

Scheme of work

For each VTCT (ITEC) qualification, the lecturer/centre must complete a scheme of work for each unit indicating how the Lecturer is planning to cover the unit content throughout the course. Set out the planned sessions in terms of learning outcomes to be achieved. These should match those stated within the VTCT (ITEC) unit specification. Include all units of each course offered. Hours should meet the minimum guided learning hours listed within the unit specification.

Unit title: iUHB307 – Perm and neutralise hair

Total contact tuition hours proposed: 60

Lecturer(s) responsible:

| Learning objectives | Lecture content | Suggested resources | Approx. hours |
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| Introductory session | <ul style="list-style-type: none"> College rules and regulations College mission statement ITEC rules and regulations Health & Safety Timetable Dates – holidays etc. Syllabus Recommended books Uniform | <ul style="list-style-type: none"> Lecture Q&A Using all the documents listed to ensure the students understand the college expectations and their commitment to the course | |
| Prepare themselves, the client and work area for perming and neutralising | <ul style="list-style-type: none"> Preparing self Preparing working area Sanitising/sterilising tools and equipment Preparing environment Assisting the client into a comfortable and relaxed position for the treatment Protecting and caring for the client throughout the treatment | <ul style="list-style-type: none"> OHP/Whiteboard Lecture Q&A Homework Test | 30 |
| Use suitable consultation techniques to identify service objectives | <ul style="list-style-type: none"> Discussing client's needs and requirements Discussing limitations Consulting with client throughout the service | | |

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| Assess the potential of the hair to achieve the desired look by identifying the influencing factors | <ul style="list-style-type: none"> • Checking the texture of the hair • Checking the density of the hair • Checking the length of hair • Checking growth patterns | | |
| State the factors that need to be considered when perming and neutralising hair | <ul style="list-style-type: none"> • Haircut and shape • Hair length and texture • Porosity and elasticity of the hair • Growth patterns | | |
| Describe the salon's requirements for client preparation, preparing themselves and the work area | <ul style="list-style-type: none"> • Protective clothing for self and client • Sanitising/sterilising tools and equipment • Disposing of waste hygienically and appropriately | | |
| Describe the different consultation techniques used to identify the service objectives | <ul style="list-style-type: none"> • Open and closed questioning • Use of visual aids • Listening techniques | | |
| Explain the importance of carrying out the necessary tests prior to and during the service and recording the results | <ul style="list-style-type: none"> • Protecting client's health and safety • Protecting the condition of the hair • Produce satisfactory results • To avoid making mistakes in the future • To avoid legal action | | |
| Explain the importance of following manufacturers' instructions | <ul style="list-style-type: none"> • To produce satisfactory results • To avoid problems or mistakes • To avoid legal action | | |
| Describe the range of perm and neutralising products, tools and equipment | <ul style="list-style-type: none"> • Alkaline and acid perms • Heat and cold- wave perms • Foam and liquid neutralisers • Perming rods/curlers • Combs, brushes, bowls and applicator | | |

| Be able to perm and neutralise hair | | | |
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| Communicate and behave in a professional manner | <ul style="list-style-type: none"> • Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions | <ul style="list-style-type: none"> • OHP/Whiteboard • Lecture • Q&A • Handout: • Homework | 30 |

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| Select and use products, tools and techniques, taking into account factors influencing the service | <ul style="list-style-type: none"> Alkaline and acid perms Heat and cold- wave perms Foam and liquid neutralisers Perming rods/curlers Combs, brushes, bowls and applicators | <ul style="list-style-type: none"> Test | |
| Section and wind the hair, taking meshes to suit the perm rod size to achieve the desired look Wind the hair with even tension, making sure all wound perm rods sit on their own base | <ul style="list-style-type: none"> 9 section pattern Brick work pattern | | |
| Monitor the development of the perming and neutralising processes, following manufacturers' instructions | <ul style="list-style-type: none"> Combing the hair Securing the rods /curlers Fish tails | | |
| Leave the hair free of perm lotion when the desired degree of curl is achieved, using water temperature and flow to suit client's needs | <ul style="list-style-type: none"> Timing Checking the curl/wave formation on the curlers | | |
| Follow safe and hygienic working practices | <ul style="list-style-type: none"> Rinsing Removing excess moisture before neutralising Testing water temperature Controlling water pressure and directing flow | | |
| Provide suitable aftercare advice | <ul style="list-style-type: none"> Correct posture and standing position Health and safety Client comfort | | |
| Describe the effects of perm lotions and neutralisers on the hair structure | <ul style="list-style-type: none"> Shampooing and conditioning Brushing and combing Drying and styling the hair Finishing products | | |
| Outline the factors that determine the use of different types of perming | <ul style="list-style-type: none"> Opening cuticle layer Re-arranging disulphide bonds – reduction Fixing disulphide bonds – oxidation | | |

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| and neutralising products, tools and equipment | <ul style="list-style-type: none"> • Closing of cuticle layer | | |
| Explain how temperature affects the perming process | <ul style="list-style-type: none"> • Condition of the hair • Required result • Length of hair/haircut shape • Previous records | | |
| State the importance of accurate timing and thorough rinsing of products | <ul style="list-style-type: none"> • Speeding up the process • Slowing the process • Activating some perming lotions • Influencing the final result • Avoiding damage to the hair | | |
| Explain when and why it is important to use pre-perm and post perm treatments | <ul style="list-style-type: none"> • Even out porosity • Restore hairs' natural pH • Condition the hair | | |
| Explain the factors that influence the choice of sectioning techniques and different sized perm rods | <ul style="list-style-type: none"> • Haircut • Finish hair style • Length of hair • Degree of curl or wave required | | |
| Explain the method of checking curl development | <ul style="list-style-type: none"> • Unwinding a curler • S –shape movement | | |
| Outline the types and causes of problems that can occur during the perming and neutralising processes and how to resolve them | <ul style="list-style-type: none"> • Fish tails:– incorrect winding • Curls too tight/over-processing:- poor choice of lotion strength/poor timing • Curls too loose/under processing:- poor choice of lotion strength/poor timing • Cutting and conditioning • Re-perming/timing between treatments | | |
| Outline safe and hygienic working practices | <ul style="list-style-type: none"> • Protecting client • Personal protection • Posture and standing position • Sanitisation/sterilisation of tools and equipment • Disposing of waste hygienically and appropriately | | |
| Describe the aftercare advice that should be provided | <ul style="list-style-type: none"> • Shampooing and conditioning the hair • How to brush and comb the hair • How to maintain the style • Use of finishing products | | |

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| State how to communicate and behave within a salon environment | <ul style="list-style-type: none"> • Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions | | |
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Document History

| Version | Issue Date | Changes | Role |
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| v1 | 25/09/2019 | First published | Qualifications and Regulation Co-ordinator |
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