



ITEC Level 3 NVQ Diploma in Spa Therapy
QAN 501/431/1
Learner Guidance Notes

General Advice

1. Requirements for Undertaking this Qualification

ITEC recommend that you should have achieved a level of education equivalent to five GCSEs at grade A*-C or Level 2 NVQ Diploma in Beauty Therapy prior to commencing the ITEC Level 3 NVQ Diploma in Spa Therapy; however, your Centre may make exemptions for adult returners with experience of the workplace.

2. Structure of the Qualification, Guided Learning (GL)

The ITEC Level 3 NVQ Diploma in Spa Therapy is comprised of 6 mandatory units plus a selection of optional units covering a minimum of 147 hours of Guided Learning (GL). A minimum of 502 hours of Guided Learning are required to achieve the full qualification. However, you will also be required to complete further study and generate evidence of your learning in your own time. This is known as Total Qualification Time (TQT), please see Table 1 and 2 below:-

Table 1

ITEC Unit Number	Unit Title	Assessment	Grading
726 (B20)	Provide Body Massage Treatments	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
736 (B28)	Provide Stone Therapy Treatments	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
746 (S2)	Monitor Clients and the Operation of Sauna, Steam and Hydrotherapy Treatments	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
747 (S3)	Provide Body Wrapping and Flotation Treatments	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
509 (G18)	Promote Additional Services or Products to Customers	Practical assessment plus oral questions	Pass/Refer
537 (G22)	Monitor Procedures to Safely Control Work Operations	Practical assessment plus oral questions	Pass/Refer

Optional Units

Table 2

ITEC Unit Number	Unit Title	Assessment	Grading
724 (B13)	Provide Body Electrical Treatments	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer

725 (B14)	Provide Facial Electrical Treatments	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
733 (B23)	Provide Indian Head Massage	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
734 (B24)	Carry out Massage using Pre-Blended Aromatherapy Oils	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
549 (H32)	Contribute to the Planning and Implementation of Promotional Activities	Practical assessment plus oral questions	Pass/Refer
547 (G11)	Contribute to the Financial Effectiveness of the Business	Practical assessment plus oral questions	Pass/Refer

Minimum Total Guided Learning including Optional Units (GL) - 353
Minimum Total Qualification Time including Optional Units (TQT) - 439
Total Credit Value for the Qualification - 44

3. Grading of the Qualification

All assessment tasks required for each unit of the qualification (detailed in Table 1 and 2 above) must be completed and awarded a Pass mark before the full qualification can be certificated

The overall qualification is graded as a Pass

Your results and Certificates will be sent to your Centre by ITEC. Therefore, you will need to collect your results and Certificates from your Centre

4. Assessment of the Qualification

The ITEC Level 3 NVQ Diploma in Spa Therapy will be internally and externally assessed using a variety of assessment methods as set out in Table 1 and 2 above

Once you have completed all the specified assessments for the qualification and your Lecturer has awarded a Pass mark for all the evidence you have submitted, the ITEC External Verifier will verify a sample of all documentation of your evidence that you have completed during your training to ensure it meets the ITEC standard

Internal Practical Assessment

- The internal practical assessment forms part of the internal assessment and should be assessed by the Lecturer using the appropriate marking criteria and internal practical assessment forms
- The internal practical form for each unit should be completed by the Lecturer and placed with the relevant documentation for the ITEC External Examiner
- Units 726, 736, 746, 747, 509, 537, 724, 725, 733, 734, 549 and 547 will be internally practically assessed
- The internal assessment(s) will be conducted by the Centre's Lecturer/Internal Verifier(s) and will be sampled by the ITEC External Verifier

Multiple-choice Tests

Each question is formatted in the same way:

- 1 stem (the question)
- 1 key (the correct answer)
- 3 distractors (incorrect answers)
- You must indicate the answer you believe is correct by placing a mark in the appropriate box on your answer sheet

Multiple-choice tests are used for units 726, 736, 746, 747, 724, 725, 733 and 734 - online testing of all relevant units is also available

5. Resources

Your Centre must provide a suitable environment for teaching the ITEC Level 3 NVQ Diploma in Spa Therapy as well as all equipment both fixed and free standing to complete all aspects of the qualification. You may need to supply some consumables and/or towels in order to complete your training

6. Opportunities for Progression

Once you have achieved the ITEC Level 3 NVQ Diploma in Spa Therapy you may progress on to other ITEC or equivalent qualifications at Level 3 and 4, for example:

- Level 3 NVQ Diploma in Beauty Therapy General
- Level 3 NVQ Diploma in Beauty Therapy Make-up
- Level 3 NVQ Diploma in Nail Services
- Level 4 Diploma in Spa and Salon Management
- Level 4 Diploma in Advanced Skincare

For further Awards, Certificates and Diplomas please go to www.itecworld.co.uk

7. Professional Body Membership and Insurance

Professional Indemnity and Public Liability Insurance can be obtained via The Complementary Therapist Association (www.CThA.com) and other Industry Associations who recognise the ITEC Diploma. The ITEC Level 3 NVQ Diploma in Spa Therapy also enables Graduates to apply for membership of The Complementary Therapist Association

8. Support from Industry

Please see letters of support from the industry; [White Rose School of Health and Beauty](#)

9. A full book list can be found [here](#)