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# Practical Examination Criteria

BT6A2 – Level 6 Award in Mesotherapy Treatments

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# Practical Examination Criteria

Learners must complete a practical examination for BT6A2 Level 6 Award in Mesotherapy Treatments which will be externally set by the awarding organisation and conducted by an external examiner.

Learners will be expected to demonstrate excellent hygiene and client care throughout as well as competence in their relevant skills.

**A maximum of 6 learners to be examined at one time.**

## Client requirements

Centres must identify suitable clients for the examination. Centres may ask learners to identify suitable clients.

Clients must meet all of the following requirements.

Specifically, clients must:

- be 18 years or over
- not be contra-indicated for Mesotherapy treatments
- be willing to have Mesotherapy treatments
- be willing to divulge relevant personal and medical details for the purpose of consultation
- be prepared for the treatment to be carried out by a learner unknown to them
- not have practitioner knowledge or experience
- provide consent to participate

Potential clients must meet with centre staff who will establish suitability in relation to the specified client requirements, the suitability of the skin and health and safety requirements.

It is the responsibility of the centre and learner to work collaboratively to ensure a suitable client is provided for examination purposes.

Learners must demonstrate Mesotherapy treatment using a combination of intradermal micro-injection techniques as listed in the range (picotage, nappage, point by point, linear threading, crosslinking/crosshatching).

Learners will be expected to perform the following:

## Marking criteria for BT6A2 – Level 4 Award in Mesotherapy Treatments

\*Learners must achieve a minimum of **7 marks** for the **first 2 sections** in order to pass.

### \*Client care – 5 marks (1 mark each)

The learner:

1. Greeted and introduced self to client
2. Protected client's clothing and surrounding areas and removed all jewellery
3. Explained the treatment procedure to the client, including treatment sensations, skin appearance post treatment and duration of healing
4. Correctly positioned self and client and ensured the client's comfort/modesty throughout
5. Maintained a positive and professional approach to clients/colleagues throughout

### \*Preparation of area – 5 marks (1 mark each)

The learner:

1. Ensured that preparation complied with health and safety protocols and legislation
2. Ensured the area was clean and sanitised
3. Ensured all equipment, tools and products were available and ergonomically placed
4. Selected appropriate, clean and disposable PPE
5. Ensured the working environment was private and secure

### Hygiene and sterilisation – 5 marks (1 mark each)

The learner:

1. Wiped over equipment and accessories with appropriate sanitiser before, during and after use
2. Sanitised hands before, during and after treatment and wore disposable gloves as appropriate
3. Replaced lids on products and removed products hygienically and safely
4. Disposed of all treatment waste and sharps hygienically and appropriately
5. Maintained and sanitised working area and equipment and used and stored small equipment appropriately

### Consultation – 6 marks (1 mark each)

The learner:

1. Demonstrated a variety of consultation techniques and discussed the management of pain relief options (as appropriate)
2. Identified the client's medical history, pre-treatment skincare, lifestyle and aims of treatment
3. Established the condition and health of the skin and carried out a skin sensitivity test in line with manufacturer's instructions
4. Recognised any contra-indications and took appropriate action
5. Confirmed the client has understood and agreed to treatment following the cooling off period
6. Obtained signed informed consent and finalised and agreed the treatment plan

### **Advanced Skin Assessment – 9 marks (1 mark each)**

The learner:

1. Cleansed and prepared the skin leaving it clean and free from product
2. Used illuminated magnifying and analysis equipment appropriately
3. Performed a full skin assessment, identified skin health, conditions and characteristics
4. Carried out thermal and tactile tests to the area(s) being treated
5. Recorded outcomes of all tests performed
6. Identified factors which may limit or affect the desired outcome
7. Identified realistic and achievable outcomes
8. Took pre-treatment visual media records
9. Carried out all preparation in a commercially acceptable time

### **Mesotherapy treatment – 15 marks (see below)**

The learner:

1. Demonstrated the correct preparation of the area including the use of a topical anaesthetic if appropriate (2 marks)
2. Marked out the treatment area as appropriate (2 marks)
3. Selected the appropriate mesotherapy product(s) to meet the client's needs and treatment objectives and noted on treatment records (2 marks)
4. Selected the correct application methods for the area(s) to be treated in line with treatment outcomes and objectives (2 marks)
5. Verbally communicated with the client throughout, using the 1-10 pain threshold scale (2 marks)
6. Concluded the treatment in an appropriate manner including the application of post treatment products in line with manufacturer protocols (2 marks)
7. Worked and completed the treatment in a commercially acceptable time (2 marks)
8. Took post treatment visual media records (1 mark)

### **Mesotherapy treatment technique – 40 marks (see below)**

The learner:

1. Selected and prepared the appropriate equipment and accessories to meet the agreed treatment aims (5 marks)
2. Performed the treatment in line with legal and organisational requirements (5 marks)
3. Worked in a methodical manner ensuring accuracy and avoiding excessive overlap or overworking the area (10 marks)
4. Combined and adapted application techniques as appropriate to each area and to meet the client's needs and treatment objectives (10 marks)
5. Demonstrated adequate support and manipulation of the skin to all areas, ensuring effective treatment throughout (3 marks)
6. Observed the skin condition, continually monitored skin reactions, product retention and client response (5 marks)
7. Knew when to stop or adjust the treatment as appropriate (2 marks)

### Post care/home care – 10 marks (2 marks each)

The learner:

1. Gained client feedback and evaluated and noted treatment results
2. Informed the client of the short, medium and long-term effects of the treatment
3. Discussed home care, post treatment skincare products and recommendations for ongoing treatment and appropriate timescales
4. Discussed possible contra-actions and adverse reactions and how to deal with them
5. Discussed post-care requirements with the client, obtained signature accepting treatment results and agreement to comply with aftercare and recorded all treatment details in line with organisational requirements and current legislation

### Sample oral questions – 5 marks (1 mark each)

1. What factors should be considered when marking the treatment area?
2. What is the benefit of a skin priming programme at home prior to the treatment?
3. What safety precautions should be taken with the equipment?
4. What is the purpose of mesotherapy cocktails?
5. What is the correct way to prepare the area for treatment?
6. What skin sensations might the client feel during treatment?
7. What post care treatment should be given?
8. Why is it important ensure accuracy of treatment with micro-injection?
9. What specific hygiene procedures should be followed with this treatment?
10. What determines the selection of mesotherapy application methods?

### Document History

Version	Issue Date	Changes	Role
1	21/7/23	First published	Development and Regulation Manager