

Summative Internal Assessment Form

iUSP170 – Instructing kettlebell training sessions																	
Centre name: Centre ID number: Booking reference: Lecturer signature: IQA signature:		Minimum 12				Sub – Total	Induction	Pulse check	Warm up	Stretches	Conditioning phase	Endurance, LME, hypertrophy, strength	Programme outcome	Oral questions	FINAL MARK	Performance Evidence	Candidates must achieve a minimum of 12 marks for the first 3 sections in order to pass.
		Appearance	Client care	Professional conduct	Core teaching rationale												
Learner name	Student no.	5	5	5	5		25	5	10	10	10	10	5	5	100	P/R	Comment
1																	
2																	
3																	
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Document History

Version	Issue Date	Changes	Role
v1	27/09/2019	First published	Qualification Administrator