

Sample Questions

iUBT322 – Provide Indian head massage

1	Which of the following contra-indications to Indian head massage is a viral condition?			
A	Scabies	B	Impetigo	D
C	Urticaria	D	Herpes simplex	

2	What effect does Indian head massage have on the skin?			
A	Aids peristalsis	B	Improves elasticity	B
C	Reduces stiffness	D	Helps in the removal of lactic acid	

3	What type of movement is the petrissage movement?			
A	Stroking	B	Shaking	D
C	Light tapping	D	Compression	

4	Which of the following conditions could the client be suffering from when there is a sensation of sound in the ears?			
A	Migraine	B	Earache	C
C	Tinnitus	D	Headache	

5	During aftercare advice which of the following should you advise a stressed client to avoid?			
A	Fibre	B	Bananas	D
C	Fresh tomato juice	D	Carbonated drinks	

Document History

Version	Issue Date	Changes	Role
v1	27/09/2019	First published	Qualifications and Regulation Co-ordinator