

Test Specification

iUSP160 – Anatomy and physiology for sports massage

External assessment method:	Multiple Choice Question Paper	
Duration of external assessment:	55 minutes	
Pass mark:	50%	
Grading:	Pass, Merit or Distinction	
Frequency of external assessment:	On demand (once ALL hours for the unit have been completed)	
Learning outcomes to be assessed:	All learning outcomes will be assessed	
Format of questions:	Stem, 1 key and 3 distracters	
Number of questions	50 questions	
Distribution of questions: Each question will be allocated one mark	<u>Topic</u>	<u>No. of questions per paper</u>
	• Structural organisation of the human body	- 5
	• Structure, functions of the skin	- 5
	• Structure and functions of the skeletal system	- 4
	• Structure and function of joints	- 1
	• Structure and function of the muscular system	- 5
	• Structure and functions of the nervous system	- 5
	• Structure and functions of the endocrine system	- 5
	• Structure and functions of the cardiovascular system	- 5
	• Structure and functions of the respiratory system	- 3
	• Structure and functions of the lymphatic system	- 5
	• Structure and functions of the digestive system	- 2
• Structure and functions of the urinary system	- 2	
• The effects of Sports Massage on the body systems	- 3	
The topics listed can be found in the learning	<u>Topic</u>	<u>Learning outcomes</u>
	• Structural organisation of the human body	- 1.1 – 1.5

<p>outcomes in the unit specification for iUSP160 as follows:</p>	<ul style="list-style-type: none"> • Structure, functions of the skin • Structure and functions of the skeletal system • Structure and function of joints • Structure and function of the muscular system • Structure and functions of the nervous system • Structure and functions of the endocrine system • Structure and functions of the cardiovascular system • Structure and functions of the respiratory system • Structure and functions of the lymphatic system • Structure and functions of the digestive system • Structure and functions of the urinary system • The effects of Sports Massage on the body systems 	<ul style="list-style-type: none"> - 2.1 – 2.2 - 3.1 – 3.4 - 4.1 – 4.5 - 5.1 – 5.7 - 6.1 – 6.3 - 7.1 – 7.3 - 8.1 – 8.6 - 9.1 – 9.4 - 10.1 – 10.5 - 11.1 – 11.2 - 12.1 – 12.2 - 13.1 – 13.3
<p>Administration of external assessment:</p>	<p>For security required of centres and for the administration of examination papers, please refer to 'Instructions for Conducting Examinations' which can be found on the website.</p>	

Document History

Version	Issue Date	Changes	Role
1	04/02/2020	First Published	Assessment Lead for Sport
2	30/08/2023	Amended Exam questions and allocation of marks per topic	Qualification Lead