

iUBT381– Provide nail art

URN – K/617/4321

Guided Learning Hours: 24

Learning outcome	Assessment criteria	Taught content to include
LO1 Be able to prepare for nail art treatment	1.1. Prepare themselves, client and work area for nail art treatment	• Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g. sterilising/sanitising tools and equipment • Procedures used to prepare client for treatment • Client care and modesty
	1.2. Use suitable consultation techniques to identify treatment objectives	• An example of a consultation form can be downloaded from www.vtctskills.org.uk • Consulting in a suitable area • Positive body language • Positioning of the client • Good communication skills (asking open and/or closed questions where appropriate) • Professionalism • Contra-indications and contra-actions • Treatment plan • Products used • Consent • Confidentiality • Client's signature
	1.3. Carry out a nail and skin analysis	• Skin type and condition • Nail type and condition • Natural nail shape e.g. oval, square, spoon, fan • Suitability or integrity of nail enhancement if present

		• Contra-indications
	1.4. Provide clear recommendations to the client	• Taking into account the following: - The outcome of the skin and nail analysis - Client requirements and realistic expectations - Nail art design plan - Occupation - Lifestyle - Current regime - Recommendations for ongoing maintenance treatments and level of commitment required
	1.5. Select products, tools and equipment to suit client treatment needs and nail conditions	• Couch or chair • Trolley or manicure table • Stool • Towels • Additional support if appropriate • Bedroll • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Cotton wool • Lint free pads • Emery boards • Files • Buffers • Orange wood stick • Striping brush • Fine detail brush • Glitter brush • Marbling tool • Scissors • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal

		• Products - Oils - Cuticle oil - Natural nail cleanser - Nail enamel remover - Acetone - Nail preparation products - Base coat - Topcoat or sealant - Coloured polishes - Coloured acrylic paints (water-based) - Glitters - Transfers - Foils - Foil adhesive - Rhinestones - Flat stones • Nail art techniques - Coloured polishes - Rhinestones - Flatstones - Gems - Polish secures - Transfers - Painting techniques ▪ Dotting ▪ Striping ▪ Marbling ▪ Freehand - Glitters - Foiling
	1.6. Describe salon requirements for preparing themselves, the client and the work area	• Any particular rights, restrictions and acts applicable to facial skincare treatment • Code of practice/ethics • Insurance and professional association membership • Record keeping • Professional appearance

	1.7. State the environmental conditions suitable for nail art	• Lighting • Heating • Ventilation • Noise levels • Available space • Music • General hygiene • Waste disposal • Décor • Equipment e.g. workstation/trolley • Privacy • Reception areas • General use/treatment areas
	1.8. Describe different consultation techniques used to identify treatment objectives	• Positive body language • Positioning of themselves and client (no barriers) • Good communication skills (asking open and/or closed questions where appropriate) • Verbal and non-verbal communication
	1.9. Explain the importance of carrying out a detailed nail and skin analysis	• Skin type and condition • Nail type, shape and condition • Contra-indications • Scope of treatment(s) • Identification of nail art suitability • Home care advice • Aftercare advice
	1.10. Describe how to select products, tools and equipment to suit client treatment needs and nail conditions	• The importance of selecting the correct products, tools and equipment based upon client consultation, nail and skin analysis and nail art design plan • Couch or chair • Trolley or manicure table • Stool • Towels • Additional support if appropriate • Bedroll • Disposable slippers • Disinfecting fluid

		• Magnifying lamp • Tissues • Cotton wool • Lint free pads • Emery boards • Files • Buffers • Orange wood stick • Striping brush • Fine detail brush • Glitter brush • Marbling tool • Scissors • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Cuticle oil • Natural nail cleanser • Nail enamel remover • Acetone • Nail preparation products • Base coat • Topcoat or sealant • Coloured polishes • Coloured acrylic paints (water-based) • Glitters • Transfers • Foils • Foil adhesive • Rhinestones • Flat stones • Nail art techniques to include: - Coloured polishes - Rhinestones - Flatstones
--	--	---

		- Gems - Polish secures - Transfers - Painting techniques ▪ Dotting ▪ Striping ▪ Marbling ▪ Freehand - Glitters - Foiling • The methods, hygiene and safety precautions, effects and benefits of all treatment techniques
	1.11. Identify the different nail conditions	• Beau's lines • Blue nail • Brittle nails • Bruised nails • Discoloured nails • Dry nails • Flaking nails • Hang nails • Koilonychia • Lamella dystrophy • Leukonychia • Bacterial infection/mould • Onychatrophia • Onychauxis • Onychia • Onychocryptosis • Onychogryphosis • Onycholysis • Onychomycosis (Tinea unguium) • Onychophagy • Onychophyma • Onychoptosis • Onychorrhaxis • Paronychia (Whitlow) • Pitting • Pterygium

		• Sepsis • Transverse ridges • Vertical ridges • Weak nails
	1.12. Describe the contra-indications which prevent or restrict nail art	• Contra-indications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP - Haemophilia - Any condition already being treated by a GP, dermatologist or another practitioner - Medical oedema - Arthritis - Nervous or psychotic conditions - Recent surgery - Diabetes - Inflamed nerve - Undiagnosed pain - Acute rheumatism • Contra-indications that restrict treatment - Fever - Infectious or contagious diseases - Under the influence of recreational drugs or alcohol - Diarrhoea and vomiting - Any known allergies - Undiagnosed lumps and bumps - Inflammation - Cuts - Bruises - Abrasions - Scar tissue (2 years for major operations and 6 months for a small scar) - Recent fractures (minimum 3 months) - Sunburn - Repetitive strain injury - Carpal tunnel syndrome

		- Severely bitten/damaged nails - Nail separation - Eczema - Psoriasis - Dermatitis - Broken bones - Warts - Corns - Chilblains
--	--	---

LO2 Be able to provide nail art service	2.1. Communicate and behave in a professional manner	• Explanation of treatment • Benefits, limitations and co-operation required • Client care, modesty and support • Communication • Correct posture, hygiene and a professional approach to the client throughout treatment
	2.2. Follow health and safety working practices	• Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act/GDPR • Adhere to all product safety precautions and manufacturers' instructions • Legislation which relates to the work being carried out, the environment and the client with whom the nail artist is working
	2.3. Position themselves and client correctly throughout the treatment	• Ensuring the client is comfortable and correctly supported

		• Nail artist maintaining correct working posture throughout treatment • Nail artist self-care
	2.4. Use products, tools, equipment and techniques to suit client treatment needs and nail conditions	• Equipment - Couch or chair - Trolley or manicure table - Stool - Towels - Additional support if appropriate - Bedroll - Disposable slippers - Disinfecting fluid - Magnifying lamp - Tissues - Cotton wool - Lint free pads - Emery boards - Files - Buffers - Orange wood stick - Striping brush - Fine detail brush - Glitter brush - Marbling tool - Scissor - Sterilising solution - UV cabinet - Autoclave - Hot bead steriliser - Chemical immersion equipment - Waste disposal • Products - Cuticle oil - Natural nail cleanser - Nail enamel remover - Acetone - Nail preparation products - Base coat - Topcoat or sealant

		- Coloured polishes - Coloured acrylic paints (water based) - Glitters - Transfers - Foils - Foil adhesive - Rhinestones - Flat stones • Techniques used for the following: - Coloured polishes - Rhinestones - Flat stones - Gems - Polish secures - Transfers - Painting techniques ▪ Dotting ▪ Striping ▪ Marbling ▪ Freehand - Glitters - Foiling
	2.5. Complete the treatment to the satisfaction of the client	• Conclusion of treatment in appropriate manner to meet client's needs, manufacturers' instructions and nail art design plan • Check treatment results with client
	2.6. Record the results of the treatment	• Detailed list of products used, and steps taken to create designs executed • Client response to treatment and feedback • Note benefits of the treatment • Product advice • Home care advice • Store records demonstrating knowledge of confidentiality requirements
	2.7. Provide suitable aftercare advice	• Recommendations for immediate aftercare and treatment maintenance • Product recommendations • Lifestyle

		• Recommendation of further salon treatments
	2.8. State how to communicate and behave in a professional manner	• Consultation • Treatment explanation • Client care • Hygiene • Good communication skills
	2.9. Describe health and safety working practices	• Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act/GDPR
	2.10. State the importance of positioning themselves and the client correctly throughout the treatment	• Ensuring the client is comfortable and correctly supported • Nail artist maintaining correct posture throughout treatment
	2.11. State the importance of using products, tools, equipment and techniques to suit client treatment needs and nail conditions	• Couch or chair • Trolley or manicure table • Stool • Towels • Additional support if appropriate • Bedroll • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Cotton wool • Lint free pads • Emery boards

		• Files • Buffers • Orange wood stick • Striping brush • Fine detail brush • Glitter brush • Marbling tool • Scissors • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Products - Cuticle oil - Natural nail cleanser - Nail enamel remover - Acetone - Nail preparation products - Base coat - Topcoat or sealant - Coloured polishes - Coloured acrylic paints (water based) - Glitters - Transfers - Foils - Foil adhesive - Rhinestones - Flat stones • Products and techniques used for the following: - Coloured polishes - Rhinestones - Flat stones - Gems - Polish secures - Transfers - Painting techniques
--	--	---

		▪ Dotting ▪ Striping ▪ Marbling ▪ Freehand - Glitters - Foiling
	2.12. Describe how treatments can be adapted to suit client treatment needs and nail conditions	• Restrictions – contra-indications and contra-actions • Nail shapes, types and conditions • Client preferences and commitment • Nail art design plan • Product availability and suitability • Time scales • Costs • Adapting the treatment to suit the needs of the client
	2.13. State the contra-actions that may occur during and following treatments and how to respond	• Excessive erythema • Skin irritation • Allergic reaction • Inflammation • Bacterial infections • Fungal infections • Lifting of the product • Premature loss of nail art • Client abuse; biting/picking • Hang nail • Damaged cuticles • Discolouration • Immediate removal of products • Application of cool compress where applicable • Referral procedures
	2.14. State the importance of completing the treatment to the satisfaction of the client	• Concluding the treatment in appropriate manner to meet client needs, manufacturers' instructions and nail art design plan • Check treatment results with client
	2.15. State the importance of completing treatment records	• Detailed list of products used, and steps taken to create designs executed • Maintaining records • Aftercare

		• Home care • Product advice • Compliance with data protection
	2.16. State the aftercare advice that should be provided	• Recommendations for immediate aftercare • Recommendations for treatment maintenance • Recommendations for nail and skin care products for the client's skin and nail type • Lifestyle • Recommendation of further salon treatments
	2.17. Describe the diseases and disorders of the nail	• Beau's lines • Blue nail • Brittle nails • Bruised nails • Discoloured nails • Dry nails • Flaking nails • Hang nails • Koilonychia • Lamella dystrophy • Leukonychia • Bacterial infection/mould • Nail separation • Onychatrophia • Onychauxis • Onychia • Onychocryptosis • Onychogryphosis • Onycholysis • Onychomycosis (Tinea unguium) • Onychophagy • Onychoptosis • Onychorrhaxis • Paronychia (Whitlow) • Pitting • Pterygium • Sepsis • Transverse ridges

		• Vertical ridges • Warts • Weak nails • Psoriasis
	2.18. Describe the structure and functions of the nail	• Free edge • Hyponychium • Eponychium • Perionychium • Lunula • Mantle • Cuticle • Nail plate • Nail bed • Nail fold • Matrix • Nail wall • Nail growth • Protection

Assessment		
Portfolio of evidence containing: • 4 treatment evidence • Assignment Practical examination	These treatment evidence are internally assessed by the college lecturer and verified by the external examiner to include: • Consultation • Medical history • Skin and nail analysis • Treatment details including nail art design plans • Before and after photographs • Client feedback • Aftercare and home care advice including retail recommendations and advice for further salon treatments • Learner and client signatures • Treatment date	The assignment is internally assessed by the college lecturer and verified by the external examiner. Assignment guidance and assignment assessment form, which must be used, can be downloaded from the VTCT Skills website www.vtctskills.org.uk .

Guide to taught content

The content contained within the unit specification is not prescriptive or exhaustive but is intended to provide helpful guidance to teachers and learners with the key areas that will be covered within the unit, and, relating to the kinds of evidence that should be provided for each assessment objective specific to the unit learning outcomes.

Document History

Version	Issue Date	Changes	Role
v1	23/08/2019	First published	Qualifications and Regulation Co-ordinator
v2	18/06/2026	Rebranding	Development Administrator