

iUBT408 – Skincare

URN – F/617/4356

Guided Learning Hours: 30

Learning outcome	Assessment criteria	Taught content to include
LO1 Be able to prepare for skincare treatment	1.1. Prepare for a skincare treatment	• Preparation of self • Preparation of couch, trolley and working area • Preparation of environment
	1.2. State the procedure for client preparation	• Showing the client where to change • Removing appropriate clothing for the treatment • Covering the client appropriately for the treatment • Assisting the client onto/off the couch • Protecting the client's hair • Removing jewellery/accessories as appropriate • Storing the client's valuables in a safe place • Ensuring that the preparation meets with the senior therapist's satisfaction
	1.3. Select products and materials for a basic skincare treatment	• Cleansers • Toners • Moisturisers • Masks • Cotton wool, tissues, spatulas, brushes and bowls
LO2 Be able to provide skincare treatment	2.1. State the main skin types	• Dry • Oily • Combination
	2.2. Carry out a basic skincare treatment	• Cleansing the skin • Using facial products appropriately and following manufacturers' instructions • Deep cleansing the skin

		• Checking the skin is clean and free of all traces of make-up • Applying pre-prepared non-setting mask products neatly and evenly • Applying damp cotton wool eye pads • Leaving masks on the client for the recommended time • Removing masks with warm water and sponges, without discomfort to the client • Applying a suitable toner • Applying a suitable moisturiser • Showing client finished results • Checking that the finished result meet with the client's satisfaction • Checking that the finished result meets with the senior stylists satisfaction • Advising the client on suitable basic home care • Ensuring that the treatment is cost effective and carried out in a commercially acceptable time • Leaving the work place in a suitable condition for further treatments
	2.3. Follow safe and hygienic working practices	• Sanitising/sterilising tools and equipment using the correct hygiene procedures • Storing sterilised tools appropriately • Cleansing hands before, during and after treatment as necessary • Salon rules and regulations • Code of ethics • Disposal of waste • Environmental conditions
	2.4. Communicate and behave in a professional manner	• Being polite at all times • Being honest • Showing a positive attitude when asked to help • Offering help without having to be asked • Showing enthusiasm for the job • Positive facial expressions • Positive body language • Looking people in the eye when speaking to them • Listening • Speaking clearly

Assessment

Portfolio of evidence containing:

- An internal task

To be internally assessed, internally verified and externally verified by VTCT Skills

Treatments must be evidenced through the use of signed and dated consultation forms and client feedback.

Guide to taught content

The content contained within the unit specification is not prescriptive or exhaustive but is intended to provide helpful guidance to teachers and learners with the key areas that will be covered within the unit, and, relating to the kinds of evidence that should be provided for each assessment objective specific to the unit learning outcomes.

Document History

Version	Issue Date	Changes	Role
v1	17/09/2019	First published	Qualifications and Regulation Co-ordinator
v2	18/06/2026	Rebranding	Development Administrator