

iUBT376 – Providing basic pedicure treatments

URN – H/617/4303

Guided Learning Hours: 30

Learning outcome	Assessment criteria	Taught content to include
LO1 Be able to prepare for a basic pedicure treatment	1.1. Prepare self the client and work area for a basic pedicure treatment	<ul style="list-style-type: none"> • Preparation of self • Preparation of couch, trolley and working area • Preparation of environment • Client care • Protecting the client's clothing appropriately for the treatment • Removing jewellery/accessories as appropriate • Storing the client's valuables in a safe place
	1.2. Carry out a visual study of the feet and nails to identify factors that will influence the treatment	<ul style="list-style-type: none"> • Skin condition • Nail condition • Natural nail colour • Contra-indications
	1.3. Outline salon's requirement for client preparation, preparing themselves and the work area	<ul style="list-style-type: none"> • Client care • Record keeping • Professional appearance • Hygiene and sterilisation • Disability Discrimination Act • Data Protection Act/General Data Protection Regulations (GDPR)
	1.4. State the importance of carrying out a visual study of the feet and nails to identify factors that will influence the treatment	<ul style="list-style-type: none"> • Skin condition • Nail condition • Natural nail colour • Contra-indications • Further treatment(s) • Home care advice • Aftercare advice

LO2 Be able to provide a basic pedicure treatment	2.1. Identify typical nail shapes and basic nail structure	<ul style="list-style-type: none"> • Oval • Square • Pointed • Almond • Round • Matrix • Nail plate • Nail bed • Cuticle • Free edge
	2.2. Select and use products, techniques and equipment taking into account identified factors	<ul style="list-style-type: none"> • Emery board • Buffers • Orange sticks • Cotton wool • Spatulas • Tissues • Bowls • Nail polish remover • Base coat • Light coloured nail polish • Top coat • Clear nail polish • Nail strengtheners • Foot lotion • Exfoliant
	2.3. Carry out a basic pedicure treatment	<ul style="list-style-type: none"> • Cleanse/sanitise the feet • Remove any existing nail polish • Use foot products appropriately and follow manufacturers' instructions • File the nails • Buff the nails • Apply a suitable foot lotion • Remove excess moisture from the natural nail • Apply base coat • Apply 2 coats of light nail polish • Apply top coat • Check finished results

		<ul style="list-style-type: none"> • Check that the finished result meets with the satisfaction of a senior member of staff and the client • Basic home care • Leave the work area in a suitable condition for further treatments
	2.4. State possible contra-actions and how to respond	<ul style="list-style-type: none"> • Skin irritation • Allergic reaction • Inform a senior member of staff
	2.5. Follow safe and hygienic working practices	<ul style="list-style-type: none"> • Sanitise/sterilise tools and equipment using the correct hygiene procedures • Store sterilised tools appropriately • Cleanse hands before, during and after treatment as necessary • Salon rules and regulations • Disposal of waste • Environmental conditions
	2.6. Communicate and behave in a professional manner	<ul style="list-style-type: none"> • Politeness • Honesty • Positive attitude • Positive body language • Listen • Speak clearly • Code of practice for nail services

Assessment

Portfolio of evidence containing:

- Internally assessed task

Guide to taught content

The content contained within the unit specification is not prescriptive or exhaustive but is intended to provide helpful guidance to teachers and learners with the key areas that will be covered within the unit, and, relating to the kinds of evidence that should be provided for each assessment objective specific to the unit learning outcomes.

Document History

Version	Issue Date	Changes	Role
v1	17/09/2019	First published	Qualifications and Regulation Co-ordinator