
Marking Criteria

iUCT31 - Reiki

Once all aspects of the mandatory units have been completed, learners will be expected to complete an internal practical assessment. This will be undertaken by an internal assessor using the internal assessment forms. These must be handed to the external examiner on the day of the final external practical examination.

- Practical examination sequence – 45 minutes.
 - 10 minute consultation
 - 30 minute Reiki treatment
 - 5 minute evaluation/aftercare advice
- Oral questions may be asked at any time during the examination
- Consultation forms must be filled in by each learner and made available for the external examiner to check. These should be reviewed and completed at the end of the treatment and will be taken away by the examiner
- Learners will be expected to demonstrate excellent hygiene and client care throughout as well as competence in their relevant skills
- The examiner may reduce the treatment timings, as the examination is a demonstration of the learner's professionalism and their accomplished technique
- Approximate time allocated for changeover of practical examination groups – 15 minutes

Learners must achieve a minimum of 3 marks for appearance and 3 marks for client care in order to pass the practical examination

Learners must be able to demonstrate the following:

Appearance – 5 marks (1 mark each)

1. Clean, ironed professional uniform
2. Clean, neat hair, tied back/up if long and off the collar and face
3. Short, clean well-manicured nails with no varnish and clean hands
4. Clean sensible full flat shoes, socks should be worn
5. Tights an appropriate colour for the uniform, if wearing a skirt
6. No jewellery with the exception of a wedding band and 1 pair of small stud earrings (religious jewellery must be taped)
7. No body or breath odour
8. No chewing gum or sucking sweets
9. No visible underskirts/underwear
10. Skirts to the knee. Trousers cropped no higher than calf/trousers not trailing on floor

Client care – 5 marks (1 mark each)

1. Greeted and introduction of self to the client
2. Assisted the client on and off the couch/chair
3. Explained the treatment procedure to the client
4. Ensured the client's comfort/modesty throughout
5. Maintained a positive and professional approach to the client throughout

Hygiene and sterilisation – 10 marks (2 marks each)

1. Wiped equipment over with sanitiser before, during and after use as appropriate
2. Sanitised hands before, during and after treatment as appropriate
3. Disposed of cotton wool, tissues, paper roll and general waste hygienically and appropriately
4. Ensured couch/chair and additional supports used were covered hygienically and appropriately
5. Ensured the client's footwear was stowed under the couch/chair and that the client did not walk around barefoot

Creating the healing space 5 marks (see below)

1. Showed the client information about reiki/selection of music suitable for reiki **(2 marks)**
2. Displayed associated enhancers/candles/incense etc. **(2 marks)**
3. Outlined self-help ideas applicable to the client **(1 mark)**

Consultation – 5 marks (1 mark each)

1. Sat appropriately and used suitable body language
2. Tactfully obtained all relevant information, whilst respecting client's confidentiality
3. Established a rapport with the client, and explained any limitations of the treatment and co-operation required
4. Utilised a range of questioning techniques
5. Allowed the client the opportunity to ask questions

Preparing for work – 5 marks (1 mark each)

1. Established the client's preference regarding contact/near body work and positioned self appropriately
2. Demonstrated attunement process
3. Demonstrated methods of clearing and protection to prepare for treatment
4. Prepared the client appropriately prior to the session
5. Demonstrated methods of clearing and protection after treatment – Reiki practitioner self-care

Treatment – 25 marks (5 marks each)

1. Method/style selected related to client's needs
2. Hand positions were adapted appropriately for the client and areas being worked on
3. Hand positions were maintained for an appropriate amount of time
4. Hand positions were performed in a logical sequence
5. Treatment was concluded in an appropriate way in a commercially acceptable time frame

Use of symbols – 20 marks (4 marks each)

1. Chose appropriate method of application
2. Provided a rationale for methods used
3. Adapted hand positions for benefit of client
4. Repeated to the power of 3, 6, 9 frequency of use, duration/areas
5. Demonstrated a combination/variety of symbols

Posture – 5 marks (1 mark each)

1. Demonstrated appropriate standing/sitting position suitable for each area
2. Demonstrated correct working position of shoulders
3. Demonstrated correct working position of hands and arms
4. Demonstrated flexibility/correct working position of back
5. Demonstrated appropriate posture for contact/near body approach

Aftercare advice - 10 marks (2 marks each)

1. Provided advice on immediate aftercare and possible contra-actions
2. Provided advice on healthy eating for wellbeing
3. Provided advice on suitable relaxation techniques
4. Provided advice on suitable methods for self-treatment
5. Provided recommendations for further treatments and appropriate intervals

Summarise effects of session – 5 marks (1 mark each)

1. Evaluated and reviewed treatment outcomes with the client
2. Provided a rationale and reflected on methods/styles employed
3. Evaluated the session to inform/plan further treatment recommendations
4. Demonstrated dowsing/kinesiology to establish change following treatment
5. Updated client records appropriately including aftercare and homecare advice

Sample oral questions

1. What is Reiki?
2. Who is considered the founder of Traditional Reiki?
3. What is meant by lineage?
4. What are the different levels of Reiki?
5. What is meant by distant Reiki?
6. What are the contraindications to Reiki?
7. What are the possible contra-actions to Reiki?
8. What is meant by the Power Symbol?
9. What does attunement mean?
10. What other forms of Reiki are there?
11. Give examples of three more different forms of Reiki

Document History

Version	Issue Date	Changes	Role
V1	27/02/20	First Published	Subject Matter Expert – Assessment