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# Practical Examination Marking Criteria

UBT475 – Perform hair growth reduction using Intense Pulsed Light systems

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# Practical Examination Criteria

Learners must complete a practical examination for UBT475 – Perform hair growth reduction using Intense Pulsed Light systems which will be externally set by the awarding organisation and conducted by an external examiner.

Learners will be expected to demonstrate excellent hygiene and client care throughout as well as competence in their relevant skills. The examiner may reduce the treatment timings, as the examination is a demonstration of the learner's professionalism and their accomplished technique.

**A maximum of 6 learners to be examined at one time.**

## Client requirements

Centres must identify suitable clients for the examination. Centres may ask learners to identify suitable clients.

Clients must meet all the following requirements.

Specifically, clients must:

- be 18 years or over
- not be contra-indicated for hair growth reduction using Intense Pulsed Light systems treatments
- not be hypersensitive to heat or pressure
- be willing to have hair growth reduction using Intense Pulsed Light systems treatments
- be willing to divulge relevant personal and medical details for the purpose of consultation
- be prepared for the treatment to be carried out by a learner unknown to them
- not have practitioner knowledge or experience
- provide consent to participate

Potential clients must meet with centre staff who will establish suitability in relation to the specified client requirements, the suitability of the skin and health and safety requirements.

It is the responsibility of the centre and learner to work collaboratively to ensure suitable clients are provided for examination purposes.

Learners will be expected to perform the following:

## Marking criteria for UBT475 – Perform hair growth reduction using Intense Pulsed Light systems

\*Learners must achieve a minimum of **7 marks** for the **first 2 sections** in order to pass.

### \*Client care – 5 marks (1 mark each)

The learner:

1. Greeted and introduced self to client
2. Protected client's clothing and surrounding areas and removed all jewellery
3. Explained the treatment procedure to the client, including treatment sensations, skin appearance post treatment and duration of healing
4. Correctly positioned self and client and ensured the client's comfort/modesty throughout
5. Maintained a positive and professional approach to clients/colleagues throughout

### \*Preparation of area – 5 marks (1 mark each)

The learner:

1. Ensured that preparation complied with health and safety protocols and legislation
2. Ensured the area was clean and sanitised
3. Ensured all equipment, tools and products were available and ergonomically placed
4. Selected appropriate, clean mask for self and disposable PPE as appropriate
5. Ensured the working environment was private, secure and well ventilated

### Hygiene and sterilisation – 5 marks (1 mark each)

The learner:

1. Wiped over equipment and accessories with appropriate sanitiser before, during and after use
2. Sanitised hands before, during and after treatment as appropriate and wore disposable gloves as appropriate
3. Replaced lids on products and removed products hygienically
4. Disposed of all general and contaminated waste hygienically and appropriately
5. Maintained and sanitised working area and equipment and used and stored small equipment appropriately

### Consultation – 5 marks (1 mark each)

The learner:

1. Demonstrated a variety of consultation techniques and discussed the management of pain relief options as appropriate
2. Identified the client's medical history, pre-treatment skincare, lifestyle and aims of treatment
3. Checked test patch results, recognised any contra-indications and took appropriate actions
4. Established the condition and health of the skin in the area to be worked on
5. Obtained signed informed consent and finalised and agreed the treatment plan

### **Advanced skin assessment – 10 marks (2 marks each)**

The learner:

1. Selected the correct cleansing product and cleansed the treatment area thoroughly leaving it clean and dry
2. Performed a full skin assessment to identify skin health, conditions and characteristics of hair growth
3. Identified factors which may limit or affect the desired outcome
4. Performed a tactile and thermal test
5. Took pre-treatment visual media images

### **Intense pulsed light (IPL) treatment – 15 marks (see below)**

The learner:

1. Ensured equipment was in full working order and performed electrical safety checks (1 mark)
2. Selected the appropriate hand piece/quartz/block/filters and loaded it correctly to ensure it was secure (2 marks)
3. Demonstrated the correct preparation of the skin, protected sensitive areas appropriately and applied coupling gel (2 marks)
4. Selected and set the appropriate parameters for the treatment area, presenting skin type and client tolerance (3 marks)
5. Performed a test shot (1 mark)
6. Verbally communicated with the client using the 1-10 pain threshold scale to check level of comfort throughout the treatment (2 marks)
7. Concluded the treatment in an appropriate manner including the removal of coupling gel and the application of cooling products where applicable and post treatment products (2 marks)
8. Completed the treatment in a commercially acceptable time (1 mark)
9. Took post-treatment visual media images (1 mark)

### **Intense Pulsed Light (IPL) technique – 40 marks (see below)**

The learner:

1. Selected the appropriate equipment and accessories to meet the agreed treatment aims (5 marks)
2. Applied a methodical and systematic approach to the treatment application to ensure even coverage of the treatment area and to avoid excessive overlap or overtreatment (5 marks)
3. Performed the treatment in line with legal and organisational requirements (5 marks)
4. Demonstrated adequate support and appropriate access to all treatment areas, ensuring client comfort and modesty throughout (5 marks)
5. Observed skin condition, skin reactions and client's response throughout the treatment (5 marks)
6. Adjusted the parameters of treatment to suit effectiveness of treatment, client's tolerance and adapted the treatment to meet the client's needs (10 marks)
7. Monitored skin reaction to ensure achievement of desired end points (5 marks)

### **Post care/homecare – 10 marks (2 marks each)**

The learner:

1. Evaluated and noted treatment results
2. Informed the client of the short-term effects of the treatment
3. Discussed homecare, post treatment skincare and recommendations for ongoing treatment with the client
4. Discussed possible contra-actions and how to deal with them
5. Discussed aftercare requirements with the client and obtained signature for treatment results and ongoing home care requirements

### **Sample oral questions – 5 marks (1 mark each)**

1. Describe the way in which the IPL works in reducing hair growth?
2. What depth of penetration is needed for this treatment?
3. What safety precautions should you take with the equipment?
4. What determines wavelength selection?
5. What is the correct way to prepare the area for treatment?
6. What reactions can occur that you need to inform your client?
7. What aftercare advice should be given?
8. What is recommended treatment interval for this condition
9. What specific hygiene procedures should be taken with this treatment?

### Document History

Version	Issue Date	Changes	Role
v1	12/02/2024	First published	Product and Regulation Manager