

iUHB307 – Perm and neutralise hair

URN – D/617/5644

Guided Learning Hours: 60

Learning outcome	Assessment criteria	Taught content to include
LO1 Be able to prepare to perm and neutralise hair	1.1. Prepare themselves, the client and work area for perming and neutralising	• Preparing self • Preparing working area • Sanitising/sterilising tools and equipment • Select the appropriate products, tools and equipment for the perming service • Preparing environment • Assisting the client into a comfortable and relaxed position for the service • Protecting and caring for the client throughout the service
	1.2. Use suitable consultation techniques to identify service objectives	• Discussing client's needs and requirements • Discussing limitations • Consulting with client throughout the service
	1.3. Assess the potential of the hair to achieve the desired look by identifying the influencing factors	• Checking the texture of the hair • Checking the density of the hair • Checking the length of hair • Checking growth patterns
	1.4. State the factors that need to be considered when perming and neutralising hair	• Haircut and shape • Hair length and texture • Growth patterns • Undertaking: - Elasticity test - Porosity test - Incompatibility test - Test cutting (where appropriate) - Pull test - Developmental curl test

	1.5. Describe the salon's requirements for client preparation, preparing themselves and the work area	• Protective clothing for self and client • Sanitising/sterilising tools and equipment • Disposing of waste hygienically and appropriately
	1.6. Describe the different consultation techniques used to identify the service objectives	• Open and closed questioning • Use of visual aids • Listening techniques
	1.7. Explain the importance of carrying out the necessary tests prior to and during the service and recording the results	• Protecting client's health and safety • Protecting the condition of the hair • Produce satisfactory results • To avoid making mistakes in the future • To avoid legal action
	1.8. Explain the importance of following manufacturers' instructions	• To produce satisfactory results • To avoid problems or mistakes • To avoid legal action
	1.9. Describe the range of perm and neutralising products, tools and equipment	• Alkaline and acid perms • Heat and cold-wave perms • Foam and liquid neutralisers • Perming rods/curlers • End papers/curling aids • Combs, brushes, bowls and applicator

LO2 Be able to perm and neutralise hair	2.1. Communicate and behave in a professional manner	• Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions
	2.2. Select and use products, tools and techniques, taking into account factors influencing the service	• Alkaline and acid perms • Heat and cold-wave perms • Foam and liquid neutralisers • Perming rods/curlers • Combs, brushes, bowls and applicators
	2.3. Section and wind the hair, taking meshes to suit the perm rod size to achieve the desired look	• 9 section pattern • Brick work pattern
	2.4. Wind the hair with even tension, making sure all wound perm rods sit on their own base	• Combing the hair • Securing the rods/curlers

		• Fish tails
2.5.	Monitor the development of the perming and neutralising processes, following manufacturers' instructions	• Timing • Checking the curl/wave formation on the curlers
2.6.	Leave the hair free of perm lotion when the desired degree of curl is achieved, using water temperature and flow to suit client's needs	• Rinsing • Removing excess moisture before neutralising • Testing water temperature • Controlling water pressure and directing flow
2.7.	Follow safe and hygienic working practices	• Correct posture and standing position • Health and safety • Client comfort
2.8.	Provide suitable aftercare advice	• Shampooing and conditioning • Brushing and combing • Drying and styling the hair • Finishing products
2.9.	Describe the effects of perm lotions and neutralisers on the hair structure	• Opening cuticle layer • Re-arranging disulphide bonds – reduction • Fixing disulphide bonds – oxidation • Closing of cuticle layer
2.10.	Outline the factors that determine the use of different types of perming and neutralising products, tools and equipment	• Condition of the hair • Required result • Length of hair/haircut shape • Previous records
2.11.	Explain how temperature affects the perming process	• Speeding up the process • Slowing the process • Activating some perming lotions
2.12.	State the importance of accurate timing and thorough rinsing of products	• Influencing the final result • Avoiding damage to the hair
2.13.	Explain when and why it is important to use pre-perm and post perm treatments	• Even out porosity • Restore hairs' natural pH • Condition the hair
2.14.	Explain the factors that influence the choice of sectioning techniques and different sized perm rods	• Haircut • Finish hair style • Length of hair

		Degree of curl or wave required
	2.15. Explain the method of checking curl development	- Unwinding a curler - S–shape movement
	2.16. Outline the types and causes of problems that can occur during the perming and neutralising processes and how to resolve them	- Fish hooks – incorrect winding - Curls too tight/over-processing – poor choice of lotion strength/poor timing - Curls too loose/under processing – poor choice of lotion strength/poor timing - Cutting and conditioning - Re-perming/timing between treatments
	2.17. Outline safe and hygienic working practices	- Protecting client - Personal protection - Posture and standing position - Sanitisation/sterilisation of tools and equipment - Disposing of waste hygienically and appropriately
	2.18. Describe the aftercare advice that should be provided	- Shampooing and conditioning the hair - How to brush and comb the hair - How to maintain the style - Use of finishing products
	2.19. State how to communicate and behave within a salon environment	- Being polite - Being honest - Speaking clearly - Listening attentively - Demonstrating positive body language and facial expressions

Assessment

MCQ

Portfolio of evidence

Containing 3 practical performances

Guide to taught content

The content contained within the unit specification is not prescriptive or exhaustive but is intended to provide helpful guidance to teachers and learners with the key areas that will be covered within the unit, and, relating to the kinds of evidence that should be provided for each assessment objective specific to the unit learning outcomes.

Document History

Version	Issue Date	Changes	Role
v1	08/08/2019	First published	Qualifications and Regulation Co-ordinator
v2	24/02/2020	Clarified indicative content in AC 2.16	Product and Regulation Manager
v3	23/06/2026	Rebranding	Development Administrator