

Sample Questions

iUBT323 – Monitor and maintain spa area

1	What is the correct ratio of salt and water solution for a person suffering from heat exhaustion?			
A	One tablespoon of salt per one litre/35ounces of water	B	Two teaspoons of salt per one litre/35ounces of water	C
C	One teaspoon of salt per one litre/35ounces of water	D	Half a teaspoon of salt per one litre/35ounces of water	

2	Which of these is included in The Workplace Regulations?			
A	Electrical systems must be correctly installed and maintained	B	There must be adequate ventilation, temperature control and lighting	B
C	All equipment in the workplace must be suitable for the treatment for which it is used	D	The use and storage of dangerous chemicals	

3	Which of the following is it important to take at regular intervals whilst having a spa treatment?			
A	Water	B	Energy bars	A
C	Thermal sensitivity test	D	Body temperature	

4	Why is it important for the client to relax post spa treatment?			
A	To increase the appetite	B	To decrease the appetite	C
C	To normalise the body temperature	D	To increase perspiration	

5	What should the correct pH level of spa water be?			
A	Between 7.2 - 7.6	B	Between 6.2 - 6.6	A
C	Between 5.2 - 5.6	D	Between 4.2 - 4.6	

Document History

Version	Issue Date	Changes	Role
v1	27/09/2019	First published	Qualifications and Regulation Co-ordinator