
Marking Criteria

iUBT365 – Provide spa treatments

Once all aspects of the mandatory units have been completed, learners will be expected to complete an internal practical assessment. This will be undertaken by the internal assessor using the internal assessment forms. These must be handed to the ITEC external examiner on the day of the final external practical examination.

Practical examination sequence – total approximately 1 hour

- Consultation and body analysis to include measurements
- Prepare the client
- Demonstrate appropriate safety precautions
- Demonstrate the exfoliation and body wrap or mask treatments suitable for client's skin type and requirements
- Aftercare advice
- Oral questions may be asked at any time during the examination
- Consultation forms must be filled in by each learner for each unit and made available for the ITEC external examiner to check. These should be reviewed and completed at the end of the treatment and will be taken away by the examiner
- Learners will be expected to demonstrate excellent hygiene and client care throughout as well as competence in their relevant skills
- The examiner may reduce the treatment timings, as the examination is a demonstration of the learner's professionalism and their accomplished technique
- Approximate time allocated for changeover of practical examination groups – 15 minutes

Learners must achieve a minimum of 3 marks for Appearance and 3 marks for Client Care in order to pass the practical examination.

Learners must be able to demonstrate the following:

Appearance – 5 marks (0.5 marks each)

1. Clean, ironed, professional uniform
2. Clean, neat hair – tied back/up if long and off the collar and face
3. Clean, short nails, well-manicured with no varnish and clean hands
4. Clean, sensible, full, flat shoes worn with socks or tights
5. Tights an appropriate colour for the uniform, if wearing a skirt
6. No jewellery – with the exception of a wedding band and 1 pair of small stud earrings (religious jewellery must be taped)
7. No body or breath odour
8. No chewing gum or sucking sweets
9. No visible underskirts/underwear
10. Trousers cropped no higher than calf/trousers not trailing on the floor and skirts to the knee

Client care – 5 marks (1 mark each)

1. Greeted and introduced self to client
2. Positioned self and client correctly throughout treatment
3. Explained the treatment procedures to the client
4. Ensured client's comfort/modesty, assisting them throughout treatment
5. Communicated and behaved in a professional manner throughout

Hygiene and sterilisation – 10 marks (2 marks each)

1. Wiped over equipment with appropriate sanitiser before and after use
2. Sanitised hands before, during and after treatment as appropriate
3. Replaced lids on products and used spatulas to remove cream
4. Disposed of cotton wool, tissues, paper roll and general waste hygienically and appropriately
5. Used salon /clinic sterilising equipment/cabinets appropriately and sanitised, used and stored small equipment appropriately

Consultation – 5 marks (2 marks each)

1. Sat appropriately and used suitable body language
2. Tactfully obtained all relevant information and respected client confidentiality
3. Established a rapport with the client
4. Explained any limitations of the treatment and co-operation required
5. Utilised a range of questioning techniques and allowed the client to ask questions

Measuring – 10 marks (0.5 marks each)

1. Weight/height
2. Figure Type and body type
3. Postural faults
4. Chest (at armpit)
5. Maximum bust/chest
6. Upper arm (12 cm above elbow) x 2
7. Wrist x 2
8. Diaphragm (8cm above waist)
9. Waist (at navel)
10. Hip
11. Buttocks (hair line)
12. Upper thigh (highest point)
13. Middle thigh (8cm above knee) x 2
14. Calf (maximum) x 2
15. Ankle x 2
16. Ensure client's modesty is observed throughout the figure diagnosis.
17. Ensure tape measure is held and used correctly.
18. Demonstrate correct use of plumb line.
19. Ensure accurate marking of the body for re-measuring.
20. Ensure clear instructions are given to the client throughout the figure diagnosis.

Muscle tone testing – 5 marks (1 mark each)

1. Quadriceps
2. Hamstrings
3. Biceps
4. Triceps
5. Abdominals

Exfoliation – 20 marks (2 marks each)

1. Selected an exfoliation method/product suitable for client's needs and treatment plan
2. Ensured the couch and work area was adequately protected
3. Had consumables and tools readily available
4. Positioned the client suitably for treatment, maintaining modesty
5. Administered exfoliation using the appropriate techniques
6. Performed exfoliation in a logical sequence
7. Performed exfoliation using the appropriate pressure
8. Performed exfoliation without causing discomfort to the client
9. Concluded treatment correctly
10. Completed treatment in a commercially acceptable time

Body wrapping/masks – 30 marks (3 marks each)

1. Selected the body wrap/mask method/products suitable for client's needs and treatment plan
2. Ensured the couch and work area was adequately protected
3. Had consumables and tools readily available
4. Positioned the client suitably for treatment, maintaining modesty
5. Administered body wrap/mask using the correct techniques and following manufacturer's instructions
6. Performed body wrap/mask application in a logical sequence
7. Performed body wrap/mask maintaining communication with client
8. Performed body wrap/mask without causing discomfort to the client
9. Concluded treatment in the correct manner
10. Completed body wrap/mask treatment in a commercially acceptable time

Aftercare advice - 10 marks (2 marks each)

1. Documented the client's response to the treatment
2. Made recommendations for follow on appointments
3. Made recommendations for immediate aftercare
4. Made recommendations for home care advice
5. Informed the client of the short-term effects of the treatment

Sample oral questions

1. How do you decide which method of exfoliation to recommend?
2. Why is it necessary to do a thorough consultation before treatment?
3. How could you have adapted the treatment?
4. How would you treat hard fat/soft fat/cellulite?
5. Describe different figure types

Document History

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