

Sample Questions

iUBT322 – Provide Indian head massage

1	Which of the following contra-indications to Indian head massage is a viral condition?		
A	Scabies	B	Impetigo
C	Urticaria	D	Herpes simplex
D			

2	What effect does Indian head massage have on the skin?		
A	Aids peristalsis	B	Improves elasticity
C	Reduces stiffness	D	Helps in the removal of lactic acid
B			

3	What type of movement is the petrissage movement?		
A	Stroking	B	Shaking
C	Light tapping	D	Compression
D			

4	Which of the following conditions could the client be suffering from when there is a sensation of sound in the ears?		
A	Migraine	B	Earache
C	Tinnitus	D	Headache
C			

5	During aftercare advice which of the following should you advise a stressed client to avoid?		
A	Fibre	B	Bananas
C	Fresh tomato juice	D	Carbonated drinks
D			

Document History

Version	Issue Date	Changes	Role
v1	27/09/2019	First published	Qualifications and Regulation Co-ordinator