

iUHB299 – The art of dressing hair

URN – R/617/5639

Guided Learning Hours: 30

Learning outcome	Assessment criteria	Taught content to include
LO1 Be able to prepare for dressing hair	1.1. Prepare the client and work area for dressing service	• Preparing self • Preparing working area • Sanitising/sterilising tools and equipment • Preparing environment • Assisting the client into a comfortable and relaxed position for the service • Protecting and caring for the client throughout service including the use of Personal Protective Equipment (PPE)
	1.2. State the procedure for client preparation	• Examining the condition of the hair and select correct product choice • Combing or detangling hair • Checking client comfort • Discussing suitability of style with client
	1.3. Consult with clients to confirm their requirements	• Discussing client's needs and requirements • Selecting suitable protective clothing – gowns and towel • Examining the hair type, texture, length, colour, quality and quantity • Preparing the hair ready for treatment • Discussing limitations • Consulting with client throughout • Selecting style
	1.4. Describe the effects of different styling techniques	• Brushing • Backbrushing • Backcombing • Teasing • Simple dressing

		• Long hair dressing • Pleating • Plaiting • Ornamentation
	1.5. Evaluate the potential of the hair to achieve the desired look by identifying the influencing factors	• Length of hair • Hair growth patterns • Hair loss • Hair type • Hair texture • Hair density
	1.6. Describe the factors that need to be considered when styling and dressing hair	• Head • Face and body shape • Lifestyle • Hair growth patterns • Length and type of hair • Texture, elasticity and density of hair • Fashion trends/occasion
	1.7. Describe the physical effects of styling on the hair structure	• External factors - Combing - Brushing - Back dressing - Shampooing - Heated rollers - Crimping - Tonging • Chemical effects - Perming - Colouring - Bleaching
	1.8. Describe the effects of humidity on the hair structure and resulting style	• Effects of weather – sun, wind, sand, sea, salt, extremes in climate, moisture effects on the hair's elasticity or flexibility • General health and lifestyle – good health, disease, drugs, genetic factors, effects of pregnancy and child birth on hair
	1.9. Explain how the incorrect use of heat can affect the hair and scalp	• Hair breakage/split ends • Sore scalp • Burns

LO2 Be able to provide a dressing hair service	2.1. Select and use styling products, tools and equipment to achieve the desired look	• Products - Mousse - Gel - Lotion - Spray - Moisturisers • Tools - Combs - Brushes - Pins, clips, grips, elastic/protective bands - Accessories ▪ Feathers ▪ Ribbons ▪ Flowers • Equipment - Dryers - Electrical equipment - Mirror
	2.2. Describe the correct use and routine maintenance of tools, equipment and accessories	• Sanitising/sterilising tools and equipment using the correct hygiene procedures • Storing sterilised tools appropriately • Washing combs/brushes frequently • Using antibacterial solutions for plastic tools • PAT testing of electrical equipment • Checking electrical wiring
	2.3. Describe the use for the range of styling products	• Products - Mousse - Gel - Lotion - Spray - Moisturisers
	2.4. Position self and client appropriately throughout the service	• Correct posture and standing position • Client comfort
	2.5. Use working methods that meet salon and legal requirements	• Measuring effectiveness • Self-appraisal • Code of ethics

		• Code of practice • Salon rules and regulations
	2.6. Use styling techniques and dressing effects that take into account the identified factors	• Brushing • Backbrushing • Backcombing • Teasing • Simple dressing • Long hair dressing • Pleating • Plaiting • Ornamentation
	2.7. Control and secure hair effectively during dressing	• Pins • Clips • Grips • Elastic/protective bands • Mousse • Gel • Lotion • Spray • Moisturisers
	2.8. Describe how to secure and control the long hair looks	• Trying to centralise weight of the hair • Using pins, clips, grips, elastic/protective bands • Combs • Feathers, ribbons, flowers • Not disturbing the base of the secured hair • Dressing symmetrically • Dressing asymmetrically
	2.9. State the purpose of backcombing and backbrushing when dressing the hair	• Giving more height and volume to the hair • Roughening the cuticle of the hair • Determining the fullness of the hair
	2.10. Dress hair to the satisfaction of the client	• Showing client finished results in a mirror • Checking that the finished result meets with client's satisfaction • Checking that the finished result meets with stylist's satisfaction • Advising the client on suitable home care/after care • Ensuring that the treatment is cost effective and carried out in a commercially acceptable time

	2.11. Apply finishing products to maintain the style	• Mousse • Gel • Lotion • Spray • Moisturisers
	2.12. Evaluate the results of the treatment with the client	• Style suitability • End result • Effectiveness • Personal standards • Client standards • Professionalism
	2.13. Describe the uses for the range of finishing products	• Mousse • Gel • Lotion • Spray • Moisturisers • Hold of finished result • Movement of finished result
	2.14. Provide suitable aftercare advice	• Maintaining dressed hair • Removing dressed hair
	2.15. Describe the aftercare advice that should be provided	• Maintaining dressed hair • Removing dressed hair
	2.16. Follow safe and hygienic working practices	• Sanitising/sterilising tools and equipment using the correct hygiene procedures • Storing sterilised tools appropriately • Salon rules and regulations • Disposing of waste • Environmental conditions
	2.17. Outline safe and hygienic working practices when styling and dressing hair	• Wiping equipment over with appropriate sanitiser before and after use • Sanitising hands before, during and after treatment as appropriate • Replacing lids on products • Disposing of waste hygienically and appropriately • Demonstrating correct use of salon sterilising equipment/cabinets • Storing sanitised/sterilised equipment appropriately

		• Using fresh laundered towels for each client • Using freshly laundered gowns for each client • Ensuring that the floor/trolleys/surfaces are clean and sanitised where appropriate
	2.18. Communicate and behave in a professional manner	• Being polite at all times • Being honest • Showing a positive attitude when asked to help • Offering help without having to be asked • Showing enthusiasm for the job • Demonstrating positive facial expressions • Demonstrating positive body language • Demonstrating good eye contact • Listening • Speaking clearly
	2.19. State how to communicate in a salon environment	• Being polite at all times • Being honest • Showing a positive attitude when asked to help • Offering help without having to be asked • Showing enthusiasm for the job • Demonstrating positive facial expressions • Demonstrating positive body language • Demonstrating good eye contact • Listening • Speaking clearly
	2.20. State the behavioural expectations within a salon environment	• Allowing the client to speak freely • Listening to the client • Not interrupting the client • Not arguing with the client • Communicating politely • Demonstrating a positive attitude • Demonstrating enthusiasm for the task

Assessment

MCQ

Portfolio of evidence

Containing 3 practical performances

Guide to taught content

The content contained within the unit specification is not prescriptive or exhaustive but is intended to provide helpful guidance to teachers and learners with the key areas that will be covered within the unit, and, relating to the kinds of evidence that should be provided for each assessment objective specific to the unit learning outcomes.

Document History

Version	Issue Date	Changes	Role
v1	08/08/2019	First published	Qualifications and Regulation Co-ordinator
v2	23/06/2026	Rebranding	Development Administrator