

VTCT Skills (ITEC) Level 3 NVQ Diploma in Beauty Therapy Massage
QAN 501/1021/4
Specification

Aims and Objectives

The main aim of the VTCT Skills (ITEC) Level 3 NVQ Diploma in Beauty Therapy Massage is to enable Learners to gain the necessary practical skills and knowledge in order to provide Beauty Therapy services to the general public and to gain employment as a massage therapist in the Beauty Industry. The qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further learning at Levels 3 and 4

Content

This qualification is for Learners who want to work within the Beauty Industry. The qualification consists of 6 mandatory units plus a selection of optional units covering a minimum of 53 hours of guided learning (GL). A minimum of 403 hours of guided learning are required to achieve the full qualification

The main skills the Learner will perform are:

- Consultation techniques – to include treatment plan and contraindications and contra-actions, identifying general body types, different types of body fat and common postural faults, carrying out skin analysis and identifying skin types and conditions
- Indian Head Massage – to include the use of techniques such as classical Indian Head Massage movements, massage mediums and adapting the treatment to the clients' specific treatment needs
- Massage techniques – to include the classical massage movements, use of different massage mediums, mechanical massage and pre-heat treatments and adapting the massage to suit the clients' specific needs
- Massage using pre-blended aromatherapy oils – to include choosing the correct pre-blended aromatherapy oil to suit the clients' specific treatment needs and skin type and adapting the massage to suit the client's treatment needs
- Stone therapy massage - to include the use of techniques and stones such as classical massage movements, trigger point work, semi-precious, hot and cold stones and adapting the treatment to the clients' specific treatment needs
- Contribute to the planning and implementation of promotional activities – to include prepare, implement, participate in the evaluation of promotional activities and plan and prepare promotional events

The Learner will also develop knowledge about related health and safety and client care and communication which is essential to work and be successful in the Beauty Industry

The Learner will also be able to choose from a range of optional units to complete the qualification, for example:

- Provide Body Electrical Treatments
- Provide Facial Electrical Treatments
- Plan and Provide Air-Brush Make-up
- Provide Female Intimate Waxing Services
- Provide Male Intimate Waxing Services
- Provide Single Eyelash Extension Treatments

- Provide UV Tanning Services
- Provide Self-Tanning Services
- Contribute to the Financial Effectiveness of the Business

The qualification also provides:

- The related knowledge and understanding required to perform the Beauty Therapy skills listed above; in particular the anatomy and physiology of the body and common diseases and disorders that may affect when a client should or should not receive treatment
- Opportunities for Learners to focus on the development of their wider skills in a Beauty Therapy setting, such as; communicating with clients, working with others and problem solving
- Opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as a Beauty Therapist

Why Choose the VTCT Skills (ITEC) Level 3 NVQ Diploma in Beauty Therapy Massage?

1. This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as a Beauty Therapist at Level 3. This qualification is the only VTCT Skills (ITEC) Level 3 NVQ Diploma in Beauty Therapy Massage that meets the current National Occupational Standards
2. This Qualification is listed in the Ofqual Register of Qualifications
3. This Qualification contains all the skills and knowledge required for employability at Level 3
4. Learners may progress on to the VTCT Skills (ITEC) Level 3 Diploma in Beauty Therapy Make-up, the VTCT Skills (ITEC) Level 3 Diploma in Nail Services or the VTCT Skills (ITEC) Level 3 Diploma in Spa Therapy
5. This qualification also forms part of the Level 3 Beauty Therapy Apprenticeship. This qualification can be studied outside the apprenticeship by Learners who are unable to gain an apprenticeship position or are not eligible for an apprenticeship due to prior qualifications, but wish to be occupationally competent and employed as a Beauty Therapist
6. This qualification leads to employability and is the employer's preference with support from Beauty Therapy salons across the UK. It remains the qualification of choice amongst Further Education Colleges as local employers require it for their employees
7. This qualification is recognised by all relevant professional bodies within the Beauty Therapy Industry for membership and insurance purposes at Level 3

Unit Number	Unit Title	Credit Value	Guided Learning (GL)
726 (B20)	Provide Body Massage Treatments	10	79
733 (B23)	Provide Indian Head Massage	7	54
734 (B24)	Carry Out Massage Using Pre-Blended Aromatherapy Oils	8	67
736 (B28)	Provide Stone Therapy Treatments	10	88
537 (G22)	Monitor Procedures to Safely Control Work Operations	4	30
549 (H32)	Contribute to the Planning and Implementation of Promotional Activities	5	32

Guided Learning for Mandatory Units - 350

Total Qualification Time (TQT) for Mandatory Units - 444

Learners must also select units covering a minimum of 53 hours of guided learning from the following optional units:

Unit Number	Unit Title	Credit Value	Guided Learning (GL)
724 (B13)	Provide Body Electrical Treatments	12	106
725 (B14)	Provide Facial Electrical Treatments	12	106
728 (B12)	Plan and Provide Air-Brush Make-up	8	62
729 (B29)	Provide Female Intimate Waxing Services	5	44
730 (B27)	Provide Male Intimate Waxing Services	5	44
731 (B15)	Provide Single Eyelash Extension Treatments	5	44
732 (B21)	Provide UV Tanning Services	2	16
735 (B25)	Provide Self-Tanning Services	3	27
547 (G11)	Contribute to the Financial Effectiveness of the Business	4	26

Minimum Total Guided Learning including Optional Units – 403

Minimum Total Qualification Time (TQT) including Optional Units – 522

Total Credit Value for the Qualification - 52

Guided Learning (GL)

Guided Learning is the 'activity of a Learner in being taught or instructed by – or otherwise participating in education or training under the immediate guidance or supervision of – a Lecturer, Supervisor, Tutor or other appropriate provider of education or training'. This includes 'the activity of being assessed if the assessment takes place under the immediate guidance or supervision of a Lecturer, Supervisor, Tutor or other appropriate provider of education or training'

Total Qualification Time (TQT)

Total Qualification Time is the number of notional hours which represents an estimate of the total amount of time that could reasonably be expected to be required in order for a Learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of the qualification

Total Credit Value

The total Credit Value for the qualification is equal to one tenth of the Total Qualification Time rounded to the nearest whole number.

Assessment

This qualification will be internally and externally assessed using a range of assessment methods as set out in the table below:-

Table 1

Unit Number	Unit Title	Assessment	Grading
726 (B20)	Provide Body Massage Treatments	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer

733 (B23)	Provide Indian Head Massage	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
734 (B24)	Carry Out Massage Using Pre-Blended Aromatherapy Oils	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
736 (B28)	Provide Stone Therapy Treatments	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
537 (G22)	Monitor Procedures to Safely Control Work Operations	Practical assessment plus oral questions	Pass/Refer
549 (H32)	Contribute to the Planning and Implementation of Promotional Activities	Practical assessment plus oral questions	Pass/Refer

Optional Units

Table 2

Unit Number	Unit Title	Assessment	Grading
724 (B13)	Provide Body Electrical Treatments	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
725 (B14)	Provide Facial Electrical Treatments	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
728 (B12)	Plan and Provide Air-Brush Make-up	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
729 (B29)	Provide Female Intimate Waxing Services	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
730 (B27)	Provide Male Intimate Waxing Services	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
731 (B15)	Provide Single Eyelash Extension Treatments	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
732 (B21)	Provide UV Tanning Services	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
735 (B25)	Provide Self-Tanning Services	Practical assessment plus MCQ – paper or online	Pass/Refer Pass/Refer
547 (G11)	Contribute to the Financial Effectiveness of the Business	Practical assessment plus oral questions	Pass/Refer

All assessment criteria and sample assessment materials for this qualification can be found on the VTCT Skills website.

Grading of the Qualification

All assessment tasks required for each mandatory unit of the qualification (detailed in table 1 of the specification) and each selected optional unit covering a minimum of 53 hours (detailed in table 2 of the specification) must be completed and awarded a Pass mark before the complete qualification can be certificated

The overall qualification is graded as a Pass

Controlled Assessment

All theory tests must be conducted in a controlled environment and follow the procedures defined by VTCT Skills. The theory tests will be set and marked by VTCT Skills.

The practical assessment will be conducted by the Centre's Assessor/Internal Verifier(s) and will be sampled by the VTCT Skills External Verifier; however, the Centre is responsible for ensuring the assessment can operate seamlessly by organising the process as defined by VTCT Skills in the Lecturer/Assessor Guidance Notes. The assessment form can be found under each individual unit within the qualification.

Recommended Prior Learning

It is recommended that Learners should have achieved a level of education equivalent to five GCSEs at grade A*-C or a Level 2 NVQ Diploma in Beauty Therapy prior to commencing the VTCT Skills (ITEC) Level 3 NVQ Diploma in Beauty Therapy - Massage; however, exemptions may be made for adult returners with experience of the workplace.

Opportunities for Progression

Once Learners have achieved the VTCT Skills (ITEC) Level 3 NVQ Diploma in Beauty Therapy Massage they may progress on to other VTCT Skills or equivalent qualifications at Level 3 and 4, for example:

- Level 3 NVQ Diploma in Beauty Therapy General
- Level 3 NVQ Diploma in Beauty Therapy Make-up
- Level 3 NVQ Diploma in Nail Services
- Level 3 NVQ Diploma in Spa Therapy
- Level 4 Diploma in Spa and Salon Management
- Level 4 Diploma in Advanced Skincare

For further Awards, Certificates and Diplomas please go to www.vtctskills.org.uk

Opportunities for Employment

There are opportunities for Beauty Therapists to find employment in a variety of areas:

- Beauty salons
- Hotels
- Health clubs
- Spas
- Cruise liners

Please see the letter of support from a centre within the industry, [White Rose School of Health and Beauty](#)

Relationship to National Occupational Standards

VTCT Skills has mapped to National Occupational Standards where they exist and has ensured that best practice in the workplace has been reflected in the qualification. VTCT Skills has linked the qualification to the relative job roles as well as ensuring that the qualification reflects the required level of knowledge and ability for the Beauty Therapist at Level 3

Professional Body Membership and Insurance

Professional Indemnity and Public Liability Insurance can be obtained via The Complementary Therapist Association (www.CThA.com) and other Industry Associations who recognise the VTCT Skills Diploma