
Marking Criteria

iUBT411 – Spa treatments

Once all aspects of the mandatory units have been completed, learners will be expected to complete an internal practical assessment. This will be undertaken by an internal assessor using the internal assessment forms. These must be handed to the external examiner on the day of the final external practical examination.

Practical skills examination sequence - approx. 45 minutes

- Consultation - body analysis and measurements should be performed prior to the examination
- Client preparation
- Exfoliation
- Body wrap/mask application, suitable for your client's skin type and requirements
- Aftercare and home care advice
- Oral questions may be asked at any time during the examination
- Consultation forms must be filled in by each learner and made available for the external examiner to check. These should be reviewed and completed at the end of the treatment and will be taken away by the examiner
- Learners will be expected to demonstrate excellent hygiene and client care throughout as well as competence in their relevant skills
- The examiner may reduce the treatment timings, as the examination is a demonstration of the learner's professionalism and their accomplished technique
- Approximate time allocated for changeover of practical examination groups – 15 minutes

Learners must achieve a minimum of 3 marks for appearance and 3 marks for client care in order to pass the practical examination.

Learners must be able to demonstrate the following:

Appearance – 5 marks (0.5 marks each)

1. Clean, ironed, professional uniform
2. Clean, neat hair – tied back/up if long and off the collar and face
3. Clean hands and clean short nails, well-manicured with no varnish
4. Clean, sensible, full, flat shoes worn with socks or tights
5. Tights an appropriate colour for the uniform, if wearing a skirt
6. No jewellery – with the exception of a wedding band and 1 pair of small stud earrings (religious jewellery must be taped)
7. No body or breath odour
8. No chewing gum or sucking sweets
9. No visible undershirts/underwear
10. Trousers cropped no higher than calf/trousers not trailing on the floor and skirts to the knee

Client care – 5 marks (1 mark each)

1. Greeted and introduced self to client
2. Positioned self and client correctly throughout treatment
3. Explained the treatment procedures to the client
4. Ensured client's comfort/modesty, assisting them throughout treatment
5. Communicated and behaved in a professional manner throughout

Hygiene and sterilisation – 10 marks (2 marks each)

1. Followed health and safety working practices throughout
2. Used products, tools and equipment in a hygienic manner
3. Disposed of cotton wool, tissues, paper roll and general waste hygienically and appropriately
4. Ensured footwear for clients was stowed under the couch and that the client did not walk around with bare feet
5. Managed the treatment and work environment throughout

Consultation – 10 marks (2 marks each)

1. Sat appropriately and used suitable body language
2. Tactfully obtained all relevant information and respected client confidentially
3. Established a rapport with the client and allowed the client to ask questions
4. Explained the limitations of the treatment
5. Utilised a range of questioning techniques

Exfoliation – 30 marks (3 marks each)

1. Selected an exfoliation method and product suitable for client's needs and treatment plan
2. Ensured the couch and work area was adequately protected
3. Had exfoliation products and tools readily available
4. Positioned the client suitably for treatment, maintaining modesty
5. Administered exfoliation using the correct techniques and following manufacturer's instructions
6. Performed exfoliation in a logical sequence
7. Performed exfoliation using the correct pressure
8. Performed exfoliation without causing discomfort to the client
9. Concluded treatment in the appropriate manner
10. Completed exfoliation treatment in a commercially acceptable time

Body wrapping – 30 marks (3 marks each)

1. Selected the appropriate body wrap/mask method and products suitable for the client's need and the treatment plan
2. Ensured the couch and work area was adequately protected
3. Had body wrap/mask consumables and tools readily available
4. Positioned the client suitably for treatment, maintaining modesty
5. Administered body wrap/mask using the correct technique and following manufacturer's instructions
6. Performed body wrap/ mask treatment in a logical sequence
7. Performed body wrap/mask treatment maintaining communication with client
8. Performed body wrap/mask treatment without causing discomfort to the client
9. Concluded body wrap/mask treatment in the appropriate manner
10. Completed body wrap/mask treatment in a commercially acceptable time

Aftercare advice – 10 marks (2 marks each)

1. Informed the client of the short-term effects of treatment and recommended and provided immediate aftercare
2. Documented client response to treatment and client feedback
3. Reviewed the treatment plan, noting any treatment adaptations required
4. Recommended and recorded home care and product advice
5. Recommended and recorded follow on appointment(s)

Sample oral questions

1. How do you decide which method of exfoliation to recommend?
2. How would you treat hard fat/soft fat/cellulite?
3. Describe the characteristics of different figure types
4. Name two contra-indications that would restrict the treatment.
5. What are the different types of body wraps and body masks?

Document History

Version	Issue Date	Changes	Role
V1	08/02/20	First Published	Subject Matter Expert- Assessment