

# Sample Questions

## iUBT429 – Manicure and pedicure

<b>1</b>	<b>What is the mantle?</b>			
A	Folds of skin overlapping the sides of the nail	B	Deep fold of skin over the matrix and around the base of the nail	<b>B</b>
C	Visible portion of the nail which rests upon the nail bed	D	Portion of skin at the end of the finger underneath the free edge	

<b>2</b>	<b>What is the cause of blue nails?</b>			
A	An injury to the nail bed	B	An injury to the matrix	<b>C</b>
C	Poor circulation	D	Increased circulation	

<b>3</b>	<b>Pitting of the nail plate can be caused by</b>			
A	Onychoptosis	B	Eczema	<b>D</b>
C	Onychophagy	D	Psoriasis	

<b>4</b>	<b>How would you recognise Beau's lines?</b>			
A	By multiple longitudinal furrows affecting a single nail	B	By multiple transverse furrows affecting a single nail	<b>C</b>
C	By a single transverse furrow affecting all the nails	D	By a single longitudinal furrow affecting all the nails	

<b>5</b>	<b>The functions of top coat include to</b>			
A	Prevent staining of the nail	B	Protect the enamel from chipping	<b>B</b>
C	Fill in ridges	D	Prevent the nail from breaking	

<b>6</b>	<b>The benefits of thermal mittens include to</b>			
A	Improve the skin colour through desquamation	B	Soften and clean the nails	<b>D</b>
C	Calm sensitive skin	D	Nourish and hydrate the skin	

<b>7</b>	<b>What is the eponychium?</b>			
A	The cuticle at the base of the nail	B	The cuticle at the sides of the nail	<b>A</b>
C	Folds of skin overlapping the sides of the nail	D	The point where the matrix and the nail bed meet	

<b>8</b>	<b>What is the peronygium?</b>			
A	Cuticle at the base of the nail	B	The skin that overlaps the sides of the nail	<b>B</b>
C	Folds of skin overlapping the sides of the nail	D	Grooves at the base of the nail	

<b>9</b>	<b>The functions of the matrix include to</b>			
A	Act as a bridge between the lunula and the nail plate	B	Form sulphur to give the nails strength	<b>C</b>
C	Produce new cells to form the nail plate	D	Protect the nail plate	

<b>10</b>	<b>What type of product is a cuticle cream?</b>			
A	Emulsion	B	Astringent	<b>D</b>
C	Exfoliant	D	Emollient	

**Document History**

Version	Issue Date	Changes	Role
v1	30/09/2019	First published	Qualifications and Regulation Co-ordinator