
Assignment Guidance Form

iUHB262 – The role of nutrition in trichology

Understand the structure and function of the digestive system

To include:

- A description of the structures of the digestive system and their broad functions

Understand the main food groups, their function and differences

To include:

- A description of the major food groups and their broad functions

Understand the molecular composition of a human cell

To include:

- An explanation of the role of the main constituents that make up the human cell

Understand the differences between the biological macromolecules and micromolecules

To include:

- A description of the structure, functions and differences between the main biological macromolecules
- A description of the main micromolecules and their functions

Understand how macromolecules and micromolecules are digested and absorbed

To include:

- A description of how the macromolecules and micromolecules are digested and absorbed

Understand the processes of anabolism and catabolism

To include:

- An explanation of the metabolic processes of anabolism and catabolism

Describe and be able to recognise skin and hair conditions caused as a result of nutritional deficiency

To include:

- An explanation of skin and hair conditions caused as a result of vitamin deficiency

Present your findings in any of the following formats, which may include some ICT:

- Written report
- Chart
- Other pictorial presentation

Document History

Version	Issue Date	Changes	Role
v1	23/09/2019	First published	Qualifications and Regulation Co-ordinator