

# Treatment Form

**iUCT27** – Provide basic massage therapy techniques for complementary therapies

<b>Centre name:</b>	
<b>Centre number:</b>	
<b>Learner name:</b>	
<b>Learner number:</b>	
<b>Date:</b>	

<b>Client name:</b>		
<b>Address:</b>		
<b>Profession:</b>		
<b>Telephone number:</b>	Day:	
	Evening:	

<b>Personal details:</b>						
Age group:	Under 20 <input type="checkbox"/>	20 – 30 <input type="checkbox"/>	30 – 40 <input type="checkbox"/>	40 – 50 <input type="checkbox"/>	50 – 60 <input type="checkbox"/>	60+ <input type="checkbox"/>
Lifestyle:	Active <input type="checkbox"/>			Sedentary <input type="checkbox"/>		
Last visit to the doctor:						
GP Address:						
Number of children: (If applicable)						
Date of last period: (If applicable)						

**Contra-indications requiring medical permission – in circumstances where medical permission cannot be obtained clients must give their informed consent in writing prior to treatment (Select if/where appropriate):**

Pregnancy <input type="checkbox"/>	Epilepsy <input type="checkbox"/>	Cancer <input type="checkbox"/>
Cardiovascular conditions (thrombosis, phlebitis, hypertension, hypotension and heart conditions) <input type="checkbox"/>	Recent operations <input type="checkbox"/>	Conditions causing muscular spasticity e.g. cerebral palsy <input type="checkbox"/>
Haemophilia <input type="checkbox"/>	Diabetes <input type="checkbox"/>	Kidney infections <input type="checkbox"/>
Any condition already being treated by a GP or another complementary practitioner <input type="checkbox"/>	Asthma <input type="checkbox"/>	Whiplash <input type="checkbox"/>
Medical oedema <input type="checkbox"/>	Any dysfunction of the nervous system (e.g. multiple sclerosis, Parkinson's disease, motor neurone disease) <input type="checkbox"/>	Slipped disc <input type="checkbox"/>
Osteoporosis <input type="checkbox"/>	Bell's palsy <input type="checkbox"/>	When taking prescribed medication <input type="checkbox"/>
Arthritis <input type="checkbox"/>	Trapped/pinched nerve (e.g. sciatica) <input type="checkbox"/>	Acute rheumatism <input type="checkbox"/>
Nervous/psychotic conditions <input type="checkbox"/>	Inflamed nerve <input type="checkbox"/>	Undiagnosed pain <input type="checkbox"/>

**Contra-indications that restrict treatment (select if/where appropriate):**

Fever <input type="checkbox"/>	Localised swelling <input type="checkbox"/>	Scar tissue (2 years for major operation and 6 months for small scar) <input type="checkbox"/>
Contagious or infectious diseases <input type="checkbox"/>	Inflammation <input type="checkbox"/>	Sunburn <input type="checkbox"/>
Under the influence of recreational drugs or alcohol <input type="checkbox"/>	Varicose veins <input type="checkbox"/>	Hormonal implants <input type="checkbox"/>
Diarrhoea and/or vomiting <input type="checkbox"/>	Cuts <input type="checkbox"/>	Haematoma <input type="checkbox"/>
Skin diseases <input type="checkbox"/>	Bruises <input type="checkbox"/>	Recent fractures (minimum of three months) <input type="checkbox"/>
Undiagnosed lumps and bumps <input type="checkbox"/>	Abrasions <input type="checkbox"/>	After a heavy meal <input type="checkbox"/>
Piercings <input type="checkbox"/>		

**Written permission required by – either of which should be attached to the treatment form (select if/where appropriate):**

GP/Specialist <input type="checkbox"/>	Informed consent <input type="checkbox"/>
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Personal information (select if/where appropriate):				
Musculoskeletal problems:	Back <input type="checkbox"/>	Aches/pain <input type="checkbox"/>	Stiff joints <input type="checkbox"/>	Headaches <input type="checkbox"/>
Digestive problems:	Constipation <input type="checkbox"/>	Bloating <input type="checkbox"/>	Liver/gall bladder <input type="checkbox"/>	Stomach <input type="checkbox"/>
Circulation:	Heart <input type="checkbox"/>	Blood pressure <input type="checkbox"/>	Fluid retention <input type="checkbox"/>	Tired legs <input type="checkbox"/>
	Varicose veins <input type="checkbox"/>	Cellulite <input type="checkbox"/>	Kidney problems <input type="checkbox"/>	Cold hands and feet <input type="checkbox"/>
Gynaecological:	Irregular periods <input type="checkbox"/>	P.M.T <input type="checkbox"/>	Menopause <input type="checkbox"/>	H.R.T <input type="checkbox"/>
	Pill <input type="checkbox"/>	Coil <input type="checkbox"/>	Other:	
Nervous system:	Migraine <input type="checkbox"/>	Tension <input type="checkbox"/>	Stress <input type="checkbox"/>	Depression <input type="checkbox"/>
Immune system:	Prone to infections <input type="checkbox"/>	Sore throats <input type="checkbox"/>	Colds <input type="checkbox"/>	
	Chest <input type="checkbox"/>	Sinuses <input type="checkbox"/>		
Regular antibiotic / medication taken?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If yes, which ones?	
Herbal remedies taken?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If yes, which ones?	
Ability to relax:	Good <input type="checkbox"/>	Moderate <input type="checkbox"/>	Poor <input type="checkbox"/>	
Sleep patterns:	Good <input type="checkbox"/>	Poor <input type="checkbox"/>	Average No. of hours	
Do you see natural daylight in your workplace?	Yes <input type="checkbox"/>	No <input type="checkbox"/>		
Do you work at a computer?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If yes, how many hours?	
Do you eat regular meals?	Yes <input type="checkbox"/>	No <input type="checkbox"/>		
Do you eat in a hurry?	Yes <input type="checkbox"/>	No <input type="checkbox"/>		
Do you take any food/vitamin supplements?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If yes, which ones?	
How many portions of each of these does your diet contain per day?	Fresh fruit:	Fresh vegetables:	Protein and source:	
	Dairy produce:	Sweet things:	Added salt:	Added sugar:
How many units of these drinks do	Tea:	Coffee:	Fruit juice:	Water:



**Basic treatment plan detailing area(s) massaged:**

**Client feedback:**

**Basic home/aftercare advice:**

**Therapist/learner signature:** \_\_\_\_\_

**Client signature:** \_\_\_\_\_

## Document History

Version	Issue Date	Changes	Role
v1	09/10/2019	First published	Qualifications and Regulation Co-ordinator
v2	15/01/2020	Republished	Qualifications and Regulation Co-ordinator