nursing or must hold the ITEC Level 3 Diploma in Holistic Massage or equivalent prior to commencing the ITEC Level 3 Diploma in Infant and Child Massage (Midwives, Health Visitors and Paediatric Nurses must have current registration with the Nursing and Midwifery Council)

Opportunities for Progression

Once Learners have achieved the ITEC Level 3 Certificate in Infant and Child Massage they may progress on to other ITEC or equivalent qualifications at Level 3:

- Level 3 Diploma in Aromatherapy
- Level 3 Diploma in Reflexology
- Level 3 Diploma in Body Treatments

For further Awards, Certificates and Diplomas please go to www.itecworld.co.uk

Opportunities for Employment

There are opportunities for an Infant and Child Massage Therapist to find employment in a variety of areas:

- Beauty salons
- Hotels
- Health clubs
- Spas
- Own business

Relationship to National Occupational Standards

ITEC has mapped to National Occupational Standards where they exist and has ensured that best practice in the workplace has been reflected in the qualification. ITEC has linked the qualification to the relative job roles as well as ensuring that the qualification reflects the required level of knowledge and ability for the Infant and Child Massage Therapist at Level 3

Professional Body Membership and Insurance

Professional Indemnity and Public Liability Insurance can be obtained where applicable via The Complementary Therapist Association (www.CThA.com) and other Industry Associations who recognise the ITEC Certificate