

# Sample Questions

## iUBT344 – Apply stone therapy massage

<b>1</b>	<b>Which chakra is the colour yellow related to?</b>			
A	Root	B	Sacral	<b>C</b>
C	Solar plexus	D	Throat	

<b>2</b>	<b>Which of the following chakras is positioned in a vertical direction to the body?</b>			
A	Crown	B	Throat	<b>A</b>
C	Heart	D	Sacral	

<b>3</b>	<b>Which of the following stone massage movements results in heat conduction?</b>			
A	Effleurage	B	Frictions	<b>C</b>
C	Holding	D	Vibrations	

<b>4</b>	<b>Why are basalt stones used for stone massage?</b>			
A	Because each stone is carefully chiselled and hand crafted	B	Because of their ability to retain cold	<b>C</b>
C	Because of their ability to retain heat	D	Because the abrasive surface will aid desquamation	

<b>5</b>	<b>Which of the following statements is correct in relation to the drinking of water after a stone therapy massage treatment?</b>			
A	It may induce a high temperature	B	It may help to relieve constipation	<b>B</b>
C	It may initially increase general sluggishness of the body systems	D	It may discourage the liver and kidneys for filtration and the removal of noxious substances	

**Document History**

<b>Version</b>	<b>Issue Date</b>	<b>Changes</b>	<b>Role</b>
v1	19/11/2019	First published	Qualifications Administrator