

iUBT321 – Apply individual permanent lashes

URN – D/617/4297

Guided Learning Hours: 38

Learning outcome	Assessment criteria	Taught content to include
LO1 Be able to prepare for an individual permanent lash treatment	1.1. Prepare themselves, client and work area for individual permanent lash extension treatment	• Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g. sterilising/sanitising tools and equipment • Procedures used to prepare client for treatment • Client care and modesty
	1.2. Use suitable consultation techniques to identify treatment objective	• An example of a consultation form can be downloaded from www.vtctskills.org.uk • Consulting in a suitable area • Positive body language • Positioning of the client • Good communication skills (asking open and/or closed questions where appropriate) • Professionalism • Contra-indications and contra-actions • Agree a treatment plan taking into account any diverse needs; cultural, religious, moral and social beliefs, age, gender, disability • Products used • Consent • Signed consent of parent or guardian for a minor and need for parent/guardian to remain present throughout the consultation and treatment of a minor • Confidentiality • Compliance with current data protection regulations

		• Client's signature
	1.3. Interpret and accurately record the results of tests carried out prior to treatments	• Type of tests conducted • Date and time when patch tests were conducted (must be 24–48 hours prior to treatment) • Manufacturers' recommendations • Products used • Area where tests conducted • Skin reaction: positive or negative • Disclaimer form • Client's signature (or that of parent/guardian/carer) on disclaimer form • Photographs are taken of the client's natural lashes prior to treatment • Photographs taken prior to treatment are kept with records for future reference and to evaluate the effectiveness of treatment • Record and store in line with current data protection legislation and professional codes of conduct
	1.4. Provide clear recommendations to the client	• The outcome of the consultation, identification of facial characteristics, natural eyelash analysis and relevant tests • Occupation • Lifestyle • Current regime • Recommendations for ongoing or further maintenance treatments and the level of commitment required • Recommendations regarding the importance of professional removal procedures
	1.5. Select products, tools and equipment to suit client treatment needs	• Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Disinfecting fluid • Magnifying lamp • Tissues

		• Cotton wool • Sponges • Gloves • Spatulas • Bowls • Mirror • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Personal protective equipment • Eyelash comb • Micro brushes • Disposable eyelash combs • Tweezers • Disposable face mask • Disposable head cap • Products for the following treatment: - Application of individual permanent lashes as per manufacturer's instructions and the system used
	1.6. Describe salon requirements for preparing self, the client and work area	• Any particular rights, restrictions and acts applicable to permanent eyelash treatment • Code of practice/ethics • Insurance and professional association membership • Record keeping • Compliance with current data protection legislation • Professional appearance
	1.7. Describe the environmental conditions suitable for individual permanent lash extension treatments	• Lighting • Heating • Ventilation • Noise levels • Available space • Music • General hygiene • Waste disposal

		• Décor • Equipment • Privacy • Reception areas • General use/treatment areas
	1.8. Describe the different consultation techniques used to identify treatment objectives	• Positive body language • Positioning of the client (no barriers between themselves and client) • Good communication skills (asking open and/or closed questions where appropriate) • Verbal and non-verbal communication • Accurately recording client's responses to questions
	1.9. Describe the types of tests that are carried out before providing lash extension treatments	• Skin sensitivity test • Patch testing for all products to be conducted a minimum of 24-48 hours prior to treatment • Manufacturers' instructions • Assessment of eye size and shape • Inspection of lashes to be treated • Identifying client's natural lash length and condition
	1.10. Explain the importance of carrying out tests prior to the treatment and accurately recording the results	• Type of tests conducted • Date and time when patch test was conducted (must be 24–48 hours prior to treatment) • Manufacturers' recommendations • Products used • Area where test conducted • Skin reaction: positive or negative • Disclaimer form • Client's consent and signature on disclaimer form • Adhere to code of practice • Establish treatment suitability • Establish possible contra-actions • Establishing client's desires are realistic in terms of treatment available • Identification of length and condition of natural lashes • Rationale behind the selection and planned placement of lashes • Evidence of client's natural lashes prior to treatment

	1.11. Explain the contraindications that prevent or restrict individual permanent lash extension treatments	• Contra-indications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP - Medical oedema - Nervous/psychotic conditions - Epilepsy - Recent facial surgery affecting the area - Diabetes - Skin cancer - Slipped disc - Undiagnosed pain - When taking prescribed medication - Whiplash • Contra-indications that restrict treatment - Fever - Contagious or infectious diseases - Under the influence of recreational drugs or alcohol - Diarrhoea and vomiting - Any known allergies - Eczema - Psoriasis - Undiagnosed lumps and bumps - Localised swelling - Inflammation - Cuts - Bruises - Abrasions - Scar tissue (2 years for major operations and 6 months for a small scar) - Sunburn - Urticaria - Recent fractures (minimum 3 months) - Sinusitis - Neuralgia - Migraine/headache - Hypersensitive skin
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		- Chemotherapy - Hyperkeratosis - Skin allergies - Allergies to perming products, adhesives and solvents - Trapped/pinched nerve affecting the treatment area - Inflamed nerve • If there has been any reaction to the patch test, treatment will be contra-indicated • Any eye surgery (approximately 6 months) • Conjunctivitis • Hordeolum/styes • Hay fever • Watery eye • Very nervous client • Blepharitis • Alopecia • Cataract • Corneal disease • Diabetic retinopathy • Dry eye syndrome • Glaucoma • Eye infection • Herpes simplex • Trichotillomania • Infectious and non-infectious skin conditions specific to the eye and surrounding area to include: - Atopic eczema - Atopic dermatitis - Psoriasis • Contact lenses must be removed
	1.12. Describe how to select products, tools and equipment to suit client treatment needs	• The importance of selecting the correct products, tools and equipment based upon the client consultation and natural lash analysis • Couch or chair • Trolley • Stool • Towels • Blanket

		• Additional support if appropriate • Headband • Bedroll • Disinfecting fluid • Magnifying lamp • Tissues • Cotton wool • Sponges • Gloves • Spatulas • Bowls • Mirror • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Personal protective equipment • Eyelash comb • Micro brushes • Disposable eyelash combs • Tweezers • Disposable face mask • Disposable head cap • Lashes • Adhesives (clear/coloured) • Adhesive solvent/remover • Sealer • Adhesive cup and holder • Microporous adhesive tape • Hypoallergenic transparent perforated plastic surgical tape • Oil free eye make-up remover • Protein remover pads • Anti-wrinkle gel patches or under eye shields • Saline solution • Ocular lubricant for eyes
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		• Treatment techniques for the following: - Application of individual permanent lashes • The methods, hygiene and safety precautions, effects and benefits of all treatment techniques
	1.13. Describe the types of eyelash treatments available and their benefits	• Strip lashes • Semi-permanent lashes • Eyelash extensions • Eyelash extensions as a correctional procedure • Eyelash infill procedures and maintenance treatments • Eyelash extension removal • Eyelash tinting • Eyelash perming
	1.14. Explain the importance of assessing facial characteristics prior to carrying out lash extension treatment	• Identification of face shape, eye shape, size and position • Distance between eyes • Length and condition of natural lashes • Establishing client's desires are realistic in terms of treatments available • Identify the most appropriate lashes and adhesive to be used • Photographs are taken to record the client's natural lashes prior to treatment

LO2 Be able to provide individual permanent lash treatments	2.1. Communicate and behave in a professional manner	• Checking consultations and contra-indications • Explaining the treatment to the client • Explaining the need for maintenance treatments and the importance of professional removal • Benefits, limitations and co-operation required • Helping the client onto the couch prior to and off the couch after the treatment • Positioning the client correctly • Sanitising client's hands as appropriate • Sanitising own hands as appropriate throughout treatment • Protecting the client's modesty at all times • Ensuring that the client is comfortable • Using appropriate covered supports • Adapt the treatment to suit the needs of the client • Ensure client does not stand on floor with bare feet • Client care
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		• Communication • Correct posture, hygiene and a professional approach to the client throughout treatment
	2.2. Follow health and safety working practices	• Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act/General Data Protection Regulations (GDPR) • Adhere to all product safety precautions and manufacturers' instructions
	2.3. Position self and client correctly throughout the treatment	• Positioning of the client • Ensuring the client is correctly supported • Client comfort • Application of the treatment • Therapist maintaining correct working posture throughout the treatment • Therapist self-care
	2.4. Use products, tools, equipment and techniques to suit client's treatment needs	• Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Disinfecting fluid • Magnifying lamp

		• Tissues • Cotton wool • Sponges • Gloves • Spatulas • Bowls • Mirror • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Personal protective equipment • Eyelash comb • Micro brushes • Disposable eyelash combs • Tweezers • Disposable face mask • Disposable head cap • Lashes • Adhesives (clear/coloured) • Adhesive solvent/remover • Sealer • Adhesive cup and holder • Microporous adhesive tape • Hypoallergenic transparent perforated plastic surgical tape • Oil free eye make-up remover • Protein remover pads • Anti-wrinkle gel patches or under eye shields • Saline solution • Ocular lubricant for eyes • Treatment techniques for the following: - Application of individual permanent lashes
	2.5. Complete the treatment to the satisfaction of the client	• Conclusion of treatment in appropriate manner to meet client's needs and manufacturers' instructions • Ensuring the finish is balanced and well proportioned

		• Check treatment results with client using mirror
	2.6. Record and evaluate the results of the treatment	• Reviewing and recording the treatment outcomes • Home care advice • Recommendations for ongoing maintenance or removal • Photographs are taken and stored as a record of treatment outcome • Record and store in line with current data protection legislation and professional codes of conduct
	2.7. Provide suitable aftercare/homecare advice	• Recommendations for immediate aftercare • Avoidance of activities and products which may cause contractions • Suitable home care/treatment maintenance regime • Lifestyle • Recommendations for further salon treatments for maintenance treatment, and suitable intervals • Explanation of the need for professional removal
	2.8. Explain how to communicate and behave in a professional manner	• Consultation • Treatment explanation • Managing client's expectations • Client care • Hygiene • Good communication skills
	2.9. Describe health and safety working practices	• Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act

		• Data Protection Act/General Data Protections Regulations (GDPR) • Adhere to all product safety precautions and manufacturers' instructions
	2.10. Explain the importance of positioning self and the client correctly throughout the treatment	• Ensuring the client is comfortable and correctly supported • Applying the treatment as appropriate to the client's needs • Therapist maintaining correct posture throughout treatment
	2.11. Explain the importance of using products, tools, equipment and techniques to suit client's treatment needs and facial characteristics	• Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Disinfecting fluid • Magnifying lamp • Tissues • Cotton wool • Sponges • Gloves • Spatulas • Bowls • Mirror • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Personal protective equipment • Eyelash comb • Micro brushes • Disposable eyelash combs • Tweezers • Disposable face mask • Disposable head cap • Lashes

		• Adhesives (clear/coloured) • Adhesive solvent/remover • Sealer • Adhesive cup and holder • Microporous adhesive tape • Hypoallergenic transparent perforated plastic surgical tape • Oil free eye make-up remover • Protein remover pads • Anti-wrinkle gel patches or under eye shields • Saline solution • Ocular lubricant for eyes • Products and treatment techniques for the following: - Application of individual permanent lashes • Face shapes - Oval - Square - Heart - Round - Long - Diamond - Pear • Eye shapes - Hooded - Large - Small - Close set - Prominent - Drooping - Deep set - Wide apart
	2.12. Describe how treatments can be adapted to suit client treatment needs and facial characteristics	• Restrictions - Contraindications and contra-actions • Client preferences and commitment • Client expectations and realistic outcomes • Product availability and suitability • Time scales • Costs • Eye size, shape and position

		• Condition of natural lashes
	2.13. State the contra-actions that may occur during and following treatments and how to respond	• Allergic reaction • Excessive erythema • Itching • Watery eyes • Inflammation • Infection • Client abuse i.e. rubbing/picking • Loss of natural lashes • Lower and upper lash adhesion • Foreign body enters client's eye i.e. lash/adhesive/dust • Saline eye irrigation procedure • Referral procedures
	2.14. Explain the importance of completing the treatment to the satisfaction of the client	• Concluding the treatment in the correct manner to meet client's needs and manufacturers' instructions • Check treatment results with client using mirror
	2.15. Explain the importance of completing treatment records	• Maintaining records for accurate future treatment • Record and store in line with current data protection legislation and professional codes of conduct • Aftercare • Home care • Product advice • Compliance with current legislation • Concluding the treatment in the correct manner to meet client's requirements
	2.16. Describe the methods of evaluating the effectiveness of the treatment	• Maintaining records • Client feedback • Aftercare • Home care • Product advice • Before and after photographs are taken and stored as a record of treatment outcome • Compliance with data protection
	2.17. Describe the aftercare advice that should be provided	• Recommendations for immediate aftercare • Avoid touching/rubbing the area • Do not wash eye area, swim or shower for 24-48 hours

		• Advice on how to protect and maintain eyelash bonds • Recommendation of suitable water-based products for home use i.e. cleansers, eye make-up remover • Avoid the use of mascara • Recommendation and instruction on combing the lashes • Avoid the use of eyelash curlers • Avoid the use of steam rooms/saunas • Application of cold water if irritation occurs, referral to salon or seek medical advice if reaction is severe • Lifestyle • Avoidance of activities which may cause contra-actions • Advice regarding the longevity of single lash system treatments • Recommendations for maintenance treatments and appropriate intervals between and follow on salon treatments including removal • Advice regarding the importance of professional removal
	2.18. Describe the structure of the hair and hair growth cycle	• Hair structure - Keratin - Cuticle - Cortex - Medulla - Inner root sheath ▪ Huxley's ▪ Henle's - Outer root sheath - Vitreous membrane - Connective tissue - Dermal papilla • Hair growth cycle - Anagen - Catagen - Telogen
	2.19. Describe the main diseases and disorders of the hair	• Alopecia • Hordeolum/stye • Trichotillomania • Folliculitis • Ingrowing hairs

		• Hirsutism • Hypertrichosis • Pseudofolliculitis
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Assessment

Portfolio of evidence containing:

- 5 treatment evidence to include
 - full eyelash extension treatments to include removal and maintenance procedure
- Assignment

Practical examination

These treatment evidence are internally assessed by the college lecturer and verified by the external examiner to include:

- Consultation including medical history
- Treatment details including specific details of products used and client's reactions
- Before and after photographs
- Client feedback
- Aftercare and home care advice including retail recommendations and advice for treatment maintenance and further salon treatments
- Learner and client signatures
- Treatment date

The assignment is internally assessed by the college lecturer and verified by the external examiner. Assignment guidance and assignment assessment form, which must be used, can be downloaded from the VTCT Skills website www.vtctskills.org.uk.

Guide to taught content

The content contained within the unit specification is not prescriptive or exhaustive but is intended to provide helpful guidance to teachers and learners with the key areas that will be covered within the unit, and, relating to the kinds of evidence that should be provided for each assessment objective specific to the unit learning outcomes.

Document History

Version	Issue Date	Changes	Role
v1	23/08/2019	First published	Qualifications and Regulation Co-ordinator
v2	16/06/2026	Rebranding	Development Administrator