

# Test Specification

## iUSP149 – Sports massage

<b>External assessment method:</b>	Multiple Choice Question Paper	
<b>Duration of external assessment:</b>	55 minutes	
<b>Pass mark:</b>	60%	
<b>Grading:</b>	Pass, Merit or Distinction	
<b>Frequency of external assessment:</b>	On demand (once ALL hours for the unit have been completed)	
<b>Learning outcomes to be assessed:</b>	All learning outcomes will be assessed	
<b>Format of questions:</b>	Stem, 1 key and 3 distracters	
<b>Number of questions</b>	50 questions	
<b>Distribution of questions:</b> Each question will be allocated one mark	<u>Topic</u>	<u>No. of questions per paper</u>
	<ul style="list-style-type: none"> <li>• Additional A&amp;P</li> <li>• Contra-indications and hygiene</li> <li>• Sports massage and techniques</li> <li>• Treatment and principles of training</li> </ul>	<ul style="list-style-type: none"> <li>- 20</li> <li>- 5</li> <li>- 10</li> <li>- 15</li> </ul>
The topics listed can be found in the learning outcomes in the unit specification for iUSP149 as follows:	<u>Topic</u>	<u>Related to ITEC assessment criteria for each unit as listed below:</u>
	<ul style="list-style-type: none"> <li>• Additional A&amp;P</li> <li>• Contra-indications and hygiene</li> <li>• Sports massage and techniques</li> <li>• Treatment and principles of training</li> </ul>	<ul style="list-style-type: none"> <li>- 1.1 - 1.2, 2.1 - 2.4, 3.1 - 3.2, 4.1 - 4.2, 5.1 - 5.3</li> <li>- 9.1 - 9.4, 10.1 - 10.4</li> <li>- 11.1 - 11.3, 13.1 - 13.3</li> <li>- 6.1 - 6.6, 7.1 - 7.3, 8.1 - 8.3</li> </ul>
<b>Administration of external assessment:</b>	For security required of centres and for the administration of examination papers, please refer to 'Instructions for Conducting Examinations' which can be found on the website.	

## Document History

Version	Issue Date	Changes	Role
1	04/02/2020	First Published	Assessment Administrator