

iUBT331 – Provide eyelash and eyebrow treatments

URN – M/617/4305

Guided Learning Hours: 36

Learning outcome	Assessment criteria	Taught content to include
LO1 Be able to prepare for eyelash and brow treatments	1.1. Prepare self, the client and work area for eyelash and eyebrow treatments	• Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g. sterilising/sanitising tools and equipment • Procedures used to prepare client for treatment • Client care and modesty
	1.2. Use suitable consultation techniques to identify treatment objectives	An example of a consultation form can be downloaded from: www.vtctskills.org.uk • Consulting in a suitable area • Positive body language • Positioning of the client • Good communication skills (asking open and/or closed questions where appropriate) • Professionalism • Contra-indications and contra-actions • Treatment plan • Products used • Consent • Confidentiality • Compliance with current data protection regulations • Client's signature
	1.3. Interpret and accurately record the results of tests carried out prior to treatments	• Understand the type of test conducted • Date and time when patch test was conducted, ensuring the test is conducted 24 – 48 hours prior to treatment

		• Following manufacturer's recommendations • Products and dilutions used • Tint colour used • Type of glue and solvent used • Area where test conducted – behind the ear or in the crook of the elbow • Skin reaction: positive or negative • Disclaimer form accompanied by client's signature • Record and store in line with current data protection legislation and professional codes of conduct
	1.4. Provide clear recommendations to the client	Taking the following into account: • The outcome of the skin and hair analysis, face shape, and eye shape • Manufacturers' instructions • Relevant tests • Occupation • Lifestyle • Current regime
	1.5. Select products, tools and equipment to suit client treatment needs	• Treatment preferences: - Couch or chair - Bedroll - Headband - Towel blanket - Robe - Disposable slippers - Additional support if required • Equipment: - Mirror - Stool - Trolley - Gloves - Orange wood stick - Sanitiser - Disinfecting fluid - Spatulas - Tissues - Eye shields - Tint bowl/dish

		- Glass bead steriliser - Autoclave - UV cabinet - Waste disposal - Magnifying lamp • Tools: - Manual tweezers - Automatic tweezers - Eyebrow brush - Tinting brush • Products for the following treatments: - Eyelash tinting - Eyebrow tinting - Eyebrow shaping - Application of individual lashes - Application of strip lashes
	1.6. Describe salon requirements for preparing self, the client and the work area	• Knowledge and understanding of any particular rights, restrictions and acts applicable to eyelash and eyebrow treatments • Code of practice/ethics • Insurance and professional association membership • Record-keeping • Compliance with current data protection regulations • Professional appearance
	1.7. Describe the environmental conditions suitable for eyelash and eyebrow treatments	• Lighting • Heating • Ventilation • Noise levels • Available space • Music • General hygiene • Waste disposal • Décor • Equipment e.g. workstation/trolley • Privacy • Reception areas • General use/treatment areas

	1.8. Describe different consultation techniques used to identify treatment objectives	• The importance of positive body language • Positioning of self and client (no barriers) • Good communication skills (asking open and/or closed questions and where appropriate) • Verbal and non-verbal communication
	1.9. Describe the types of tests that are carried out before providing eyelash and eyebrow treatments	• Skin sensitivity test • Patch testing for tinting to be conducted 48 hours prior to treatment • Patch testing for adhesives and solvents to be conducted 24 hours prior to treatment • Manufacturers' instructions
	1.10. State the importance of carrying out tests prior to the treatment and accurately recording the results	• Date and time when skin sensitivity/patch test was conducted (24 – 48 hours prior to treatment) • Type of test conducted • Tint products and dilutions used • Tint colour used • Type of adhesive and solvent used • Area where test conducted – behind the ear or in the crook of the elbow • Skin reaction: positive or negative • Manufacturers' instructions • Disclaimer form • Client's consent and signature on disclaimer form • Adhere to Code of Practice • Record and store in line with current data protection legislation and professional codes of conduct • Establish treatment suitability • Establish possible contra-actions
	1.11. Describe the contra-indications to eyelash and eyebrow treatments	• Contra-indications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP: - Medical oedema - Nervous/psychotic conditions - Epilepsy

		- Recent facial surgery affecting the area - Diabetes - Skin cancer - Slipped disc - Undiagnosed pain - When taking prescribed medication - Whiplash • Contra-indications that restrict treatment: - Fever - Contagious or infectious diseases - Under the influence of recreational drugs or alcohol - Diarrhoea and vomiting - Any known allergies - Eczema - Undiagnosed lumps and bumps - Localised swelling - Inflammation - Cuts - Bruises - Abrasions - Scar tissue (2 years for major operations and 6 months for a small scar) - Sunburn - Hormonal implants - Urticaria - Recent fractures (minimum 3 months) - Sinusitis - Neuralgia - Migraine/headache - Hypersensitive skin - Botox/dermal fillers - Hyperkeratosis - Skin allergies - Allergies to tint products, adhesives and solvents - Trapped/pinched nerve affecting the treatment area - Inflamed nerve • If there has been any reaction to the patch test, treatment will be contra-indicated • Any eye surgery (approximately 6 months)
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		• Conjunctivitis • Styes • Hay fever • Watery eye • Very nervous client • Blepharitis • Infectious and non-infectious skin conditions specific to the eye and surrounding area to include: - Atopic eczema - Atopic dermatitis - Psoriasis • For those wearing contact lenses, they must be removed prior to any procedure/treatment
	1.12. Describe how to select products, tools and equipment to suit client treatment needs	• The importance of selecting the correct products, tools and equipment based upon client consultation, skin and hair analysis and relevant tests • Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid • Magnifying lamp • Cotton wool • Tissues • Spatulas • Tint bowl/dish • Tinting brush • Eyebrow brush • Orange wood stick • Gloves • Manual tweezers

		• Automatic Tweezers • Mirror • Sanitiser • Glass bead steriliser • Autoclave • UV cabinet • Chemicals • Waste disposal • Eye make-up remover • Cleanser • Toner • Petroleum jelly • Eye shields • Tint products • Hydrogen peroxide • Individual lashes • Strip lashes • Adhesive products • Eyelash adhesive solvents • Eyelash and eyebrow treatment techniques to include: - Cleansing and preparation of area(s) to be treated - Eyelash tinting - Eyebrow tinting - Eyebrow reshaping - Maintenance of eyebrow shape - Application of individual lashes - Application of strip lashes • The methods, hygiene and safety precautions, effects and benefits of all treatment techniques
	1.13. Describe the types of eyelash and eyebrow treatments available and their benefits	• Eyebrow shape to maintain current eyebrow shape • Eyebrow reshape to change shape of existing eyebrow • Eye lash tinting • Eyebrow tinting • Individual flair eyelashes • Strip lashes
	1.14. Outline the types of tests that are carried out before providing an eyelash and eyebrow tinting treatment	• Type of tests conducted

		• Date and time when skin sensitivity/patch test was conducted (must be 48 hours prior to treatment) • Tint products and dilutions used • Tint colour used • Area where test conducted – behind the ear or in the crook of the elbow • Skin reaction: positive or negative
	1.15. State the importance of assessing facial characteristics prior to carrying out eyelash and eyebrow treatments	• Eyebrow shapes - Arched - Angular - Straight - Round - Thin - Medium - Thick - Natural • Eye shapes - Large - Small - Close set - Wide apart - Prominent - Deep set - Hooded - Drooping • Face shapes - Oval - Square - Heart - Round - Long - Diamond - Pear • Hair colour - Fair - Red/Auburn - Dark - Grey

		- White • Skin tone - Olive - Fair - Medium - Dark
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LO2 Be able to provide eyelash and brow treatments	2.1. Communicate and behave in a professional manner	• Explanation of treatment • Benefits, limitations and co-operation required • Client care, modesty and support • Communication • Correct posture, hygiene and a professional approach maintained to the client throughout the treatment(s)
	2.2. Follow health and safety working practices	• Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act/General Data Protection (GDPR) • Adhere to all product safety precautions and manufacturers' instructions • Legislation which relates to the work being carried out, the environment and the client with whom the therapist is working
	2.3. Position self and the client correctly throughout the treatment	• Ensuring the client is comfortable and correctly supported • Therapist maintaining correct working posture throughout treatment • Therapist self-care

	2.4. Use products, tools, equipment and techniques to suit clients treatment needs	• Equipment - Couch or chair - Trolley - Stool - Towels - Blanket - Additional support if appropriate - Headband - Bedroll - Robe - Disposable slippers - Disinfecting fluid - Magnifying lamp - Cotton wool - Tissues - Spatulas - Tint bowl/dish - Tinting brush - Eyebrow brush - Orange wood stick - Gloves - Manual tweezers - Automatic Tweezers - Mirror - Sanitiser - Glass bead steriliser - Autoclave - UV cabinet - Waste disposal • Products - Eye make-up remover - Cleanser - Toner - Petroleum jelly - Tint products - Hydrogen Peroxide - Eye shields - Individual lashes - Strip lashes
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		- Adhesive products - Eyelash adhesive solvents • Techniques used for the following treatments - Eyelash tinting - Eyebrow tinting - Check manufacturers' instructions, however on average ½ centimetre of tint and 2 drops of 10 volume peroxide is sufficient for lashes and brows - Eyebrow shaping - Application of individual lashes - Application of strip lashes
	2.5. Complete the treatment to the satisfaction of the client	• Conclusion of treatment in appropriate manner to meet client's needs and manufacturers' instructions • Check treatment results with client using mirror
	2.6. Record the results of the treatment	• Client response to treatment and feedback • Note benefits of the treatment • Product advice • Home care advice • Store records demonstrating knowledge of confidentiality requirements • Record and store in line with current data protection legislation and professional codes of conduct
	2.7. Provide suitable aftercare and home care advice	• Make recommendations for immediate aftercare • Avoidance of activities that may cause contra-actions • Suggest suitable home care/treatment maintenance regime • Lifestyle • Recommendation of further salon treatments and frequency
	2.8. State how to communicate and behave in a professional manner	• Consultation • Treatment explanation and agreement • Client care • Hygiene • Good communication skills
	2.9. Describe health and safety working practices	• The importance of: - Fire Precautions Act - Health & Safety at Work Act - Health and Safety (First Aid) Regulations

		- The Management of Health & Safety at Work Regulations - The Workplace (Health, Safety & Welfare) Regulations - The Manual Handling Operations Regulations - The Personal Protective Equipment at Work Regulations - The Provision and Use of Work Equipment Regulations - The Control of Substances Hazardous to Health Regulations (COSHH) - The Electricity at Work Regulations - Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) - Disability Discrimination Act - Data Protection Act/General Data Protection (GDPR)
	2.10. Explain the importance of positioning self and the client correctly throughout the treatment	• Ensuring the client is comfortable and correctly supported • Therapist maintaining correct posture throughout treatment • Therapist self-care
	2.11. Explain the importance of using products, tools, equipment and techniques to suit client's treatment needs	• Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid • Magnifying lamp • Cotton wool • Tissues • Spatulas • Eye shields • Tint bowl/dish • Tinting brush • Eyebrow brush • Orange wood stick • Gloves • Manual tweezers

		• Automatic Tweezers • Mirror • Sanitiser • Glass bead steriliser • Autoclave • UV cabinet • Chemicals • Waste disposal • Products for the following treatments: - Eyelash tinting - Eyebrow tinting - Eyebrow shaping - Application of individual lashes - Application of strip lashes
	2.12. Describe how treatments can be adapted to suit client treatment needs and facial characteristics	• Restrictions – contra-indications and contra-actions • Client preferences and commitment • Product availability and suitability • Time scales • Costs • Maintenance required • Treatment types - Eyelash tinting - Eyebrow tinting - Eyebrow reshaping - Maintenance of current eyebrow shape - Application of individual lashes - Application of strip lashes • Facial characteristics - Eyebrow shapes ▪ Arched or angular ▪ Straight or round ▪ Thin, medium, thick or natural - Eye shapes ▪ Large or small ▪ Close set or wide apart ▪ Prominent or deep set ▪ Hooded or drooping - Face shapes

		▪ Oval ▪ Square ▪ Heart ▪ Round ▪ Long ▪ Diamond ▪ Pear - Hair colour ▪ Fair ▪ Red/Auburn ▪ Dark ▪ Grey ▪ White - Skin tone ▪ Olive ▪ Fair ▪ Medium ▪ Dark
	2.13. Describe the normal reaction of the skin to eyebrow shaping treatments	• Mild erythema • Mild swelling
	2.14. State the contra-actions that may occur during and following treatments and how to respond	• Adverse skin reaction • Stinging/watery eyes • Excessive erythema • Skin irritation • Severe swelling • Itching • Immediate removal of products • An eyewash may be used ONLY if the client has tint in the eye • Application of cool compress • Seek medical attention if necessary • Referral procedures
	2.15. Describe the chemical reaction which creates the tinting effect	• Hydrogen peroxide constituents • Tint constituents • Oxidisation process • Development time for eyelashes and eyebrows
	2.16. State the importance of completing the treatment to the satisfaction of the client	• Concluding the treatment in the correct manner to meet client's needs and manufacturers' instructions

		• Check treatment results with client using mirror
	2.17. State the importance of completing treatment records	• Maintaining records • Aftercare • Home care • Product advice • Record and store in line with current data protection legislation and professional codes of conduct
	2.18. State the aftercare and homecare advice that should be provided	• Recommendations for immediate aftercare • Avoid touching/rubbing the area • No application of make-up for 12 hours • Application of cold water if irritation occurs • Correct eye make-up remover to use to avoid loosening eyelash adhesive • Removal of artificial eyelashes with correct solvent • Recommendations for treatment maintenance and follow on salon treatments
	2.19. Describe the structure and function of the skin and hair	• Structure and function of the skin - Epidermis ▪ Stratum corneum ▪ Stratum lucidum ▪ Stratum granulosum ▪ Stratum spinosum/malpighian ▪ Stratum germinativum/basal layer - Dermis ▪ Blood supply ▪ Lymphatic supply ▪ Hair follicle ▪ Sebaceous gland ▪ Sweat gland: eccrine and apocrine ▪ Sensory nerve endings ▪ Dermal papilla ▪ Collagen ▪ Elastin ▪ Histiocytes ▪ Mast cells ▪ Fibroblasts ▪ Erector pili muscle

		▪ Melanocytes (location and function) • Subcutaneous/adipose layer ▪ The structure and function of the fatty layer underneath the dermis • Skin functions ▪ Secretion ▪ Heat regulation ▪ Absorption ▪ Protection/Acid mantle (composition and formation) ▪ Elimination/excretion ▪ Sensation ▪ Vitamin D formation (7-dehydro-cholesterol) • Hair structure ▪ Keratin ▪ Cuticle ▪ Cortex ▪ Medulla ▪ Inner root sheath ▪ Huxley's ▪ Henle's ▪ Outer root sheath ▪ Vitreous membrane ▪ Connective tissue ▪ Dermal papilla • Hair functions - Protection - Temperature
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Assessment

Portfolio of evidence containing: Treatment evidence (5 treatments)	These treatment evidence are internally assessed by the college lecturer and verified by the external examiner to include: - Consultation including medical history - Treatment details including specific details of products used and client's reactions. Treatments should include all types as listed in syllabus. - Client feedback - Aftercare and home care advice including retail recommendations and advice for treatment maintenance and further salon treatments - Learner and client signatures
Practical examination	
MCQ	

Practical assessment forms and marking criteria may be downloaded from www.vtctskills.org.uk

Provide eyelash and eyebrow treatment must be evidenced through the use of signed and dated treatment evidence forms. See www.vtctskills.org.uk for sample form

Guide to taught content

The content contained within the unit specification is not prescriptive or exhaustive but is intended to provide helpful guidance to teachers and learners with the key areas that will be covered within the unit, and, relating to the kinds of evidence that should be provided for each assessment objective specific to the unit learning outcomes.

Document History

Version	Issue Date	Changes	Role
v1	17/09/2019	First published	Qualifications and Regulation Co-ordinator
v2	16/06/2026	Rebranding	Development Administrator