

Sample Questions

iUBT365 – Provide spa treatments

1	Which of the following requires medical permission prior to hydrotherapy treatment?		
A	Bruises	B	Varicose veins
C	Arthritis	D	Cuts
C			

2	Which of the following could occur if the temperature in a hot bath rises above 40 degrees centigrade?		
A	Blood pressure will rise	B	The client will become hyperactive
C	Blood pressure will drop	D	The heat will cause a varicose vein
C			

3	Which of the following is an effect of paraffin wax?		
A	To stimulate the nerves	B	To stimulate the muscles
C	To reduce blood flow	D	To relax the tissues
D			

4	How often should the flotation tank be cleaned?		
A	After every third client	B	Once a week
C	Once a month	D	Between each client
D			

5	The normal temperature of a steam bath is:		
A	45-50°C/113°-122°F	B	50-55°C/122°-131°F
C	55-60°C/131°-140°F	D	60-65°C/140°-149°F
A			

Document History

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v1	31/10/2019	First published	Qualifications Administrator