

Scheme of work

For each VTCT (ITEC) qualification, the lecturer/centre must complete a scheme of work for each unit indicating how the Lecturer is planning to cover the unit content throughout the course. Set out the planned sessions in terms of learning outcomes to be achieved. These should match those stated within the VTCT (ITEC) unit specification. Include all units of each course offered. Hours should meet the minimum guided learning hours listed within the unit specification.

Unit title: iUHB241 – Colour hair to create a variety of looks

Total contact tuition hours proposed: 90

Lecturer(s) responsible:

Learning objectives	Lecture content	Suggested resources	Approx. hours
Introductory session	<ul style="list-style-type: none"> College rules and regulations College mission statement ITEC rules and regulations Health & Safety Timetable Dates – holidays etc. Syllabus Recommended books Uniform 	<ul style="list-style-type: none"> Lecture Q&A Using all the documents listed to ensure the students understand the college expectations and their commitment to the course 	
Be able to prepare for colouring service			
Prepare themselves, the client and work area for colouring services	<ul style="list-style-type: none"> Preparing self, including correct use of Personal Protective Equipment (PPE) Preparing working area Sanitising/sterilising tools and equipment Preparing environment Assisting the client into a comfortable and relaxed position for the service Protecting and caring for the client throughout the service 	<ul style="list-style-type: none"> OHP/Whiteboard Lecture Q&A Homework Tests 	30
Use suitable consultation techniques to identify service objectives	<ul style="list-style-type: none"> Discussing client's needs and requirements Discussing limitations Consulting with client throughout 		

Evaluate the potential of the hair to achieve the desired look by identifying influencing factors	<ul style="list-style-type: none"> • Checking the texture of the hair • Checking the density of the hair • Checking porosity 		
Describe the range of colouring techniques	<ul style="list-style-type: none"> • Slicing • Back to back • Weaving • High-lighting • Low-lighting • Re-growth • Full head 		
Describe the factors that need to be considered when colouring and lightening hair	<ul style="list-style-type: none"> • Porosity of the hair • Density of the hair • Natural base shade • Percentage of white hair • Sensitivity to products • Target colour 		
Describe the effects that colouring and lightening products have on the hair structure	<ul style="list-style-type: none"> • Increasing porosity • Oxidation of the artificial colour • Colour changes using lightening products 		
Explain how natural hair pigmentation affects colour selection	<ul style="list-style-type: none"> • Using ash tones to subdue excessive red in the hair • Using red tones to add warmth to the hair 		
Explain the reasons for pre-lightening	<ul style="list-style-type: none"> • Lifting natural dark hair several shades lighter • Preparing the hair for adding tones 		
Explain the importance of carrying out tests prior to and during the colouring process and recording the results	<ul style="list-style-type: none"> • Sensitivity test <ul style="list-style-type: none"> - Reaction to artificial colour • Incompatibility test <ul style="list-style-type: none"> - Checking for presence of metallic salts • Colour test <ul style="list-style-type: none"> - Checking colour progress and final result • Legal requirements and good practice 		
Explain the principles of colour selection	<ul style="list-style-type: none"> • Colour wheel/star <ul style="list-style-type: none"> - How primary and secondary pigments work to achieve the different depth and tones 		

Explain how the international colour chart is used to select colour	<ul style="list-style-type: none"> • ICC numbering system 		
Explain how to remedy correction requirements identified during consultation	<ul style="list-style-type: none"> • Spot application • Colour reduction • Bleach washes • Semi-permanent colour 		
Explain how to use pre-softening and pre-pigmenting during a colouring service	<ul style="list-style-type: none"> • Use of hydrogen peroxide • Semi-permanent colours 		
State what percentage and volume strength hydrogen peroxide means	<ul style="list-style-type: none"> • Range of percentage and volume hydrogen peroxide available • How the higher the percentage or volume, the more lightening effect is achieved 		
Provide clear recommendations to the client based on factors	<ul style="list-style-type: none"> • Skin tones • Haircut/style • Hair condition • Client request • Test results 		
Describe the different consultation techniques used to identify service objectives	<ul style="list-style-type: none"> • Open and closed questioning • Use of visual aids • Listening 		
Describe the salon's requirement for client preparation, preparing themselves and the work area	<ul style="list-style-type: none"> • Gowning • Use of towels • Brushing the hair • Arranging tools • Personal presentation 		
Explain the safety considerations that must be taken into account when colouring and lightening hair	<ul style="list-style-type: none"> • Tests • Personal protective clothing, gloves • Disposing of waste hygienically and appropriately 		

Be able to provide a colouring service			
Communicate and behave in a professional manner	<ul style="list-style-type: none"> • Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions 	<ul style="list-style-type: none"> • OHP/Whiteboard • Lecture • Q&A • Handout: • Homework • Tests 	60
Select and use colouring techniques, products, tools and equipment to colour the hair	<ul style="list-style-type: none"> • High-lighting • Low-lighting • Re-growth • Full-head • Slices • Back to back meshes • Combination of techniques 		
Prepare and apply the colour and lightening products to complement the desired look	<ul style="list-style-type: none"> • Following manufacturers' instructions 		
Position themselves and the client appropriately throughout the service	<ul style="list-style-type: none"> • Correct posture and standing position • Client comfort 		
Monitor the development of the colour accurately following manufacturers' instructions	<ul style="list-style-type: none"> • Checking at intervals • Checking final result 		
Remedy problems that may occur during the colouring process	<ul style="list-style-type: none"> • Hair too light • Hair too dark • Patchy result 		
Check that the colour is thoroughly removed from the hair and scalp without disturbing any packages still requiring development	<ul style="list-style-type: none"> • Following manufacturers' instructions • Emulsifying the colour prior to rinsing and shampooing 		
Apply a suitable conditioner or post colour treatment to the hair	<ul style="list-style-type: none"> • Surface conditioners • Treatment conditioners • Leave-in conditioners 		

following manufacturers' instructions	<ul style="list-style-type: none"> • pH restorers 		
Create a finished look that is to the satisfaction of the client	<ul style="list-style-type: none"> • Discussing the clients' request • Recommending suitable or alternative styles • Consult the client throughout the styling process 		
Provide suitable aftercare advice	<ul style="list-style-type: none"> • Use of shampoos for coloured hair • Use of conditioners for coloured hair • Tips when swimming • Sun exposure 		
Follow safe and hygienic working practices	<ul style="list-style-type: none"> • Protecting client, self and colleagues • Sanitising/sterilising tools and equipment • Disposing of waste safely 		
Describe the correct use and routine maintenance of tools and equipment	<ul style="list-style-type: none"> • Cleaning of electrical equipment, such as accelerators • Non-metallic mixing bowls • Brushes 		
Describe the colouring process for the range of colour and lightening products	<ul style="list-style-type: none"> • Semi-permanent • Quasi colour • Permanent hair colour • Bleach 		
Describe how to remedy colour problems identified during colouring and lightening processes	<ul style="list-style-type: none"> • Hair too light • Hair too dark • Patchy result 		
State the importance of restoring the hairs' pH after colouring	<ul style="list-style-type: none"> • Prolonging the colour • Preventing further damage • Preparing the hair for future treatments 		
Describe the aftercare advice that should be provided	<ul style="list-style-type: none"> • Sun exposure • Swimming • Shampoo and conditioning product for coloured hair 		
Outline safe and hygienic working practices	<ul style="list-style-type: none"> • Protecting client • Personal protection • Posture and standing position • Sanitisation/sterilisation of tools and equipment 		
State how to communicate and behave	<ul style="list-style-type: none"> • Being polite • Being honest 		

within a salon environment	<ul style="list-style-type: none"> • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions 		
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Document History

Version	Issue Date	Changes	Role
v1	23/09/2019	First published	Qualifications and Regulation Co-ordinator