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# Learner Workbook

## UIP1 – Infection prevention (COVID-19) for Hairdressing and Barbering Services

This workbook can help you to prepare for assessment for the following unit:

UIP1 - Learning Outcomes
Learners will:
<ol style="list-style-type: none"><li>1. Understand the causes, transmission and effects of COVID-19</li><li>2. Understand social responsibility for the hair and barbering sector in relation to COVID-19</li><li>3. Understand the controls necessary to prevent the spread of COVID-19</li><li>4. Understand the importance of Personal Protective Equipment (PPE), hand hygiene and personal hygiene in the prevention of COVID-19</li><li>5. Understand potential hazards and risks and the workplace procedures necessary to prevent the spread of COVID-19 in the salon/barbershop</li><li>6. Understand decontamination and waste management processes relevant to hairdressing and barbering services</li></ol>



**AC mapped**

**Learner name:** \_\_\_\_\_

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# Introduction

Please provide detailed answers to all the questions in this workbook.

<b>Sources of information and guidance for the potential answers include:</b>
<ul style="list-style-type: none"><li>• The unit specification</li><li>• The PowerPoint presentation</li><li>• Other relevant and credible information sources, e.g. textbooks, government and public health websites of the country therein, professional journals and associations</li></ul>

# LO1 – Understand the causes, transmission and effects of COVID-19

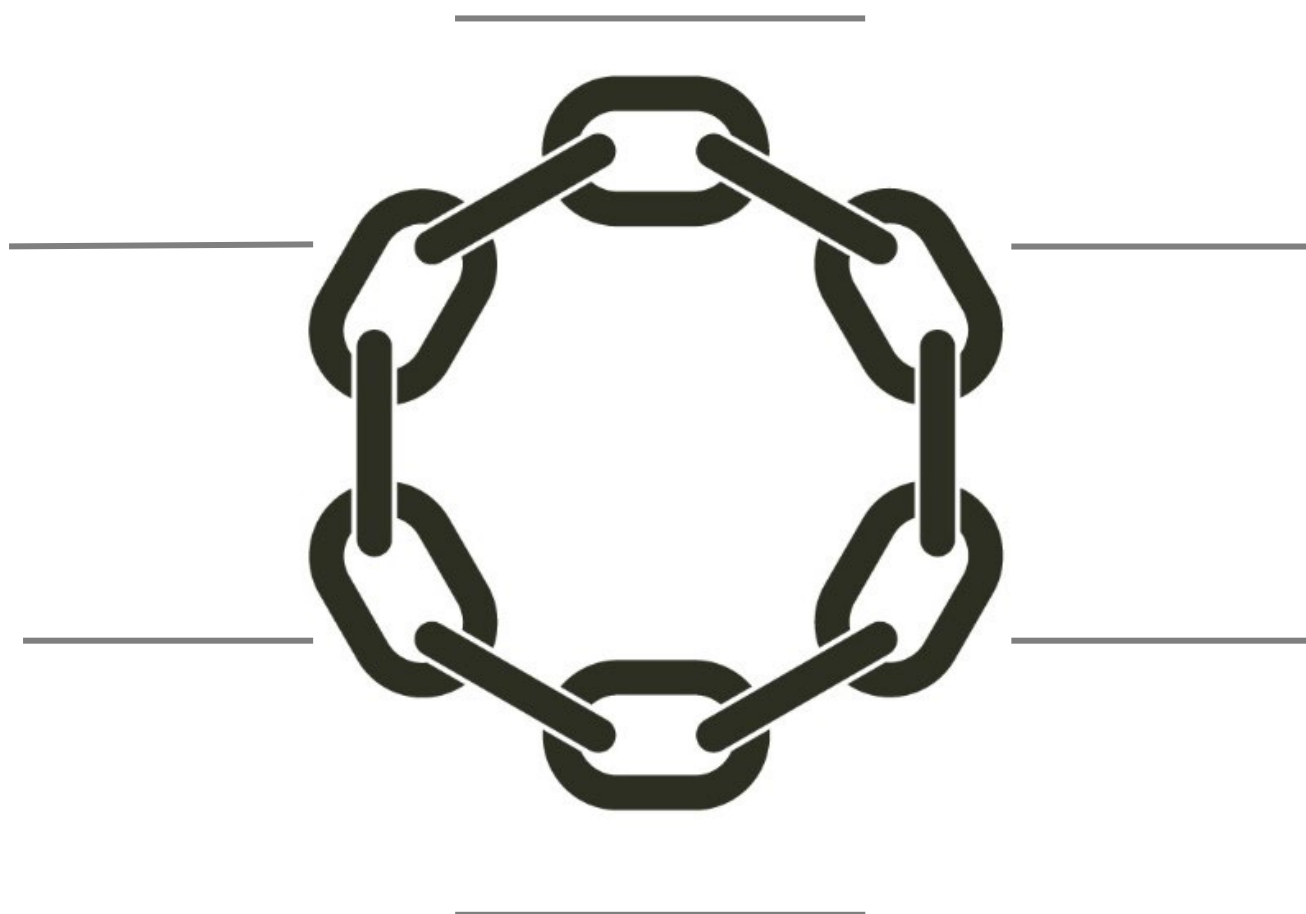
1. Describe the following. (AC 1.1)

Description	
Conditions required for the spread of infection	
Possible sources of infection	
Cross-infection	
Routes of transmission	
Routes of infection - general	
Routes of infection – COVID-19	

2. What is the 'Chain of Infection'? (AC1.2)

Description	
Chain of Infection	

3. Label the diagram to identify the stages in the chain of infection. (AC 1.2)



4. Describe what COVID-19 is. (AC 1.3)

<b>COVID-19</b>	
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5. What are the main symptoms of COVID-19? (AC1.3)



6. List some of the less common symptoms of COVID-19. (AC 1.3)



7. Explain how COVID-19 is spread. (AC 1.3)

8. Who can catch COVID-19? (AC 1.3)

9. Who is classed as being at higher risk from COVID-19? (AC 1.3)

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## LO2 – Understand social responsibility for the hair and barbering sector in relation to COVID-19

10. What is social responsibility? (AC2.1)

11. Describe the key principals of social responsibility in relation to COVID-19? (AC2.1)

12. What are the benefits of social responsibility in relation to COVID-19? (AC 2.1)

13. How can the stylist/barber demonstrate social responsibility in their own role? (AC 2.2)

14. How can the health and wellbeing of staff be maintained in relation to COVID-19?  
(AC 2.3)



15. How can the health and wellbeing of clients be maintained in relation to COVID-19?  
(AC 2.3)

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## LO3 – Understand the controls necessary to prevent the spread of COVID-19

16. List the standard infection control precautions necessary to break the chain of infection.  
(AC 3.1)

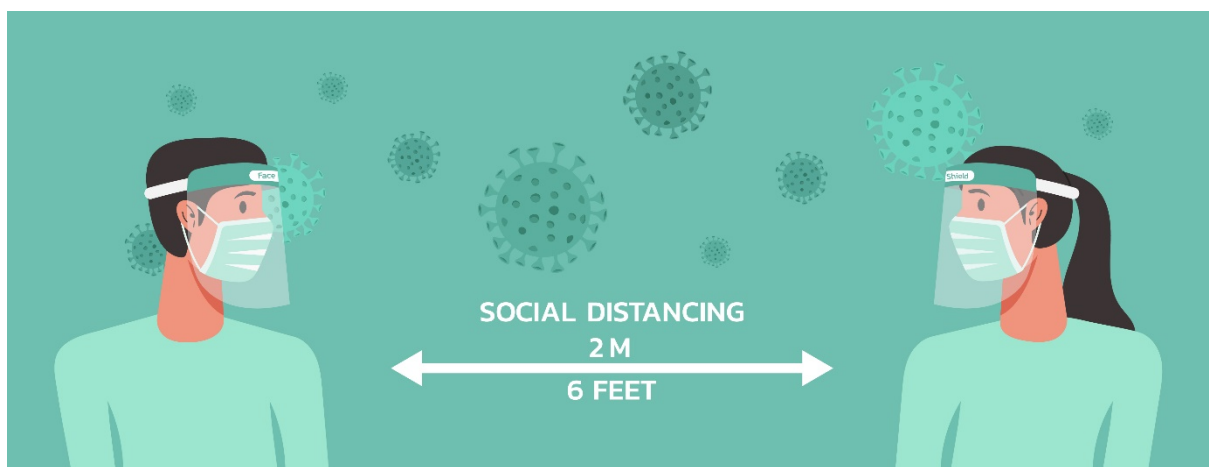
17. What additional precautions help to break the chain of infection in relation to COVID-19? (AC 3.1)

18. List the workplace standard infection control procedures that should be used in the salon/barbershop. (AC 3.2)

19. Explain the process of risk assessment. (AC 3.3)

20. Why is risk assessment important in the salon/barbershop in relation to COVID-19? (AC 3.3)

21. Explain what is meant by 'social distancing' and why it is important? (AC 3.4)



22. Why is respiratory hygiene and cough etiquette important? (AC 3.5)

23. Design a poster on sneezing/cough etiquette for the salon/barbershop. (AC 3.5)

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## LO4 – Understand the importance of Personal Protective Equipment (PPE), Hand Hygiene and Personal Hygiene in the prevention of COVID-19

24. Define Personal Protective Equipment (PPE)? (AC 4.1)

25. What is the role of PPE in the prevention and control of COVID-19? (AC 4.1)

26. Describe employer responsibilities in relation to the provision and use of PPE (AC 4.1)

27. What are the two types of PPE appropriate for use in the salon/barbershop? (AC 4.1)

28. Outline the PPE suitable for staff and clients in relation to COVID-19. (AC 4.1)

Staff	Clients

29. Describe the risks associated with the incorrect use of PPE. (AC 4.1)

30. What key factors should be considered when selecting PPE? (AC 4.2)

31. List the sequence for putting on PPE. (AC4.2)

32. Describe the sequence for removing PPE. (AC4.2)

<b>Gown/cape</b>	
<b>Gloves</b>	
<b>Apron</b>	
<b>Face covering</b>	
<b>Face shield/visor</b>	

33. Why is hand hygiene important in the prevention and control of COVID-19? (AC4.3)



34. What are the advantages and disadvantages of hand hygiene methods? (AC4.3)

	<b>Advantages</b>	<b>Disadvantages</b>
Hand washing		
Hand sanitising		

35. How long should hand hygiene methods be performed in order to be effective? (AC 4.3)

<b>Hand washing</b>	<b>Hand sanitising</b>

36. List the occasions when the stylist/barber should perform hand hygiene (AC4.3)

37. Explain the role of personal hygiene in infection prevention and control. (AC4.4)

38. How should the stylist/barber demonstrate good personal hygiene and why? (AC 4.4.)

39. What personal hygiene recommendations should be made to the client? (AC4.4.)

## LO5 – Understand potential hazards and risks and the workplace procedures necessary to prevent the spread of COVID-19 in the salon/barbershop

40. Describe the following. (AC 5.1)

Hazard	Risk

41. List the types of hazards which may occur in the salon/barbershop in relation to COVID-19 and the possible risk management. (AC 5.1)

Hazard	Risk management

42. What information would be required in a COVID-19 safe checklist? (AC 5.2)

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43. Outline safe and hygienic working practices. (AC5.2)

<b>Pre-service</b>	
<b>Client arrival</b>	
<b>During service</b>	
<b>Post-service</b>	

## LO6 – Understand decontamination and waste management processes relevant to hairdressing and barbering services

44. Define the following. (AC 6.1)

Contamination	Decontamination

45. Why is environmental decontamination important and when should it be carried out? (AC6.1)

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46. What are the three stages of environmental decontamination? (AC 6.1)

1.	
2.	
3.	

47. List the types of chemicals, equipment and processes necessary for the management of hygiene and infection prevention and control in the salon/barbershop (as applicable).  
(AC 6.1)

	Chemicals	Equipment	Processes
Products/stock			
Tools			
Equipment			
Reception area			
Client waiting area			
Salon/barbershop working areas			
Rest rooms/toilet facilities			
Staff rooms(s)			
Salon/barbershop office(s)			
Training room(s)			
Entrance/exit/stairs/corridors			

48. How should contaminated/dirty and decontaminated/clean tools and equipment be managed? (AC6.1)

Contaminated/dirty	Decontaminated/clean

49. When working with cleaning chemicals, why is it important to work with the regulations of the country therein, and to follow manufacturers' instructions and Safety Data Sheets? (AC6.1)

50. How must used linen be handled, transported and processed to prevent contamination of self, clothing and the working environment? (AC 6.2)

51. Why is correct waste management important? (AC 6.3)

52. What are the risks associated with incorrect waste management? (AC6.3)

53. What different types of waste are produced in the salon/barbershop and how should they be disposed of? (AC6.3)