

Test Specification

iUSP160 – Anatomy and physiology for sports massage

External assessment method:	Multiple Choice Question Paper	
Duration of external assessment:	55 minutes	
Pass mark:	50%	
Grading:	Pass, Merit or Distinction	
Frequency of external assessment:	On demand (once ALL hours for the unit have been completed)	
Learning outcomes to be assessed:	All learning outcomes will be assessed	
Format of questions:	Stem, 1 key and 3 distracters	
Number of questions	50 questions	
Distribution of questions: Each question will be allocated one mark	<u>Topic</u> <ul style="list-style-type: none"> • Structural organisation of the human body • Structure, functions of the skin • Structure and functions of the skeletal system • Structure and function of joints • Structure and function of the muscular system • Structure and functions of the nervous system • Structure and functions of the endocrine system • Structure and functions of the cardiovascular system • Structure and functions of the respiratory system • Structure and functions of the lymphatic system • Structure and functions of the digestive system • Structure and functions of the urinary system • The effects of Sports Massage on the body systems 	<u>No. of questions per paper</u> <ul style="list-style-type: none"> - 5 - 5 - 4 - 1 - 5 - 5 - 5 - 5 - 3 - 5 - 2 - 2 - 3
	<u>Topic</u> <ul style="list-style-type: none"> • Structural organisation of the human body 	<u>Learning outcomes</u> <ul style="list-style-type: none"> - 1.1 – 1.5

outcomes in the unit specification for iUSP160 as follows:	<ul style="list-style-type: none"> • Structure, functions of the skin • Structure and functions of the skeletal system • Structure and function of joints • Structure and function of the muscular system • Structure and functions of the nervous system • Structure and functions of the endocrine system • Structure and functions of the cardiovascular system • Structure and functions of the respiratory system • Structure and functions of the lymphatic system • Structure and functions of the digestive system • Structure and functions of the urinary system • The effects of Sports Massage on the body systems 	<ul style="list-style-type: none"> - 2.1 – 2.2 - 3.1 – 3.4 - 4.1 – 4.5 - 5.1 – 5.7 - 6.1 – 6.3 - 7.1 – 7.3 - 8.1 – 8.6 - 9.1 – 9.4 - 10.1 – 10.5 - 11.1 – 11.2 - 12.1 – 12.2 - 13.1 – 13.3
Administration of external assessment:	For security required of centres and for the administration of examination papers, please refer to 'Instructions for Conducting Examinations' which can be found on the website.	

Document History

Version	Issue Date	Changes	Role
1	04/02/2020	First Published	Assessment Lead for Sport
2	30/08/2023	Amended Exam questions and allocation of marks per topic	Qualification Lead