



**ITEC**



**VTCT**

# **UIP5** - Infection Prevention (COVID-19) for Sport and Fitness Sessions

LO2 Understand social responsibility for the sports and fitness sector  
in relation to COVID-19

# Social responsibility

The practice of producing/supplying goods or services in a way that is not harmful to society or the environment; socially responsible businesses operate in a way which is in the best interests of their staff, volunteers, clients/participants and visitors, community, the society at large and the environment.

There are benefits for the local and national communities, staff, volunteers, visitors and clients/participants when a business practises social responsibility.

The effects and benefits of social responsibility are far-reaching and everyone has a part to play.



# Social responsibility

## **Socially responsible businesses demonstrate:**

- Ethical behaviour
- Accountability
- Transparency
- Respect for all stakeholders
- Consideration for societal norms of behaviour
- Respect for human rights
- Compliance with legislation/law
- Promotion of sustainable working practices



# Social responsibility in own role

The sports and fitness instructor needs to be socially responsible through adhering to the advice provided by Government guidelines, which affect both working and personal life.

**For example** – it is important to comply with legislation around workplace operations:

- Adherence to Government guidelines of the country therein
- Adherence to workplace policies and procedures in relation to COVID-19 and other respiratory infections



# Health and wellbeing – staff, clients/ participants and volunteers



Stay at home when  
you are sick



Avoid close contact  
with people who  
are sick.



Wash your hands  
at least 20 seconds.



Cover your cough or  
sneeze with a tissue.



Avoid touching eyes,  
nose, & mouth with  
unwashed hands.



Clean & disinfect  
frequently touched  
objects & surfaces.

- In order to maintain the health and wellbeing of staff, volunteers and clients/participants, it is important to follow current government guidelines of the country therein
- Establish protocols and procedures for the sports and fitness environment