

Marking Criteria

iUBT307 – Provide thermal auricular therapy

Once all aspects of the mandatory units have been completed, learners will be expected to complete an internal practical assessment. This will be undertaken by an internal assessor using the internal assessment forms. These must be handed to the external examiner on the day of the final external practical examination.

- Practical examination sequence – approximately 45 minutes
 - Client should be on the couch
 - 10 minute consultation
 - Prepare the client
 - Demonstrate the treatment with appropriate safety precautions
 - Review treatment plan
 - Aftercare/home care advice
- Oral questions may be asked at any time during the examination
- Consultation forms must be filled in by each learner and made available for the external examiner to check. These should be reviewed and completed at the end of the treatment and will be taken away by the examiner.
- Learners will be expected to demonstrate excellent hygiene and client care throughout as well as competence in their relevant skills
- The examiner may reduce the treatment timings, as the examination is a demonstration of the learner's professionalism and their accomplished technique
- Approximate time allocated for changeover of practical examination groups – 15 minutes

Learners must achieve a minimum of 3 marks for appearance and 3 marks for client care in order to pass the practical examination.

Learners must be able to demonstrate the following:

Appearance – 5 marks (0.5 marks each)

1. Clean, ironed professional uniform
2. Clean, neat hair tied back/up if long and off the collar and face
3. Short, clean, well-manicured nails with no varnish and clean hands
4. Clean, sensible full flat shoes, socks should be worn
5. Tights are an appropriate colour for the uniform if wearing a skirt
6. No jewellery to be worn, with the exception of a wedding band and 1 pair of small stud earrings. (religious jewellery must be taped)
7. No body or breath odour
8. No chewing gum or sucking sweets
9. No visible underskirts/underwear
10. Skirts to the knee. Trousers cropped no higher than calf and trousers must not be trailing on the floor

Client care – 5 marks (1 mark each)

1. Greeted and introduced self to client
2. Positioned self and client correctly throughout treatment
3. Explained the treatment procedures to the client
4. Ensured client's comfort/modesty throughout
5. Communicated and behaved in a professional manner throughout

Hygiene and sterilisation – 10 marks (2 marks each)

1. Followed health and safety working practices throughout
2. Used products, tools and equipment in a hygienic manner
3. Disposed of cotton wool, tissues, paper roll and general waste hygienically and appropriately
4. Ensured footwear for clients was stowed under the couch/chair and that the client did not walk around with bare feet
5. Managed the treatment and work environment throughout

Consultation – 10 marks (2 mark each)

1. Sat appropriately and used suitable body language
2. Tactfully obtained all relevant information and respected client confidentiality
3. Established a rapport with the client and allowed the client to ask questions
4. Explained the limitations of the treatment
5. Utilised a range of questioning techniques

Preparation of treatment area and client – 10 marks (2 marks each)

1. Referred to consultation and checked for contra-indications
2. Discussed client's requirements and possible contra-actions to treatment
3. Explained treatment procedures to the client
4. Selected products, tools and equipment to suit treatment needs
5. Prepared work environment, self and client for treatment

Thermal auricular candling treatment – 30 marks (3 marks each)

1. Prepared candles correctly for insertion
2. Demonstrated appropriate preparation of the ear prior to insertion
3. Performed appropriate massage around the ear
4. Inserted candle/cone into protective plate
5. Inserted tapered end of candle correctly in ear canal ensuring an appropriate seal
6. Lit candle using safe and appropriate methods
7. Held candle in a stable and appropriate position for the desired treatment time
8. Removed and extinguished candle safely and appropriately
9. Repeated treatment procedure to the other ear
10. Disposed of candles and residue appropriately after treatment review

Posture and positioning – 10 marks (2 marks each)

1. Positioned the client appropriately for treatment
2. Checked client's position throughout
3. Used additional supports as appropriate
4. Demonstrated suitable posture to support client and candle
5. Maintained appropriate posture throughout

Summarise the effects of the treatment – 10 marks (2 marks each)

1. Collected all residue and examined contents of candles
2. Evaluated own impressions/plan and agreed way forward, e.g. programme/referral
3. Discussed evaluation with client
4. Documented client feedback and response to treatment
5. Concluded session appropriately and completed consultation form

Aftercare advice – 10 marks (2 mark each)

1. Informed the client of possible short-term effects of treatment
2. Provided immediate and long-term aftercare
3. Advised the client of possible contra-actions and how to deal with them including referral procedures
4. Documented and reviewed treatment plan, noting any treatment adaptations required
5. Recommended and recorded follow on appointment(s) with appropriate intervals

Sample oral questions

1. What are the physiological benefits of thermal auricular therapy?
2. What are the general contra-indications to thermal auricular therapy?
3. What are the specific contra-indications to thermal auricular therapy?
4. What are ear candles made of?
5. How often should a client be advised to come for treatment?

Document History

Version	Issue Date	Changes	Role
v1	12/02/2020	First published	Sarah Salter