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# Practical examination criteria

BT4C6 – Level 4 Certificate in Skin Peeling

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# Practical examination criteria

Learners must complete a practical examination for BT4C6 Level 4 Certificate in Skin Peeling which will be externally set by the awarding organisation and examined and marked by an external examiner. Learners will be expected to demonstrate excellent hygiene and client care throughout as well as competence in their relevant skills. The examiner may reduce the treatment timings, as the examination is a demonstration of the learner's professionalism and their accomplished technique.

**A maximum of 6 learners to be examined at one time.**

## Client requirements

Centres must identify suitable clients for the examination. Centres may ask learners to identify suitable clients.

Clients must meet all the following requirements. Specifically, clients must:

- be 18 years or over
- not be contra-indicated for skin peeling treatments
- not be hypersensitive to skin peeling products
- be willing to have skin peeling treatments
- be willing to divulge relevant personal and medical details for the purpose of consultation
- be prepared for the treatment to be carried out by a learner unknown to them
- not have practitioner knowledge or experience
- provide consent to participate

Potential clients must meet with centre staff who will establish suitability in relation to the specified client requirements, the suitability of the skin and health and safety requirements. It is the Centre's responsibility to ensure that all clients have received and undertaken the necessary skin preparatory regimen a minimum of 2 weeks prior to the exam.

It is the responsibility of the Centre and learner to work collaboratively to ensure a suitable model is provided for the examination purposes.

Learners will be expected to perform the following:

## Marking criteria for BT4C6 – Level 4 Certificate in Skin Peeling

\*Learners must achieve a minimum of 10 marks for the first 3 sections in order to pass.

### \*Appearance – 5 marks (1 mark each)

The learner demonstrated:

1. Clean, ironed professional wear, flat shoes, no visible underwear
2. Clean hair, neat and tied back/up if long and off the collar and face
3. Short, clean, well-manicured nails with no varnish and clean hands
4. No jewellery – except a wedding band and 1 pair of small stud earrings (religious jewellery must be taped)
5. No chewing gum, sucking sweets, body or breath odour

#### \*Client care – 5 marks (1 mark each)

The learner:

1. Greeted and introduced self to client
2. Protected client's clothing and removed all jewellery
3. Explained the treatment procedure to the client, including treatment sensation, skin appearance post-treatment and duration and possible risks and side effects
4. Correctly positioned self and client and ensured the client's comfort/modesty throughout
5. Maintained a positive and professional approach to client/colleagues throughout

#### \*Preparation of area – 5 marks (1 mark each)

The learner:

1. Ensured that preparation complied with legal and organisational requirements
2. Ensured the area was clean and sterilised
3. Ensured all equipment, tools and products were available and ergonomically placed
4. Selected appropriate, clean and disposable PPE for client and self
5. Ensured the working environment was private and secure

#### Hygiene and sterilisation – 5 marks (1 marks each)

The learner:

1. Wiped equipment over with appropriate sanitiser before and after use
2. Sanitised hands before, during and after treatment as appropriate and applied sterile gloves
3. Replaced lids on products and used spatulas to remove products
4. Disposed of general and contaminated waste hygienically and appropriately
5. Maintained and sanitised working area and equipment appropriately, used and stored small equipment appropriately

#### Consultation – 5 marks (1 mark each)

The learner:

1. Demonstrated a variety of consultation techniques
2. Identified the client's medical history, pre-treatment skincare, lifestyle and aims of treatment
3. Checked patch test results, recognised any contra-indications and took appropriate actions
4. Established the condition and health of the skin and carried out a skin sensitivity test
5. Obtained signed informed consent and finalised and agreed treatment plan

#### Advanced skin assessment – 10 marks (1 mark each)

The learner:

1. Selected the correct cleanser for the skin type
2. Performed a thorough cleansing routine twice
3. Removed make-up efficiently and thoroughly
4. Prepared the skin leaving it clean and free from cream/lotion
5. Performed the cleanse/preparation in a commercially acceptable time
6. Used a magnifying lamp and Wood's lamp
7. Performed a full skin assessment and identified skin health, conditions and characteristics
8. Identified client's primary and secondary concerns
9. Identified factors which limited or affected the desired outcome
10. Took pre-treatment photographs

### Skin peeling treatment – 10 marks (2 marks each)

The learner:

1. Demonstrated the correct preparation of the skin and
2. Covered the client's eyes appropriately
3. Calculated the correct duration and intensity of the application
4. Completed the treatment in a commercially acceptable time
5. Took post-treatment photographs

### Skin peeling treatment technique – 40 marks (see below)

The learner:

1. Checked areas that could be treated and isolated areas that could not, explained and applied barrier protection for sensitive areas (5 marks)
2. Selected the correct skin peel formulation for treatment objectives and decanted/measured the skin peel product accurately (5 marks)
3. Verbally communicated with the client throughout the treatment using the 1-10 pain threshold scale and used cooling techniques as appropriate (5 marks)
4. Followed a systematic approach to the peel application and performed the application in line with legal and organisational requirements (5 marks)
5. Applied peel product in correct manner taking care to avoid overlapping peel application (5 marks)
6. Observed skin condition, monitored treatment effects, skin reactions and client's response throughout the treatment and adapted the treatment to meet the client's needs (10 marks)
7. Neutralised and/or removed product as required. Concluded treatment in an appropriate manner including cooling products where applicable and the application of post treatment products (5 marks)

### Post care/homecare – 10 marks (2 marks each)

The learner:

1. Evaluated and noted treatment results
2. Informed the client of the short-term effects of the treatment
3. Discussed homecare, skincare and recommendations for ongoing treatment with the client
4. Discussed possible contra-actions and how to deal with them
5. Discussed post-care requirements with the client and obtained signature for treatment results and ongoing home-care requirements

### Sample oral questions – 5 marks (1 mark each)

1. How does the treatment work?
2. Why should a Wood's lamp be used when conducting skin assessments?
3. Describe the effects and benefits of skin peels.
4. What is the correct way to prepare the area for treatment?
5. Why are pre-treatment products important?
6. What post treatment should be given?
7. What is the recommended treatment time?
8. Why would a tyrosinase inhibitor be used a minimum of two weeks prior to a skin peel treatment?
9. Why must we use the Fitzpatrick skin type scale during a skin assessment?
10. What time period should be allowed between peel treatments?
11. Why is post treatment care so important?
12. How are hygiene practices maintained during the treatment?

### Document History

Version	Issue Date	Changes	Role
v1.1	18.10.18	Published	Assessment Lead