



ITEC Level 3 Certificate in Infant and Child Massage QAN 500/1213/7 Learner Guidance Notes

General Advice

1. Requirements for Undertaking this Qualification

It is recommended that you should be qualified in Midwifery, Health Visiting or Paediatric Nursing or must hold the ITEC Level 3 Diploma in Holistic Massage or equivalent prior to commencing the ITEC Level 3 Diploma in Infant and Child Massage (Midwives, Health Visitors and Paediatric Nurses must have current registration with the Nursing and Midwifery Council); however, your Centre may make exemptions for adult returners with experience of the workplace

2. Structure of the Qualification, Guided Learning (GL)

The ITEC Level 3 Certificate in Infant and Child Massage is comprised of 1 mandatory unit with a total of 50 hours of Guided Learning (GL) in order to achieve the full qualification. However, you will also be required to complete further study and generate evidence of your learning in your own time. This is known as Total Qualification Time (TQT), please see Table 1 below:-

Table 1

ITEC Unit Number	Unit Title	Assessment	Grading
57	Infant and Child Massage	Practical examination	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
		Case studies 5 clients x 2 treatments (10 treatments)	Pass or Refer
		plus 25 MCQ Paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%

Total Guided Learning (GL) - 50
Total Qualification Time (TQT) - 130

3. Grading of the Qualification

All assessment tasks required for the unit of the qualification (detailed in Table 1 above) must be completed and awarded a Pass mark before the full qualification can be certificated

The overall qualification is graded - Pass - 60% - 74%, Merit - 75% - 89%, Distinction – 90%-100%. This is formed by the aggregate mark for the multiple-choice question papers and the Final Practical Examination

Your results and Certificates will be sent to your Centre by ITEC. Therefore, you will need to collect your results and Certificates from your Centre

4. Assessment of the Qualification

The ITEC Level 3 Certificate in Infant and Child Massage will be internally and externally assessed using a variety of assessment methods as set out in Table 1 above

Once you have completed all the specified assessments for the qualification and your Lecturer has awarded a Pass mark for all the evidence you have submitted, you will have a Final External Practical Examination carried out by an ITEC Examiner, who will also verify a sample of all the evidence you have completed during your training to ensure it meets the ITEC standard

Practical Examination Sequence

Once all aspects of the mandatory unit have been completed, you will complete a Final Internal Practical Assessment. This will be observed by your Lecturer using the ITEC Internal Assessment Forms. The results will be reviewed by the ITEC External Examiner on the day of your Final External Practical Examination

- a. You will perform the following treatments in sequence for your Internal and External Practical Examination:
- b. Practical Skills examination sequence - Approximately 30 minutes
 - Consultation to be carried out prior to the exam
 - Infant/child should be on the couch/mat ready for the exam
 - Examiner will see a 10-20 minute treatment demonstrated in whatever order you have been taught
- c. You will be asked oral questions during the Final Practical Examination
- d. You will need to complete a Consultation Form for your client for the unit of the ITEC External Examination. This should be reviewed and completed at the end of the treatment and will be taken away by the Examiner
- e. You will need to demonstrate excellent hygiene and client care throughout your examination as well as competence in all your skills
- f. The ITEC Examiner may reduce the treatment timings, as the examination is a demonstration of your professionalism and your accomplished skills

Multiple-choice Tests

Each question is formatted in the same way:

- 1 stem (the question)
- 1 key (the correct answer)
- 3 distractors (incorrect answers)
- You must indicate the answer you believe is correct by placing a mark in the appropriate box on your answer sheet

Multiple-choice tests are used for unit 57 - online testing of all relevant units is also available

Treatment Evidence/Case Studies

You are required to provide evidence of treatments that you have performed on clients during your training under the supervision of your Lecturer who will monitor the quality of your treatments in order to ensure that they meet the ITEC criteria

- The criteria are detailed on the Treatment Evidence Guidance Forms. They are graded Pass or Refer
- You will need to complete a Client Consultation Form as evidence that you performed the required number of treatments during your training (see Table 1) as they form part of your internal assessment for the qualification. They can be stored in your ITEC E-portfolio

5. Resources

Your Centre must provide a suitable environment for teaching the ITEC Level 3 Certificate in Infant and Child Massage as well as all equipment both fixed and free standing to complete all aspects of

the qualification. You may need to supply some consumables and/or towels in order to complete your training

6. Opportunities for Progression

Once you have achieved the ITEC Level 3 Certificate in Infant and Child Massage, you may progress on to other ITEC or equivalent qualifications at Level 3, for example:

- Level 3 Diploma in Aromatherapy
- Level 3 Diploma in Reflexology
- Level 3 Diploma in Body Treatments

For further Awards, Certificates and Diplomas please go to www.itecworld.co.uk

7. Professional Body Membership and Insurance

Professional Indemnity and Public Liability Insurance can be obtained where applicable via The Complementary Therapist Association (www.CThA.com) and other Industry Associations who recognise the ITEC Certificate. The ITEC Level 3 Certificate in Infant and Child Massage also enables Graduates to apply for membership of The Complementary Therapist Association

8. Book List

A full book list can be found [here](#)