

# Scheme of work

For each VTCT (ITEC) qualification, the lecturer/centre must complete a scheme of work for each unit indicating how the Lecturer is planning to cover the unit content throughout the course. Set out the planned sessions in terms of learning outcomes to be achieved. These should match those stated within the VTCT (ITEC) unit specification. Include all units of each course offered. Hours should meet the minimum guided learning hours listed within the unit specification.

**Unit title:** iUBT384 – Nail art

**Total contact tuition hours proposed:** 25

**Lecturer(s) responsible:**

Learning objectives	Lecture content	Suggested resources	Approx. hours
Introductory session	<ul style="list-style-type: none"> <li>College rules and regulations</li> <li>College mission statement</li> <li>VTCT (ITEC) rules and regulations</li> <li>Health &amp; safety</li> <li>Timetable</li> <li>Dates – holidays etc.</li> <li>Syllabus</li> <li>Recommended books</li> <li>Uniform</li> </ul>	<ul style="list-style-type: none"> <li>Lecture</li> <li>Q&amp;A</li> <li>Using all the documents listed to ensure the learners understand the college expectations and their commitment to the course</li> </ul>	
<b>LO1 Know the safety regulations and hygiene procedures</b>			
1.1. Explain general safety precautions	<ul style="list-style-type: none"> <li>Safe storage of all products</li> <li>Control of Substances Hazardous to Health (COSHH)</li> <li>Health and safety</li> <li>Environment - in particular ventilation, lighting, heating and general comfort</li> <li>Selection and use of any personal protective equipment (PPE)</li> </ul>	<ul style="list-style-type: none"> <li>OHP/Whiteboard</li> <li>Lecture</li> <li>Q&amp;A</li> <li>Homework</li> </ul>	2
1.2. Explain hygiene procedures	<ul style="list-style-type: none"> <li>Wiping the client's hands and nails with sanitiser before treatment</li> <li>Ensuring all tools are sterilised appropriately before and after use</li> <li>Ensuring that waste is placed immediately in the bin</li> <li>Ensuring that plenty of consumables are available</li> </ul>		

LO2 Be able to carry out a consultation, check for contra-indications and recognise any nail diseases and disorders			
2.1. Explain the importance of a consultation and be able to communicate with the client tactfully and accurately	<ul style="list-style-type: none"> <li>• Checking for contra-indications</li> <li>• Noting the condition of the nails</li> <li>• Planning and agreeing a treatment programme</li> <li>• Discussing any home and aftercare</li> </ul>	<ul style="list-style-type: none"> <li>• OHP/Whiteboard</li> <li>• Lecture</li> <li>• Q&amp;A</li> <li>• Handout: Contra-indications</li> <li>• Homework</li> </ul>	2
2.2. Explain and recognise skin diseases and disorders and demonstrate knowledge of whether they are contra-indicated to the service	<ul style="list-style-type: none"> <li>• Transverse ridges</li> <li>• Vertical ridges</li> <li>• Beau's line</li> <li>• Blue nail</li> <li>• Psoriasis</li> <li>• Eczema</li> <li>• Paronychia (whitlow)</li> <li>• Sepsis</li> <li>• Leukonychia</li> <li>• Flaking</li> <li>• Onychorrhexis</li> <li>• Dry/brittle nails</li> <li>• Pitting</li> <li>• Pterygium</li> <li>• Onychia</li> <li>• Hang nail</li> <li>• Lamella dystrophy</li> <li>• Onychomycosis (Tinea unguium)</li> <li>• Onychatrophia</li> <li>• Onychauxis</li> <li>• Onychogryphosis</li> <li>• Onycholysis</li> <li>• Onychocryptosis</li> <li>• Koilonychia</li> <li>• Onychophagy</li> <li>• Onychophyma</li> <li>• Bacterial infection/Mould</li> <li>• Warts</li> <li>• Verruca</li> </ul>	<ul style="list-style-type: none"> <li>• Test</li> </ul>	

	<ul style="list-style-type: none"><li>• Loss of skin sensation</li><li>• Diabetes</li><li>• Allergies</li><li>• Corns</li><li>• Chilblains</li><li>• Cuts</li><li>• Abrasions</li><li>• Broken bones</li><li>• Discolouration</li><li>• Severely open/torn skin</li><li>• Congenital<ul style="list-style-type: none"><li>- Eczema</li><li>- Psoriasis</li><li>- Dermatitis</li></ul></li><li>• Bacterial<ul style="list-style-type: none"><li>- Whitlow</li><li>- Sepsis</li><li>- Any infection</li></ul></li><li>• Viral</li><li>• Warts</li><li>• Fungal<ul style="list-style-type: none"><li>- Tinea corporis</li></ul></li><li>• Pigmentation disorders<ul style="list-style-type: none"><li>- Vitiligo</li><li>- Albinism</li><li>- Chloasma</li><li>- Ephelides</li><li>- Lentigo</li><li>- Moles</li><li>- Naevae</li><li>- Port wine stain</li><li>- Leukoderma</li></ul></li><li>• General disorders<ul style="list-style-type: none"><li>- UV damage</li><li>- Urticaria</li><li>- Allergic reaction</li></ul></li></ul>		
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<b>LO3 Be able to recognise contra-actions to treatment</b>			
3.1. Explain and recognise causes of damage from previous nail art applications	<ul style="list-style-type: none"> <li>• Ridging</li> <li>• Shedding</li> <li>• Separation</li> <li>• Infection</li> <li>• Hang nail</li> <li>• Biting/picking</li> <li>• Damaged cuticle</li> <li>• Holes in nail plate</li> <li>• Bacterial infection of the nail</li> <li>• Dehydration</li> <li>• Mould</li> <li>• Discolouration</li> <li>• Sepsis</li> </ul>	<ul style="list-style-type: none"> <li>• OHP/whiteboard</li> <li>• Lecture</li> <li>• Q&amp;A</li> <li>• Practical</li> <li>• Homework</li> <li>• Test</li> </ul>	2
3.2. Explain and recognise any contra-actions that might occur during and after the service and how to deal with them	<ul style="list-style-type: none"> <li>• Allergic reaction</li> <li>• Bacterial infections</li> <li>• Fungal infections</li> <li>• Onycholysis</li> <li>• Lifting of the product</li> <li>• Premature loss of extension</li> <li>• Breaking or splitting of natural nail extension</li> <li>• Yellowing of natural nail or nail extension</li> </ul>		

<b>LO4 Know the content of products</b>			
4.1. Explain the main ingredients of products used in used in nail art application and removal services	<ul style="list-style-type: none"> <li>• Sanitiser spray</li> <li>• Acetone</li> <li>• Nail varnish remover (acetone and non-acetone)</li> <li>• Base Coat</li> <li>• Polish</li> <li>• Acrylic paints (water based and oil based)</li> <li>• Foil adhesive</li> <li>• Nail glue/adhesive</li> <li>• Top coat/sealant</li> <li>• Cuticle oil</li> </ul>	<ul style="list-style-type: none"> <li>• OHP/whiteboard</li> <li>• Lecture</li> <li>• Q&amp;A</li> <li>• Homework</li> <li>• Test</li> </ul>	2

LO5 Be able to select and use the appropriate nail art system, technique, products and equipment			
<p>5.1. Explain and demonstrate selection and use of the appropriate nail art design</p>	<ul style="list-style-type: none"> <li>• Coloured polishes</li> <li>• Rhinestones</li> <li>• Flat stones</li> <li>• Polish secures</li> <li>• Painting techniques</li> <li>• Base coats</li> <li>• Glitters</li> <li>• Blending</li> <li>• Top coats</li> <li>• Transfers</li> <li>• Foiling</li> <li>• Consideration of time available</li> <li>• Consideration of the charge to client</li> </ul>	<ul style="list-style-type: none"> <li>• OHP/whiteboard</li> <li>• Lecture</li> <li>• Q&amp;A</li> <li>• Handout: Nail art systems</li> <li>• Homework</li> <li>• Test</li> </ul>	<p>15</p>
<p>5.2. Explain and demonstrate use of products and tools</p>	<ul style="list-style-type: none"> <li>• Emery boards</li> <li>• Buffers</li> <li>• Scissors</li> <li>• Clippers</li> <li>• Coloured polishes</li> <li>• Coloured paints, acrylic water/oil based</li> <li>• Rhinestones</li> <li>• Flat stones</li> <li>• Polish secures</li> <li>• Painting techniques</li> <li>• Base coats</li> <li>• Glitters</li> <li>• Blending</li> <li>• Top coat/Sealer</li> <li>• Transfers</li> <li>• Foil adhesive</li> <li>• Towels</li> <li>• Additional support if appropriate</li> <li>• Bedroll</li> <li>• Disposable slippers</li> <li>• Disinfecting fluid</li> <li>• Magnifying lamp</li> <li>• Tissues</li> </ul>		

	<ul style="list-style-type: none"> <li>• Cotton wool</li> <li>• Lint free pads</li> <li>• Orange wood stick</li> <li>• Striping brush</li> <li>• Fine detail brush</li> <li>• Glitter brush</li> <li>• Marbling tool</li> <li>• Scissors</li> <li>• Sterilising solution</li> <li>• UV cabinet</li> <li>• Autoclave</li> <li>• Hot bead steriliser</li> <li>• Chemical immersion equipment</li> <li>• Waste disposal</li> </ul>		
5.3. Explain and demonstrate the application of the nail art techniques	<ul style="list-style-type: none"> <li>• Confirming client choice</li> <li>• Using products according to manufacturer's instructions</li> <li>• Filing the nails correctly to achieve maximum strength, appearance and longevity, by use of correct nail balance and shaping particularly when applying tips</li> <li>• Ensuring the cuticles are tidy and the nail is free from debris</li> <li>• Applying nail art base</li> <li>• Applying nail art products in the correct sequence</li> <li>• Sealing the nail art to ensure the cuticles are free from any product</li> <li>• Ensuring that correct hygiene is observed throughout</li> <li>• Ensuring that any resin is applied correctly and evenly and not on the skin</li> </ul>		
5.4. Explain and demonstrate how to work within time limits acceptable to industry	<ul style="list-style-type: none"> <li>• Ensuring that a set of nails can be completed in a commercially acceptable time</li> <li>• Ensuring that application must be cost effective</li> <li>• Ensuring minimum wastage of products and consumables</li> </ul>		

<b>LO6 Be able to advise on aftercare and update client records</b>			
6.1. The learner will be able to explain and demonstrate knowledge of aftercare	<ul style="list-style-type: none"> <li>• Range and use of home care products</li> <li>• Protection of any artificial structures</li> <li>• Accidental damage</li> <li>• Appointment for further treatments</li> <li>• Avoidance of activities which may cause damage to the nail art</li> </ul>	<ul style="list-style-type: none"> <li>• OHP/whiteboard</li> <li>• Lecture</li> <li>• Q&amp;A</li> <li>• Practical</li> <li>• Homework</li> </ul>	2

	<ul style="list-style-type: none"> <li>Removal methods</li> </ul>	•	
6.2. Explain and demonstrate how to update client records accordingly	<ul style="list-style-type: none"> <li>Checking details from previous visit and noting any changes particularly any contra-indications</li> <li>Noting the condition of the nails</li> <li>Noting the design, products, equipment and techniques used</li> <li>Record and store in line with current data protection regulations and professional codes of conduct</li> </ul>		

iUBT384 – Nail art			
<b>Case studies:</b> 5 clients must be treated for a range of Nail Art applications and all outcomes photographed and recorded	<ul style="list-style-type: none"> <li>Consultation</li> <li>Medical history</li> <li>Lifestyle</li> <li>Client profile</li> <li>Details of how the manicurist designed the application/image (with photographs)</li> <li>Details of how the client felt about the application/image</li> <li>Details of home care advice given</li> <li>Overall conclusion</li> <li>Reflective practice</li> </ul>		
<b>Mock practical:</b>	<ul style="list-style-type: none"> <li>Set of nails to be completed including hand painting and embedding</li> </ul>		
<b>Mock theory:</b>	<ul style="list-style-type: none"> <li>To cover all subjects taught</li> </ul>		

Mock theory paper

**Document History**

<b>Version</b>	<b>Issue Date</b>	<b>Changes</b>	<b>Role</b>
v1	29/10/2019	First published	Qualifications Administrator
v2	28/01/2020	Updated to match Unit Specification	Qualifications Administrator