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# Assignment Guidance Form

## iUBT310 – Physiology of ageing

Research the ageing process and the effects on the skin, including:

- Characteristics and process of ageing
- Intrinsic and extrinsic ageing
- Ageing and the skin
- Degenerative disorders caused by ageing

Evaluate beauty therapy treatments considered to delay the ageing process, including:

- Treatment products and procedures
- Client suitability
- Contra-indications and contra-actions
- Treatment effects and benefits
- Aftercare and home care advice
- Safety data

For any five of the following:

- Corrective/active skincare products
- Cosmeceuticals
- Peels
- Galvanic treatment
- Microcurrent treatment
- Microdermabrasion treatment
- Intense pulsed light treatment
- Light emitting diode therapy
- Radio frequency therapy
- Skin needling
- Facial massage
- Nutritional supplements

This assignment may be presented in any of the following formats and may include some ICT:

- Written report
- Chart
- Spider diagram
- Graph
- Other pictorial presentation

## Document History

<b>Version</b>	<b>Issue Date</b>	<b>Changes</b>	<b>Role</b>
v1	27/09/2019	First published	Qualifications and Regulation Co-ordinator