

# Sample Questions

## iUBT365 – Provide spa treatments

<b>1</b>	<b>Which of the following requires medical permission prior to hydrotherapy treatment?</b>		
A	Bruises	B	Varicose veins
C	Arthritis	D	Cuts
<b>C</b>			

<b>2</b>	<b>Which of the following could occur if the temperature in a hot bath rises above 40 degrees centigrade?</b>		
A	Blood pressure will rise	B	The client will become hyperactive
C	Blood pressure will drop	D	The heat will cause a varicose vein
<b>C</b>			

<b>3</b>	<b>Which of the following is an effect of paraffin wax?</b>		
A	To stimulate the nerves	B	To stimulate the muscles
C	To reduce blood flow	D	To relax the tissues
<b>D</b>			

<b>4</b>	<b>How often should the flotation tank be cleaned?</b>		
A	After every third client	B	Once a week
C	Once a month	D	Between each client
<b>D</b>			

<b>5</b>	<b>The normal temperature of a steam bath is:</b>		
A	45-50°C/113°-122°F	B	50-55°C/122°-131°F
C	55-60°C/131°-140°F	D	60-65°C/140°-149°F
<b>A</b>			

**Document History**

<b>Version</b>	<b>Issue Date</b>	<b>Changes</b>	<b>Role</b>
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