

Task Assessment Form

iUCT27 – Provide basic massage therapy techniques for complementary therapies

Name of Learner: _____

This assessment sheet must be completed in full for each learner by the Internal Assessor

- **Conducting the assessment** – The evaluation should be based on the criteria detailed below. The assessor should base their evaluation entirely on the learner’s performance during the assessment exercise; they should remain objective and should not coach or distract the learner during the assessment. Please indicate with a ✓ criteria that are completed successfully, indicating with an × criteria that have not been completed successfully.
- **Once all boxes have been ticked the assessor must place a ✓ in the pass box indicating that the task is complete.**

Criteria	Assessment						Assessor’s comments
	1 st date		2 nd date		3 rd date		
	Complete	Not Complete	Complete	Not Complete	Complete	Not Complete	
Appearance – the learner demonstrated:							
Clean, ironed professional uniform							
Clean, neat hair – tied back/up if long and off the collar and face							

Criteria	Assessment						Assessor's comments
	1 st date		2 nd date		3 rd date		
	Complete	Not Complete	Complete	Not Complete	Complete	Not Complete	
Short, clean, well-manicured nails with no varnish and clean hands							
Clean, sensible full flat shoes, socks should be worn							
Tights an appropriate colour for the uniform, if wearing a skirt							
No jewellery – with the exception of a wedding band and 1 pair of small stud earrings (religious jewellery must be taped)							
No body or breath odour							
No chewing gum or sucking sweets							
No visible undershirts/underwear, tights the correct colour for uniform							
Skirts to the knee. Trousers cropped no higher than calf/trousers not trailing on the floor							
Client care – the learner:							
Greeted and introduced self to the client							
Assisted the client off the couch							
Explained the treatment procedure to the client							
Ensured the client's comfort/modesty throughout							

Criteria	Assessment						Assessor's comments
	1 st date		2 nd date		3 rd date		
	Complete	Not Complete	Complete	Not Complete	Complete	Not Complete	
Maintained a positive and professional approach to client/colleagues throughout							
Hygiene and sterilisation – the learner:							
Wiped equipment over with appropriate sanitiser before and after use							
Sanitised hands before, during and after treatment as appropriate							
Replaced lids on products and used spatulas to remove cream							
Disposed of cotton wool, tissues, paper roll and general waste hygienically and appropriately							
Ensured laundry was clean and changed for each client							
Ensured the client's footwear was stowed under the couch and that the client did not walk around barefoot							
Consultation – the learner:							
Demonstrated appropriate posture and body language							
Tactfully obtained all relevant information maintaining client confidentially							

Criteria	Assessment						Assessor's comments
	1 st date		2 nd date		3 rd date		
	Complete	Not Complete	Complete	Not Complete	Complete	Not Complete	
Established a rapport with the client, explaining any benefits, effects and restrictions of the treatment and co-operation required							
Reviewed initial consultation and agreed a treatment plan with client							
Technique, continuity and pressure – the learner:							
Performed movements displaying flexibility of the hands and wrists							
Maintained contact during massage of each area							
Used effleurage to link movements							
Established clients preference regarding the pressure of the massage							
Head and scalp massage – the learner:							
Positioned the client comfortably and used support where necessary							
Assessed area to be worked for contra-indications							
Performed effleurage in the sequence used							
Performed petrissage in the sequence used							

Criteria	Assessment						Assessor's comments
	1 st date		2 nd date		3 rd date		
	Complete	Not Complete	Complete	Not Complete	Complete	Not Complete	
Performed percussion/tapotement in the sequence used							
Performed vibrations in the sequence used							
Applied pressure appropriate for area massaged and movements used							
Used a flowing, logical routine and covered whole area massaged							
Performed movements at correct speed							
Maintained good posture throughout							
Completed massage in a commercially acceptable time							
Face, neck and chest massage – the learner:							
Positioned client comfortably and used support where necessary							
Assessed area to be worked for contra-indications							
Performed effleurage in the sequence used							
Performed petrissage in the sequence used							
Performed percussion/tapotement in the sequence used							
Performed vibrations in the sequence used							

Criteria	Assessment						Assessor's comments
	1 st date		2 nd date		3 rd date		
	Complete	Not Complete	Complete	Not Complete	Complete	Not Complete	
Applied pressure appropriate for area massaged and movements used							
Used a flowing, logical routine and covered whole area massaged							
Performed movements at the correct speed							
Maintained good posture throughout							
Completed massage in a commercially acceptable time							
Hand and arm massage – the learner:							
Positioned client comfortably and used support where necessary							
Assessed area to be worked for contra-indications							
Performed effleurage in the sequence used							
Performed petrissage in the sequence used							
Performed passive movements in the sequence used							
Applied pressure appropriate for area massaged and movements used							
Used a flowing, logical routine and covered whole area massaged							
Performed movements at the correct speed							

Criteria	Assessment						Assessor's comments
	1 st date		2 nd date		3 rd date		
	Complete	Not Complete	Complete	Not Complete	Complete	Not Complete	
Maintained good posture throughout							
Completed massage in a commercially acceptable time							
Lower leg and foot massage – the learner:							
Positioned client comfortably and used support where necessary							
Assessed area to be worked for contra-indications							
Performed effleurage in the sequence used							
Performed petrissage in the sequence used							
Performed percussion/tapotement in the sequence used							
Performed passive movements in the sequence used							
Applied pressure appropriate for area massaged and movements used							
Used a flowing, logical routine and covered whole area massaged							
Performed movements at the correct speed							
Maintained good posture throughout							
Completed massage in a commercially acceptable time							

Criteria	Assessment						Assessor's comments	
	1 st date		2 nd date		3 rd date			
	Complete	Not Complete	Complete	Not Complete	Complete	Not Complete		
Aftercare								
Concluded treatment in a hygienic and logical manner								
Recorded treatment details, adaptations and client feedback								
Stated possible contra-actions to treatment and response								
Stated home care and aftercare advice								
Recommended further treatments								
Oral questions (list questions asked)								
Task Completed							Pass	

Learner name: _____

Learner signature: _____ Date: _____

Lecturer/Assessor name: _____

Lecturer/Assessor name signature: _____ Date: _____

Internal Quality Assurer Name: _____

Internally Quality Assurer Name: _____ Date: _____

External Quality Assurer Name: _____

External Quality Assurer Name: _____ Date: _____
(if sampled)

Document History

Version	Issue Date	Changes	Role
v1	09/10/2019	First published	Qualifications and Regulation Co-ordinator