

## Pre-examination Assessment Form

| iUSP163 – Instructing group exercise to music                                  |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
|--|--|------------|-------------|----------------------|-------------------------|--------------|---------|-----------------------|---------------------------------------|-------------------------------|-------------------|--------|--------------|--------------|------------------|------------|--------------------|---------|
| Centre name:<br>Centre ID number:<br>Booking reference:<br>Lecturer signature: |  | Appearance | Client Care | Professional Conduct | Core Teaching Rationale | Pulse Checks | Warm-Up | Aerobic/Step Aerobics | Conditioning including Stability Ball | Muscle Strength and Endurance | Stretch/cool down | Cueing | Use of Music | Choreography | Voice Projection | FINAL MARK | Treatment Evidence | Comment |
|  |  | 5          | 5           | 5                    | 5                       | 5            | 10      | 20                    | 5                                     | 10                            | 10                | 5      | 5            | 5            | 5                | 100        | P/R                |         |
| 1  |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 2  |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 3  |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 4  |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 5  |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 6  |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 7  |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 8  |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 9  |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 10   |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 11   |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 12   |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |
| 13   |  |            |             |                      |                         |              |         |                       |                                       |                               |                   |        |              |              |                  |            |                    |         |

**Document History**

| Version | Issue Date | Changes         | Role                     |
|---------|------------|-----------------|--------------------------|
| 1       | 12/02/20   | First Published | Assessment Administrator |
|         |            |                 |                          |