

Scheme of work

For each VTCT (ITEC) qualification, the lecturer/centre must complete a scheme of work for each unit indicating how the Lecturer is planning to cover the unit content throughout the course. Set out the planned sessions in terms of learning outcomes to be achieved. These should match those stated within the VTCT (ITEC) unit specification. Include all units of each course offered. Hours should meet the minimum guided learning hours listed within the unit specification.

Unit title: iUHB308 – Provide scalp massage services

Total contact tuition hours proposed: 33

Lecturer(s) responsible:

Learning objectives	Lecture content	Suggested resources	Approx. hours
Introductory session	<ul style="list-style-type: none"> College rules and regulations College mission statement ITEC rules and regulations Health & safety Timetable Dates – holidays etc. Syllabus Recommended books Uniform 	<ul style="list-style-type: none"> Lecture Q&A Using all the documents listed to ensure the students understand the college expectations and their commitment to the course 	
1. Be able to prepare to provide scalp massage services			
Prepare themselves, the client and work area for scalp massage services	<ul style="list-style-type: none"> Preparing self Preparing working area Sanitising/sterilising tools and equipment Preparing environment Assisting the client into a comfortable and relaxed position for the treatment Protecting and caring for the client throughout the treatment 	<ul style="list-style-type: none"> OHP/Whiteboard Lecture Q&A Homework Tests 	13
Use suitable consultation techniques to identify service objectives	<ul style="list-style-type: none"> Discussing client's needs and requirements Discussing known contra-indications Checking the condition of the hair Checking for abrasions and abnormalities 		

Describe the salon's requirements for client preparation, preparing themselves and the work area	<ul style="list-style-type: none"> • Protective clothing for self and client • Sanitising/sterilising tools and equipment • Disposing of waste hygienically and appropriately 		
Describe the different consultation techniques used to identify the service objectives	<ul style="list-style-type: none"> • Open and closed questioning • Use of visual aids • Listening techniques 		
Explain and agree the procedure, potential benefits and effects of the service to the client	<ul style="list-style-type: none"> • Length of service • Use of equipment • Use of products • Benefits to scalp and hair • General wellbeing of the client 		
Explain the importance of identifying any contra-indications to scalp massage services and how to recognise them	<ul style="list-style-type: none"> • Avoid damaging the condition of the hair and scalp • Maintain the general wellbeing of the client • Checking the condition of the scalp and hair • Discussing and checking the general health of the client, including blood pressure 		
Describe how different factors can affect the performance of scalp massage services	<ul style="list-style-type: none"> • Scalp and hair conditions • General health of the client 		
Describe the different types of massage media and equipment used for scalp massage services	<ul style="list-style-type: none"> • Massage creams and moisturisers • Oils • Electrical vibrators and steamers 		
Explain the importance of following manufacturers' instructions	<ul style="list-style-type: none"> • Providing satisfactory results • Avoiding mistakes • Avoiding legal action 		

2. Be able to carry out scalp massage services			
Communicate and behave in a professional manner	<ul style="list-style-type: none"> • Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions 	<ul style="list-style-type: none"> • OHP/Whiteboard • Lecture • Q&A • Homework • Tests 	20

Select and use products, tools and equipment suitable for the client's hair and scalp condition	<ul style="list-style-type: none"> • Types of shampoos • Types of conditioners • Combs • Steamers and accelerators • Electric vibrators 		
Adapt massage techniques to take into account influencing factors	<ul style="list-style-type: none"> • Comfort of client • Condition of the hair and scalp • General health of the client 		
Follow safe and hygienic working practices	<ul style="list-style-type: none"> • Protecting client • Personal protection • Posture and standing position • Sanitisation of tools and equipment • Disposing of waste hygienically and appropriately 		
Provide suitable aftercare advice	<ul style="list-style-type: none"> • How to shampoo and condition the hair and scalp • How to brush and comb the hair • How to dry and style the hair • Suitable finishing products and how to use them 		
Describe when and how to use massage media and equipment to treat different scalp conditions	<ul style="list-style-type: none"> • Massage creams and moisturisers • Oils • Electrical vibrators and steamers 		
Describe how and when to use and adapt the different massage techniques	<ul style="list-style-type: none"> • Scalp and hair condition • Client comfort and general wellbeing • Effleurage, petrissage and tapotement 		
Identify the safety considerations that must be taken into account when massaging the scalp	<ul style="list-style-type: none"> • Protecting client • Personal protection and hygiene • Posture and standing position • Sanitisation of tools and equipment • Use of electrical equipment 		
Describe the aftercare advice that should be provided	<ul style="list-style-type: none"> • Shampooing and conditioning the hair and scalp • Brushing and combing the hair • Drying and styling the hair • Using finishing products 		
Describe the benefits of scalp massage	<ul style="list-style-type: none"> • Hair and scalp condition • Clients general wellbeing 		

Outline the basic structure of the skin	<ul style="list-style-type: none"> • Epidermis • Dermis • Subcutaneous layer • Follicle • Sebaceous gland • Sweat gland • Papilla • Erector Pili muscle • Blood vessels • Nerve fibres 		
State the name and position of the bones and muscles of the head and neck	<ul style="list-style-type: none"> • Bones <ul style="list-style-type: none"> - Coronal Suture - Parietal - Occipital - Temporal - Ethmoid - Lacrimal - Nasal - Sphenoid - Cervical • Muscles <ul style="list-style-type: none"> - Occipitofrontalis - Occipitalis - Frontalis - Sternocleidomastoid - Trapezius - Splenius Capitis - Levator Scapulae 		
Describe methods of working safely and hygienically, which minimises the risk of cross-infection and cross-infestation	<ul style="list-style-type: none"> • Sanitisation of tools and equipment • Use of clean towels and gowns • Personal hygiene 		
State how to communicate and behave within a salon environment	<ul style="list-style-type: none"> • Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions 		

Document History

Version	Issue Date	Changes	Role
v1	25/09/2019	First published	Qualifications and Regulation Co-ordinator