

Scheme of work

For each VTCT (ITEC) qualification, the lecturer/centre must complete a scheme of work for each unit indicating how the Lecturer is planning to cover the unit content throughout the course. Set out the planned sessions in terms of learning outcomes to be achieved. These should match those stated within the VTCT (ITEC) unit specification. Include all units of each course offered. Hours should meet the minimum guided learning hours listed within the unit specification.

Unit title: iUBT377 – Airbrush designs for nails

Total contact tuition hours proposed: 22

Lecturer(s) responsible:

Learning objectives	Lecture content	Suggested resources	Approx. hours
Introductory session	<ul style="list-style-type: none"> College rules and regulations College mission statement VTCT (ITEC) rules and regulations Health & Safety Timetable Dates – holidays etc. Syllabus Recommended books Uniform 	<ul style="list-style-type: none"> Lecture Q&A Using all the documents listed to ensure the students understand the college expectations and their commitment to the course 	
LO1 Be able to plan and prepare for airbrush nail art services			
1.1 Develop airbrush nail art design plans using research material and resources	<ul style="list-style-type: none"> Research i.e. current trends, fashion Research material i.e. trade publications, magazines, newspapers, the internet, exhibitions Resources i.e. specialist suppliers Portfolio work Themes i.e. bridal, seasonal, colour fades, stencil work Colour theory Colour schemes Client requirements Ensure client desires are realistic in terms of nail size and shape 	<ul style="list-style-type: none"> OHP/Whiteboard Lecture Q&A Homework Test An example of a consultation form can be downloaded from www.itecworld.co.uk 	8

	<ul style="list-style-type: none"> • Design plan adaptations 		
1.2. Prepare themselves, client and work area for airbrush nail art services	<ul style="list-style-type: none"> • Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g. sterilising/sanitising tools and equipment • Procedures used to prepare client for treatment • Client care and modesty 		
1.3. Use suitable consultation techniques to identify treatment objectives	<ul style="list-style-type: none"> • Suitable area • Positive body language • Positioning of the client • Communication skills • Professionalism • Contra-indications and contra-actions • Airbrush nail art design plan • Products and techniques used • Consent • Confidentiality • Client's signature 		
1.4. Carry out nail and skin analysis	<ul style="list-style-type: none"> • Skin type and condition • Nail type and condition • Natural nail shape and size e.g. oval, square hook, fan, ski jump, wide • Factors affecting nail growth <ul style="list-style-type: none"> - Health - Age - Diet - Medication - Climate - Damage - Lifestyle 		
1.5. Provide clear recommendations to the client	<ul style="list-style-type: none"> • Taking into account the following: <ul style="list-style-type: none"> - The outcome of the skin and nail analysis - Occupation - Lifestyle - Current regime - Client requirements 		

	<ul style="list-style-type: none"> - Identification and recommendation of the appropriate airbrush design and airbrush products - Recommendations for ongoing maintenance of airbrush nail art finish and the level of commitment required 		
1.6. Select products, tools and equipment to suit client treatment needs, skin and nail conditions	<ul style="list-style-type: none"> • Couch or chair • Trolley or manicure table • Stool • Towels • Additional support if appropriate • Bedroll • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Paper towels • Lint free pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Face mask • Protective glasses • Files • Buffers • Orange wood stick • Cuticle tools • Clippers • Scissors • Compressor or appropriate air supply • Air hose • Airbrush equipment i.e. cup feed or gravity feed airbrushes • Stencils i.e. lace, mesh • Masking paper/frisket • Knife and cutting board • Cleaning brush 		

	<ul style="list-style-type: none"> • Cleaning station • Appropriate airbrush cleanser • Base coat • Bond coat • Topcoat/sealer • Nail enamels • Adhesives • Oils • Natural nail cleanser • Nail polish remover • Paints i.e. acrylic, water-based, metallic • Products for the following: <ul style="list-style-type: none"> - Airbrushing techniques <ul style="list-style-type: none"> ▪ Contouring ▪ Stencilling ▪ Masking ▪ Colour fading ▪ Blending ▪ Freehand - Airbrushing designs <ul style="list-style-type: none"> ▪ Soft French ▪ Chevron French ▪ Fancy French ▪ Animal print ▪ Flowers ▪ Flames ▪ Tropical ▪ Seasonal ▪ Complex linear designs 		
1.7. Explain the importance of developing nail art design plans	<ul style="list-style-type: none"> • Developing ideas and themes • Practicing and perfecting technique • Enhancing ability and speed • Demonstrating versatility and ability to adapt designs to client needs • Experience with differing equipment, products and techniques • Staying abreast of current and emerging trends within the industry and related fields that may have an impact i.e. fashion • Portfolio building • Continuous professional development 		

1.8. Describe salon requirements for preparing themselves, the client and work area	<ul style="list-style-type: none"> Any particular rights, restrictions and acts applicable to airbrush nail art services Code of practice/ethics Insurance and professional association membership Record keeping Professional appearance Personal protective equipment 		
1.9. Describe the environmental conditions suitable for airbrush nail treatment	<ul style="list-style-type: none"> Lighting Heating Ventilation Noise levels Available space Music General hygiene Waste disposal Décor Equipment Pressurised equipment Privacy Reception areas General use/treatment areas Safety aspects Pressurised equipment Protective equipment 		
1.10. Describe the different consultation techniques used to identify treatment objectives	<ul style="list-style-type: none"> Positive body language Positioning of the client (no barriers between themselves and client) Good communication skills (asking open and/or closed questions where appropriate) Verbal and non-verbal communication 		
1.11. Explain the importance of carrying out a detailed nail and skin analysis	<ul style="list-style-type: none"> Skin type and condition Nail type, shape, condition and size i.e. dry, hook, fan, ski jump, wide Contra-indications Scope of treatment(s) Establish client's desires are realistic Identification of airbrush design and product suitability Home care advice Aftercare advice 		

<p>1.12. Describe how to select products, tools and equipment to suit client treatment needs, nail and skin conditions</p>	<ul style="list-style-type: none"> • Couch or chair • Trolley or manicure table • Stool • Towels • Additional support if appropriate • Bedroll • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Paper towels • Lint free pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Face mask • Protective glasses • Files • Buffers • Orange wood stick • Cuticle tools • Clippers • Scissors • Compressor or appropriate air supply • Air hose • Airbrush equipment i.e. cup feed or gravity feed airbrushes • Stencils i.e. lace, mesh • Masking paper/frisket • Knife and cutting board • Cleaning brush • Cleaning station • Appropriate airbrush cleanser • Base coat • Bond coat • Topcoat/sealer 		
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	<ul style="list-style-type: none"> • Nail enamels • Adhesives • Oils • Natural nail cleanser • Nail polish remover • Paints i.e. acrylic, water-based, metallic • Products for the following: <ul style="list-style-type: none"> - Airbrushing techniques <ul style="list-style-type: none"> ▪ Contouring ▪ Stencilling ▪ Masking ▪ Colour fading ▪ Blending ▪ Freehand - Airbrushing designs <ul style="list-style-type: none"> ▪ Soft French ▪ Chevron French ▪ Fancy French ▪ Animal print ▪ Flowers ▪ Flames ▪ Tropical ▪ Seasonal ▪ Complex linear designs 		
1.13. Explain the contra-indications that prevent or restrict airbrush nail treatment	<ul style="list-style-type: none"> • Contra-indications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP <ul style="list-style-type: none"> - Any condition already being treated by a GP, dermatologist or another practitioner - Acute arthritis - Nervous or psychotic conditions - Recent operations on the area - Undiagnosed pain - Acute rheumatism - Asthma • Contra-indications that restrict treatment <ul style="list-style-type: none"> - Fever - Infectious or contagious diseases 		

	<ul style="list-style-type: none"> - Infectious or contagious diseases of the skin and nails - Under the influence of recreational drugs or alcohol - Diarrhoea and vomiting - Any known allergies - Undiagnosed lumps and bumps - Inflammation - Cuts - Bruises - Abrasions - Scar tissue (2 years for major operations and 6 months for a small scar) - Recent fractures (minimum 3 months) - Sunburn - Repetitive strain injury - Carpal tunnel syndrome - Loss of skin sensation - Severely bitten/damaged nails - Nail separation - Eczema - Psoriasis - Dermatitis - Broken bones - Warts - Verrucae 		
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LO2 Be able to provide airbrush nail art services			
2.1. Communicate and behave in a professional manner	<ul style="list-style-type: none"> • Checking consultations and contra-indications • Explaining the treatment to the client • Benefits, limitations and co-operation required • Helping the client throughout the treatment • Positioning the client correctly • Sanitising client's hands as appropriate • Sanitising own hands as appropriate throughout treatment • Protecting the client's modesty at all times • Ensuring that the client is comfortable • Using appropriate covered supports • Adapt the airbrush nail art treatments to suit the needs of the client • Ensuring client does not stand on floor with bare feet (where applicable) • Client care 	<ul style="list-style-type: none"> • OHP/Whiteboard • Lecture • Q&A • Handout • Homework • Test 	14

	<ul style="list-style-type: none"> • Communication • Correct posture, hygiene and a professional approach to the client throughout treatment 		
2.2. Follow health and safety working practices	<ul style="list-style-type: none"> • Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act/GDPR • Adhere to all product safety precautions and manufacturer's instructions 		
2.3. Position themselves and client correctly throughout the treatment	<ul style="list-style-type: none"> • Positioning of the client • Client comfort • Application of the airbrush nail art design • Airbrush nail artist self-care 		
2.4. Use products, tools, equipment and techniques to meet design plan and to suit clients treatment needs, nail and skin conditions	<ul style="list-style-type: none"> • Couch or chair • Trolley or manicure table • Stool • Towels • Additional support if appropriate • Bedroll • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Paper towels • Lint free pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser 		

	<ul style="list-style-type: none"> • Chemical immersion equipment • Waste disposal • Face mask • Protective glasses • Files • Buffers • Orange wood stick • Cuticle tools • Clippers • Scissors • Compressor or appropriate air supply • Air hose • Airbrush equipment i.e. cup feed or gravity feed airbrushes • Stencils i.e. lace, mesh • Masking paper/frisket • Knife and cutting board • Cleaning brush • Cleaning station • Appropriate airbrush cleanser • Base coat • Bond coat • Topcoat/sealer • Nail enamels • Adhesives • Oils • Natural nail cleanser • Nail polish remover • Paints i.e. acrylic, water-based, metallic • Products for the following: <ul style="list-style-type: none"> - Airbrushing techniques <ul style="list-style-type: none"> ▪ Contouring ▪ Stencilling ▪ Masking ▪ Colour fading ▪ Blending ▪ Freehand - Airbrushing designs <ul style="list-style-type: none"> ▪ Soft French 		
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	<ul style="list-style-type: none"> ▪ Chevron French ▪ Fancy French ▪ Animal print ▪ Flowers ▪ Flames ▪ Tropical ▪ Seasonal ▪ Complex linear designs 		
2.5. Complete the treatment to the satisfaction of the client	<ul style="list-style-type: none"> • Conclusion of treatment in appropriate manner to meet client's needs and airbrush nail art design plan 		
2.6. Record and evaluate the results of the treatment	<ul style="list-style-type: none"> • Reviewing and recording airbrush nail art design plan and treatment outcomes • Treatment recommendations • Home care advice 		
2.7. Provide suitable aftercare advice	<ul style="list-style-type: none"> • Recommendations for immediate aftercare and treatment maintenance • Product recommendations • Lifestyle • Recommendation of further salon treatments including removal 		
2.8. Explain how to communicate and behave in a professional manner	<ul style="list-style-type: none"> • Consultation • Treatment explanation • Client care • Hygiene • Good communication skills 		
2.9. Describe health and safety working practices	<ul style="list-style-type: none"> • Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act/GDPR 		

	<ul style="list-style-type: none"> • Adhere to all safety precautions and manufacturer's instructions 		
2.10. Explain the importance of positioning themselves and the client correctly throughout the treatment	<ul style="list-style-type: none"> • Ensuring the client is comfortable and correctly supported • Applying the treatments as appropriate to the client's needs • Airbrush nail artist maintaining correct posture throughout treatment 		
2.11. Explain the importance of using products, tools, equipment and techniques to meet design plan and to suit clients treatment needs, nail and skin conditions	<ul style="list-style-type: none"> • Couch or chair • Trolley or manicure table • Stool • Towels • Additional support if appropriate • Bedroll • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Paper towels • Lint free pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Face mask • Protective glasses • Files • Buffers • Orange wood stick • Cuticle tools • Clippers • Scissors • Compressor or appropriate air supply • Air hose • Airbrush equipment i.e. cup feed or gravity feed airbrushes • Stencils i.e. lace, mesh 		

	<ul style="list-style-type: none"> • Masking paper/frisket • Knife and cutting board • Cleaning brush • Cleaning station • Appropriate airbrush cleanser • Base coat • Bond coat • Topcoat/sealer • Nail enamels • Adhesives • Oils • Natural nail cleanser • Nail polish remover • Paints i.e. acrylic, water-based, metallic • Products for the following: <ul style="list-style-type: none"> - Airbrushing techniques <ul style="list-style-type: none"> ▪ Contouring ▪ Stencilling ▪ Masking ▪ Colour fading ▪ Blending ▪ Freehand - Airbrushing designs <ul style="list-style-type: none"> ▪ Soft French ▪ Chevron French ▪ Fancy French ▪ Animal print ▪ Flowers ▪ Flames ▪ Tropical ▪ Seasonal ▪ Complex linear designs 		
2.12. Describe how the treatment can be adapted to suit client treatment needs	<ul style="list-style-type: none"> • Restrictions • Nail shapes, types, size and conditions • Skin condition • Client preferences and commitment • Airbrush nail art design plan • Product availability and suitability 		

	<ul style="list-style-type: none"> • Time scales • Costs 		
2.13. State the contra- actions that may occur during and following treatments and how to respond	<ul style="list-style-type: none"> • Excessive erythema • Skin irritation • Allergic reaction • Itching • Inflammation • Premature loss of airbrush nail art design • Client abuse; biting/picking • Chipping • Discolouration • Staining of the natural nail plate • Air bubbles • Smudging • Immediate removal of products • Referral procedures 		
2.14. Explain the importance of completing the treatment to the satisfaction of the client	<ul style="list-style-type: none"> • Concluding the treatment in appropriate manner to meet client's needs and airbrush design plan • Ongoing treatments 		
2.15. Explain the importance of completing treatment records	<ul style="list-style-type: none"> • Maintaining records • Aftercare • Home care • Product advice • Compliance with data protection 		
2.16. Describe the methods of evaluating the effectiveness of the treatment	<ul style="list-style-type: none"> • Maintaining records for accurate future treatment • Aftercare • Home care • Product advice • Compliance with current legislation • Concluding the treatment in the correct manner to meet client's requirements and airbrush design plan • The treatment should be performed for the required amount of time efficiently and professionally ensuring the working area remains clean and tidy throughout 		

<p>2.17. Describe the aftercare advice that should be provided</p>	<ul style="list-style-type: none"> Based upon consultation, skin and nail analysis and airbrush design plan <ul style="list-style-type: none"> Recommendations for immediate aftercare and treatment maintenance Product recommendations Lifestyle Smoking habits Hobbies Stress levels Recommendation of further salon treatments in relation to maintenance and removal 		
<p>2.18. Describe the structure and functions of the nail and skin</p>	<ul style="list-style-type: none"> The nail <ul style="list-style-type: none"> Free edge Hyponychium Eponychium Peronychium Lunula Mantle Cuticle Nail plate Nail bed Nail fold Matrix Nail wall Nail growth Protection The skin <ul style="list-style-type: none"> Epidermis <ul style="list-style-type: none"> Stratum corneum Stratum lucidum Stratum granulosum Stratum spinosum/malpighian Stratum germinativum/basal layer Dermis <ul style="list-style-type: none"> Blood supply Lymphatic supply Hair follicle Hair Sebaceous gland Sweat gland: eccrine and apocrine Sensory nerve endings 		

	<ul style="list-style-type: none"> ▪ Dermal papilla ▪ Collagen ▪ Elastin ▪ Histiocytes ▪ Mast cells ▪ Fibroblasts ▪ Erector pili muscle ▪ Melanocytes - Subcutaneous/adipose layer <ul style="list-style-type: none"> ▪ The fatty layer underneath the dermis - Functions <ul style="list-style-type: none"> ▪ Secretion ▪ Heat regulation ▪ Absorption ▪ Protection/acid mantle (composition and formation) ▪ Elimination/excretion ▪ Sensation ▪ Vitamin D formation (7-dehydro-cholesterol) 		
2.19 Describe the different skin and nail conditions	<ul style="list-style-type: none"> • Beau's lines • Bitten nails • Blue nail • Brittle nails • Bruised nails • Discoloured nails • Dry nails • Flaking nails • Hang nails • Koilonychia • Lamella dystrophy • Leuconychia • Misshapen nails • Mould • Onychatrophia • Onychauxis • Onychia • Onychocryptosis • Onychogryphosis • Onycholysis 		

	<ul style="list-style-type: none"> • Onychomycosis (Tinea unguium) • Onychophagy • Onychophyma • Onychoptosis • Onychorrhexis • Paronychia (whitlow) • Pitting • Pterygium • Sepsis • Split nails • Transverse ridges • Vertical ridges • Weak nails • Mature skin • Young skin • Sensitive skin • Dehydrated skin • Dry skin • Dermatitis • Eczema • Psoriasis • Corns • Chilblains • Warts • Verrucae 		
2.20. Describe the different natural nail shapes	<ul style="list-style-type: none"> • Fan • Hook • Oval • Pointed • Round • Ski jump/spoon • Square 		

iUBT377 – Airbrush designs for nails			
Mock practical:	<ul style="list-style-type: none"> • To include full treatment 	<ul style="list-style-type: none"> • Mock theory paper 	
Mock theory:	<ul style="list-style-type: none"> • To include all the theory 		

Document History

Version	Issue Date	Changes	Role
v1	19/11/2019	First published	Qualifications Administrator
v2	28/01/2020	Format changes	Qualifications Administrator