Sample Questions

iUBT292 – Manicure and pedicure

1	What is the mantle?			
A	Folds of skin overlapping the sides of the nail	B	Deep fold of skin over the matrix and around the base of the nail	**B**
C	Visible portion of the nail which rests upon the nail bed	D	Portion of skin at the end of the finger underneath the free edge	

2	What is the cause of blue nails?			
A	An injury to the nail bed	B	An injury to the matrix	**C**
C	Poor circulation	D	Increased circulation	

3	Pitting of the nail plate can be caused by:			
A	Onychoptosis	B	Eczema	**D**
C	Onychophagy	D	Psoriasis	

4	How would you recognise Beau's lines?			
A	By multiple longitudinal furrows affecting a single nail	B	By multiple transverse furrows affecting a single nail	**C**
C	By a single transverse furrow affecting all the nails	D	By a single longitudinal furrow affecting all the nails	

5	The functions of top coat include to:			
A	Prevent staining of the nail	B	Protect the enamel from chipping	**B**
C	Fill in ridges	D	Prevent the nail from breaking	

6	The benefits of thermal mittens include to:			
A	Improve the skin colour through desquamation	B	Soften and clean the nails	**D**
C	Calm sensitive skin	D	Nourish and hydrate the skin	

7	What is the eponychium?			
A	The cuticle at the base of the nail	B	The cuticle at the sides of the nail	**A**
C	Folds of skin overlapping the sides of the nail	D	The point where the matrix and the nail bed meet	

8	What is the peronychium?			
A	Cuticle at the base of the nail	B	The skin that overlaps the sides of the nail	**B**
C	Folds of skin overlapping the sides of the nail	D	Grooves at the base of the nail	

9	The functions of the matrix include to:			
A	Act as a bridge between the lunula and the nail plate	B	Form sulphur to give the nails strength	**C**
C	Produce new cells to form the nail plate	D	Protect the nail plate	

10	What type of product is a cuticle cream?			
A	Emulsion	B	Astringent	**D**
C	Exfoliant	D	Emollient	

Document History

Version	Issue Date	Changes	Role
v1	03/09/2019	First published	Qualifications and Regulation Co-ordinator